



## City of Hamilton

# HEALTHY AND SAFE COMMUNITIES COMMITTEE ADDENDUM

**Meeting #:** 18-003  
**Date:** April 9, 2018  
**Time:** 1:30 p.m.  
**Location:** Council Chambers, Hamilton City Hall  
71 Main Street West

Lisa Chamberlain, Legislative Coordinator (905) 546-2424 ext. 2729

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	<b>Pages</b>
<b>6. PUBLIC HEARINGS / DELEGATIONS</b>	
6.1 Elaine Cameron respecting the Mountain Kidz Klub (approved at the February 26, 2018 meeting)	
*6.1.a Added Attachment (Handout and Presentation)	2
<b>7. STAFF PRESENTATIONS</b>	
7.1 Hamilton's Age Friendly Plan (CES14053(c)) (City Wide)	
*7.1.a Added Attachment (Presentation)	11
<b>8. DISCUSSION ITEMS</b>	
8.1 Residential Care Facility Subsidy Program One Time Funding (HSC18015) (City Wide) (Outstanding Business List)	
*8.1.a Revised Report	23



***“The Best Kept Secret in Town!”***

#### **Did You Know...**

- Mountain Kidz Klub (also known as MKK) was founded in 1999
- Though named Mountain Kidz Klub, the organization works with all people in need of help. This includes refugees, those transitioning out of shelter and foster care, families in poverty, and many more
- MKK sponsors 3 different City of Hamilton parks that they clean up regularly
- Mountain Kidz Klub is nominated for multiple 2018 Reader’s Choice Awards

#### **Programs to Highlight**

**Youth Sewing & Gardening Programs**

**Tuesday Night Ladies Night**

**Youth Game Night**

**Annual Easter Egg Hunt & Pumpkinfest**

**Holiday Dinners (Easter, Thanksgiving, and Christmas)**

**Lunch Kits**

**Christmas Toy & Food Hampers**

**Music in the Park**

#### **Volunteers**

MKK is all volunteer based. The organization prides themselves on accepting all volunteers, including those with special needs.



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# Who is Mountain Kidz Klub?

- Founded in 1999 by Kathy Archer
- Has two locations with their main location residing in Eastmount Community Centre
- Mountain Kidz Klub caters to all in need. This includes:
  - All youth and families in need
  - Refugees
  - Those transitioning out of both shelters and foster care





# Services Offered

- Tuesday Night Ladies Night
- Youth Gardening and Sewing Programs
- Lunch Kits
  - Distributed every Sunday to families
  - Given 7 kits per child for them to be able to have one daily until next distribution
- Clothing Bags
- Music in the Park
- Holiday Events
  - Holiday dinners for Easter, Thanksgiving, and Christmas
  - Easter Egg Hunt
  - Pumpkinfest
  - Christmas toy and food hampers



# Community Benefits

- Gives youth opportunity to build on skills they may not learn elsewhere (i.e. Sewing & Gardening)
- Offers food, clothing, and other resources to any who come to them in need
- Gives youth and adults with special needs the chance to give back to the community through volunteering that they may not be able to receive elsewhere



# Community Benefits

- Those coming to events from different cities bring more traffic to the Concession BIA
- Only organization that does not accept grants or government funding
- There are no other organizations that are based on the mountain who specifically cater to families in need on the mountain



96%

Of those who filled out our survey stated that Mountain Kidz Klub was a necessity.



