

ADVISORY COMMITTEE FOR PERSONS WITH DISABILITIES REPORT 21-008

4:00 p.m.

Tuesday, August 10, 2021

Due to COVID-19 and the Closure of City Hall, this meeting was held virtually.

Present: A. Mallet (Chair), P. Kilburn (Vice-Chair), S. Aaron,

P. Cameron, J. Cardno, M. Dent, L. Dingman, A. Frisina, S. Geffros, J. Kemp, T. Manzuk, M. McNeil, T. Murphy, K. Nolan, T. Nolan and

R. Semkow

Absent

with regrets: Mayor F. Eisenberger

C. McBride

Also Present: J. Bowen, Supervisor, Diversity and Inclusion

C. Cutler, Advisor to the Mayor

THE ADVISORY COMMITTEE FOR PERSONS WITH DISABILITIES PRESENTS REPORT 21-008 AND RESPECTFULLY RECOMMENDS:

1. Advisory Committee for Persons with Disabilities' Disability Awareness Calendar (Item 6.3(a))

WHEREAS, the Disability Awareness Calendar generates awareness to a wide variety of annual health, disability awareness and inclusion campaigns and includes various disability awareness dates and commemorative observance days, weeks and months;

THEREFORE, BE IT RESOLVED:

- (a) That the Advisory Committee for Persons with Disabilities' Annual Disability Awareness Calendar, attached as Appendix "A" to Advisory Committee for Persons with Disabilities Report 21-008, be approved; and,
- (b) That the Advisory Committee for Persons with Disabilities' Annual Disability Awareness Calendar, attached as Appendix "A" to Advisory Committee for Persons with Disabilities Report 21-008, be posted on the Advisory Committee for Persons with Disabilities webpage (https://www.hamilton.ca/council-committee-meetings/advisory-committee-persons-disabilities).

FOR INFORMATION:

(a) CHANGES TO THE AGENDA (Item 1)

The Committee Clerk advised of the following changes to the agenda:

6. CONSENT ITEMS

6.3 Outreach Working Group Update

6.3(b) Outreach Working Group Meeting Notes – June 29, 2021

12. GENERAL INFORMATION / OTHER BUSINESS

12.4 Vote Housing Campaign Video

CHANGES TO THE ORDER OF ITEMS:

That the following agenda items moved up on the agenda to be considered following the Approval of Minutes of the Previous Meeting:

8. PUBLIC HEARINGS / DELEGATIONS

8.1 Susan Creer, Accessible Hamilton, respecting Accessibility Concerns with the Outdoor Dining District Program (approved at the July 13, 2021 meeting)

7. STAFF PRESENTATIONS

7.1 Complete, Livable, Better Streets Design Manual

The agenda for the August 10, 2021 meeting of the Advisory Committee for Persons with Disabilities was approved, as amended.

(b) DECLARATIONS OF INTEREST (Item 2)

There were no declarations of interest.

(c) APPROVAL OF MINUTES (Item 3)

(i) July 13, 2021 (Item 3.1)

The minutes of the July 13, 2021 meeting of the Advisory Committee for Persons with Disabilities, were approved, as presented.

(d) CONSENT ITEMS (Item 6)

(i) Built Environment Working Group Update (Item 6.1)

The Built Environment Working Group advised the Committee that they are engaged in discussions with Public Works staff respecting the 2022/2023 sidewalk snow-clearing program. The Working Group has also followed up with Landscape Architectural Services to pursue the development of accessibility guidelines for municipal parks and recreational spaces. Other ongoing topics of discussion include, but are not limited to, sidewalk curb cuts and the integration of accessibility in heritage properties.

The verbal update from T. Manzuk, respecting the Built Environment Working Group, was received.

(ii) Housing Issues Working Group Update (Item 6.2)

(1) Housing Issues Working Group Meeting Notes – June 15, 2021 (Item 6.2(a))

That the Housing Issues Working Group Meeting Notes of June 15, 2021, were received.