# How Can You Help?

- Adding Mountain Kidz Klub events to the City of Hamilton website
- Allowing continued access to Eastmount Community Centre
  - Presently being told to limit use of certain areas of the centre and relocate resources
- Permission to purchase internet for the centre



# Mountain Kidz Klub

*"The Best Kept Secret In Town"*



# AGE FRIENDLY HAMILTON PRESENTATION HEALTHY AND SAFE COMMUNITIES COMMITTEE

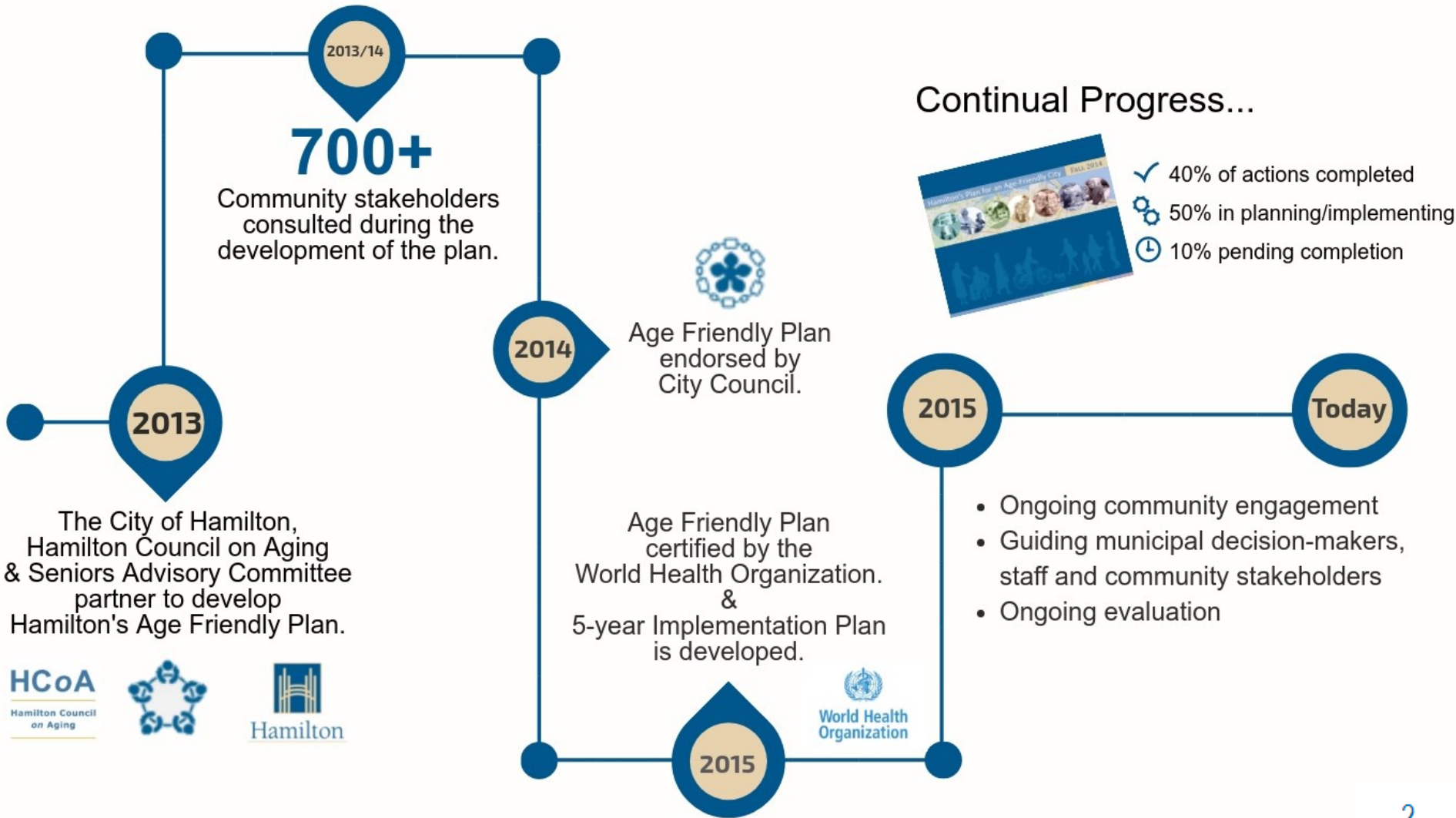
Monday, April 9, 2018

Lisa Maychak | Project Manager, Age Friendly Strategy  
Dr. Margaret Denton | Chair, Age Friendly Collaborative Governance  
Committee and Past Chair, Hamilton Council on Aging

**Healthy and Safe Communities**  
Neighbourhood and Community Initiatives



# The Journey So Far...



# Goals

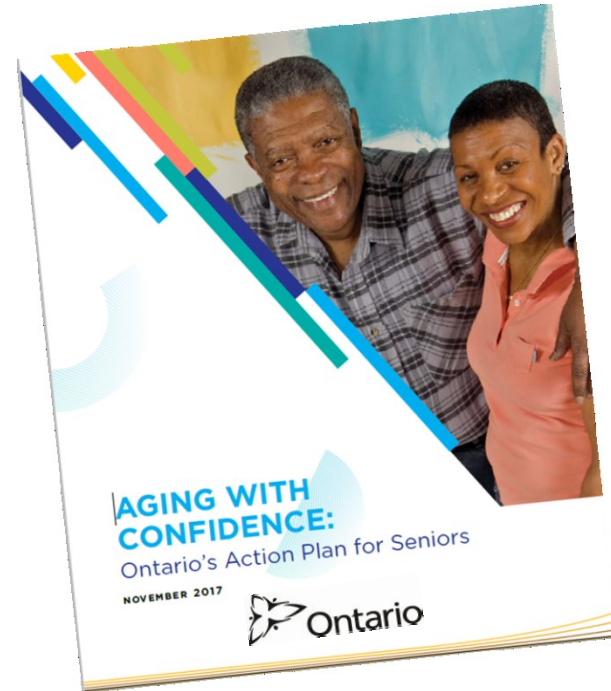


## PRINCIPLES

- ✓ Creating supportive and enabling environments
- ✓ Optimizing opportunities for health, participation, security and life-long learning
- ✓ Equity, inclusion and respect
- ✓ Accountability, transparency and connectivity
- ✓ Neighbourhood capacity building
- ✓ Effective public service delivered with integrity
- ✓ Community engagement



# Connections to other Strategies



-  COMMUNITY ENGAGEMENT AND PARTICIPATION
-  ECONOMIC PROSPERITY AND GROWTH
-  HEALTHY AND SAFE COMMUNITIES
-  BUILT ENVIRONMENT AND INFRASTRUCTURE
-  CULTURE AND DIVERSITY

- ✓ Investment of \$155 million over 3 years
- ✓ 10-year plan to create more than 30,000 new long-term care beds
- ✓ Supporting 40 new Seniors Active Living Centres
- ✓ Implementation of a Dementia Strategy



- ✓ Global Network for Age Friendly Cities and Communities was established in 2010
- ✓ Fosters exchange and mutual learning between cities and communities worldwide
- ✓ Hamilton was certified as an Age Friendly City in March 2015
- ✓ 541 cities and communities
- ✓ 37 countries
- ✓ 179 million people worldwide



## Ontario Age Friendly Community Recognition Award Ministry of Seniors Affairs



# 2017 Initiatives

**700+**

Attendees at Seniors Kick-off



**208**

Participants and  
**11** Pedestrian Safety Workshops



**200+**

Attended Age Friendly Symposium



**22<sup>nd</sup> Annual  
Senior of the Year Awards**

**34**

Nominees

**400+**

Attendees





# Other Key Initiatives

- Cyber Seniors
- “Let’s Get Moving”
- McMaster University Intergenerational Co-Housing Project
- Seniors-at-Risk Community Collaborative



# Support Services & Resources

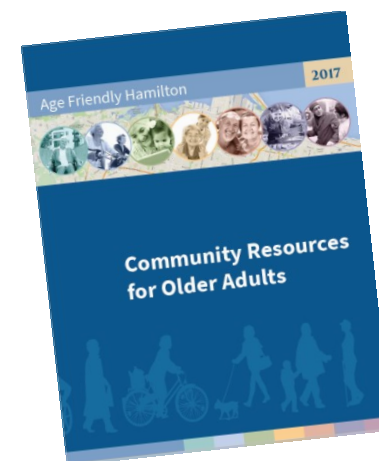
## Support Services

- Hamilton's Social Isolation Impact Plan
- Community Bus Program
- Community Paramedicine Supports for Seniors



## Resources

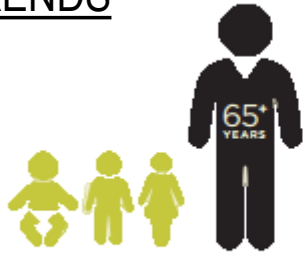
- Directory of Community Resources for Older Adults
- Adaptations in Rental Buildings, brochures for property managers and tenants



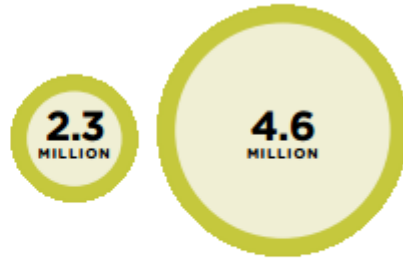


# Trends and Challenges

## TRENDS



Seniors are the fastest-growing age group in Ontario.

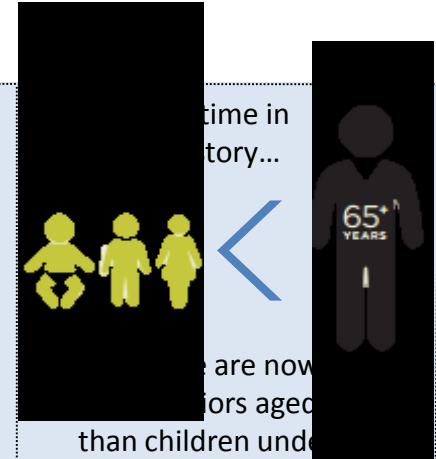


The senior population in Ontario is projected to almost double by 2041

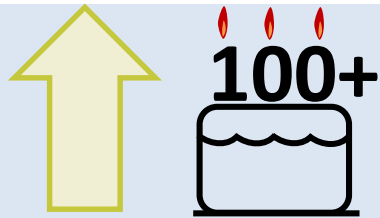


**92,910**

Seniors aged 65+ currently reside in Hamilton

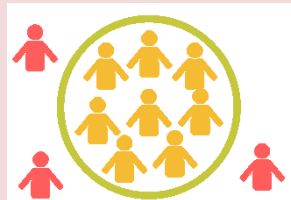


are now seniors aged 65+ than children under 15



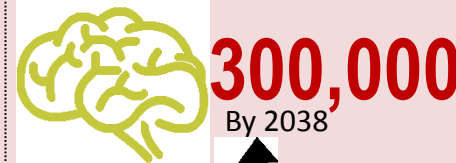
By 2051, it is projected that there will be close to 40,000 seniors aged 100+ in Canada

## CHALLENGES



**15%** of Hamilton Seniors are socially isolated

Expected rise in dementia cases:



**194,000** Ontarians live with dementia (2018)

By 2038



**24,240**

Seniors living alone in Hamilton

# 2018 Priorities and Beyond



Broaden community engagement efforts to include Indigenous residents, ethno-cultural groups, and rural communities



Collaborate with privately owned apartment buildings to establish programs and practices that will reduce social isolation for seniors



Facilitate an event with key stakeholders to address ageism in the workplace



Continue to facilitate projects and workshops for seniors: Pedestrian Safety, “Let’s Get Moving”, and Cyber Seniors.



Coordinate a Seniors Volunteer Fair to increase volunteerism



Identifying priorities and actions that will improve inclusion and access to supports for vulnerable seniors in Hamilton

# Contact Information

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## Lisa Maychak

Project Manager,  
Age Friendly Hamilton  
City of Hamilton  
Healthy & Safe Communities  
Neighbourhood & Community Initiatives

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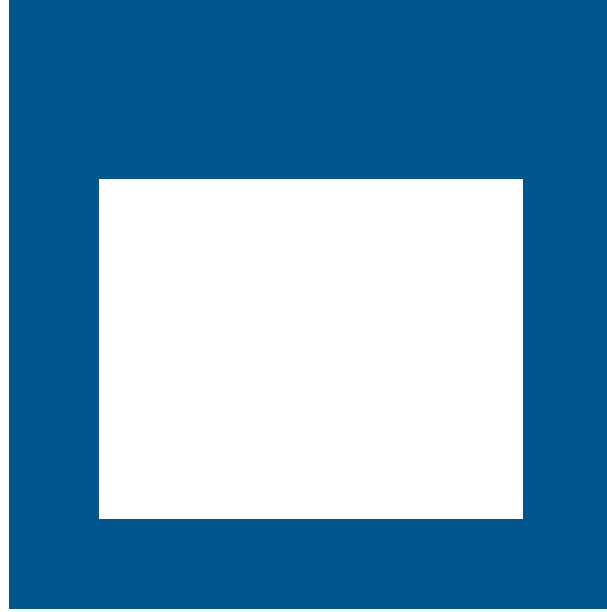


## Margaret Denton, Ph.D.

Chair,  
Age Friendly Hamilton Governance Committee  
Past President, Hamilton Council on Aging  
Professor Emeritus, McMaster University

[mdenton@cogeco.ca](mailto:mdenton@cogeco.ca)





THANK YOU



# INFORMATION REPORT

<b>TO:</b>	Chair and Members Healthy and Safe Communities Committee
<b>COMMITTEE DATE:</b>	April 9, 2018
<b>SUBJECT/REPORT NO:</b>	Residential Care Facility Subsidy Program One Time Funding (HSC18015) (City Wide) (Outstanding Business List Item)
<b>WARD(S) AFFECTED:</b>	City Wide
<b>PREPARED BY:</b>	Rob Mastroianni (905) 546-2424 Ext. 8035
<b>SUBMITTED BY:</b>	Vicki Woodcox Acting Director, Housing Services Division Healthy and Safe Communities Department
<b>SIGNATURE:</b>	

## Council Direction:

On February 14, 2018, a motion on “One Time Funding of \$200,000 for Residential Care Facilities (RCF)” was presented. This motion was referred to staff with a report to come back to the Healthy and Safe Communities Committee (formerly Emergency and Community Services Committee).

## Information:

The Residential Care Facilities (RCF) Subsidy Program, previously known as the Domiciliary Hostel Subsidy Program, is administered by the City of Hamilton and subsidizes the cost of accommodation, meals, supervision and assistance with activities of daily living for an average of 765 residents living in 54 RCFs. Residents include people with mental health issues, developmental disabilities, acquired brain injuries, histories of homelessness and senior adults. As a form of housing with supports, RCFs are an important part of Hamilton’s housing continuum and provide an option for people who may require supports along with permanent housing.

The City of Hamilton pays the Owner/Operator of the facility on a per diem basis. Residents of RCFs contribute to the cost of the service according to their income and the City provides the balance of the cost through the RCF Subsidy Program, using 100% Provincial Community Homelessness Prevention Initiative (CHPI) funding. Prior to the introduction of the CHPI in 2013, the per diem paid to former Domiciliary Hostels was established by the Province and at that time, the per diem was \$47.75. Since January 1, 2013, this rate is now set by the City of Hamilton.

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*OUR Vision: To be the best place to raise a child and age successfully.*

*OUR Mission: To provide high quality cost conscious public services that contribute to a healthy, safe and prosperous community, in a sustainable manner.*

*OUR Culture: Collective Ownership, Steadfast Integrity, Courageous Change, Sensational Service, Engaged Empowered Employees.*



**SUBJECT: Residential Care Facility Subsidy Program One Time Funding  
(HSC18015) (City Wide) - Page 2 of 3**

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On September 8, 2011, Emergency and Community Services (E&CS) committee received a Report CS10036(a) - City of Hamilton Domiciliary Hostel Program Review. This Report detailed the outcome of SHS Consulting's review of the former Domiciliary Hostel Program. The report included a recommendation, "that the City increase the per diem funding to \$55, with annual adjustments for inflation, to better reflect the cost of operating Domiciliary Hostels".

Report CS13017(a), which was approved by E&CS Committee on November 25, 2013, reported on the outcome of the second phase of the CHPI review and recognized the importance of Residential Care Facilities (formerly Domiciliary Hostels) as part of the housing continuum. The report included a recommendation to increase the per diem payment (from \$47.75 to \$48.25). This report also included a recommendation that the General Manager of the Community and Emergency Services Department or designate be authorized to implement spending caps, benefit frequency limits, or other controls necessary to ensure costs are contained within the approved CHPI operating budget and that service delivery expectations and administrative practices more closely align with the Provincial CHPI outcomes.

On February 23, 2015, Report CES15007 was approved by the Emergency and Community Services Committee regarding a recommendation to increase the RCF Subsidy Program per diem rate from \$48.25 to \$50.

In March 2017, the Ministry of Municipal Affairs and Housing (MMAH) released the Supportive Housing Policy Framework and Best Practice Guide to help guide both provincial and local program improvements in Housing with Related Supports through CHPI. Supportive housing programs such as RCFs are included within this service category. The Standards Framework seeks to ensure that Municipal Service Managers have measures in place to mitigate risk and ensure a minimum level of quality in the programs funded under the CHPI Housing with Related Supports category. Within this framework, service managers are encouraged to design housing with supports programs and services that move away from custodial models, to approaches that are recovery-orientated and provide access to supports and services that foster independence and social inclusion.

At the January 22, 2018, Emergency and Community Services Committee, a delegation from members of the Residential Care Facilities (former Domiciliary Hostels) Working Group expressed concern over financial pressures due to increasing monthly operating costs and the potential negative impacts on the 765 residents currently residing in RCFs. They indicated that they have been systemically underfunded relative to the SHS Consulting report from 2011 and can no longer sustain the increased pressure on operating costs. Several RCF operators have come forward to staff since this

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**SUBJECT: Residential Care Facility Subsidy Program One Time Funding  
(HSC18015) (City Wide) - Page 3 of 3**

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delegation and indicated that they are experiencing significant financial pressures within their facilities and that some owners are considering “closing their business”.

On February 14, 2018, a motion on “One Time Funding of \$200,000 for Residential Care Facilities (RCF)” was presented. This motion was referred to staff with a report to come back to the Healthy and Safe Communities Committee (formerly Emergency and Community Services Committee). The chart below outlines the per diem increases for RCFs since June 1, 2006.

<b>Date of Increase</b>	<b>Per Diem</b>
June 1 2006	\$45.00
June 1 2010	\$47.75
January 1 2014	\$48.25
April 1 2015	\$50.00
February 14 2018 (motion \$200,000 one-time)	\$50.71* (equivalent to)

\*If the motion is approved, the RCF operators would receive one time funding in April 2018. The per diem will revert back to \$50.00 per diem pending any further direction from Council.

An analysis by staff in February 2018 of 5 other municipalities which operate Housing with Supports (RCFs) showed that the average per diem cost is \$52.00.

Staff will be completing a review of the RCF system in Hamilton to ensure the program is operating in line with this Framework and Best Practice Guide in 2018. Further to this staff, will be conducting a financial analysis of the current costs of the RCF system as a result of the concerns raised by the RCF operators.

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