(iii) Outreach Working Group Update (Item 6.3)

(1) Outreach Working Group Meeting Notes – June 29, 2021 (Added Item 6.3(b))

The Outreach Working Group Meeting Notes of June 29, 2021, were received.

(iv) Transportation Working Group Update (Item 6.4)

(1) Transportation Working Group Meeting Notes
- July 27, 2021 (Item 6.4(a))

The Transportation Working Group Meeting Notes of July 27, 2021, were received.

(v) Strategic Planning Working Group Update (Item 6.5)

A. Mallet relinquished the Chair to P. Kilburn to provide the Committee with an update on the Strategic Planning Working Group.

The verbal update from A. Mallet, respecting the Strategic Planning Working Group, was received.

A. Mallet assumed the Chair.

(1) Strategic Planning Working Group Meeting Notes – July 26, 2021 (Item 6.5(a))

The Strategic Planning Working Group Meeting Notes of July 26, 2021, were received.

The following Motion was DEFEATED:

That members of the Advisory Committee for Persons with Disabilities be permitted to delegate at the August 12, 2021 meeting of the Audit, Finance and Administration Committee respecting Item 1 of Governance Review Sub-Committee Report 21-005 - July 14, 2021 (2022 Municipal Election: Voting Methods and Tabulating By-law (FCS21073) (City Wide)).

(e) STAFF PRESENTATIONS (Item 7)

(i) Complete, Livable, Better Streets Design Manual (Item 7.1)

Trevor Jenkins, Project Manager – Sustainable Mobility, addressed Committee respecting the Complete, Livable, Better Streets Design Manual.

Brian Hollingworth, Director, Transportation Planning and Parking, was also present and assisted in answering questions.

The presentation, respecting the Complete, Livable, Better Streets Design Manual, was received.

(f) PUBLIC HEARINGS / DELEGATIONS (Item 8)

(i) Susan Creer, Accessible Hamilton, respecting Accessibility Concerns with the Outdoor Dining District Program (approved at the July 13, 2021 meeting) (Item 8.1)

Susan Creer, Accessible Hamilton, addressed the

General Issues Committee - September 8, 2021

Committee respecting Accessibility Concerns with the Outdoor Dining District Program, with the aid of a presentation.

The delegation from Susan Creer, Accessible Hamilton, respecting Accessibility Concerns with the Outdoor Dining District Program, was received.

The Committee felt that a more fulsome discussion respecting the Outdoor Dining District Program should be the subject matter of a Special Meeting of the Advisory Committee for Persons with Disabilities and therefore, requested that the Legislative Coordinator schedule a Special Meeting with all relevant City staff being invited.

(g) GENERAL INFORMATION / OTHER BUSINESS (Item 12)

(i) Accessibility Complaints to the City of Hamilton (Item 12.1)

Jessica Bowen, Supervisor, Diversity and Inclusion, advised that an accessibility complaint was received in relation to the placement of a pole at an intersection. The complaint was forwarded to the appropriate staff in Public Works for further discussion and resolution.

The verbal update from Jessica Bowen, respecting Accessibility Complaints to the City of Hamilton, was received.

(ii) Accessibility for Ontarians with Disabilities Act, 2005 (AODA) Update (Item 12.2)

No update.

(iii) Presenters List for the Advisory Committee for Persons with Disabilities (Item 12.3)

No update.

(iv) Vote Housing Campaign Video (Added Item 12.4)

The Vote Housing Campaign Video was shown for the Committee's information.

The Vote Housing Campaign Video, was received.

(h) ADJOURNMENT (Item 14)

There being no further business, the Advisory Committee for Persons with Disabilities adjourned at 6:05 p.m.

Respectfully submitted,

A. Mallet, Chair Advisory Committee for Persons with Disabilities

Alicia Davenport Legislative Coordinator Office of the City Clerk

The Advisory Committee for Persons with Disabilities (Celebrates International Day for Persons with Disabilities

The Advisory Committee for Persons with Disabilities presents you with this 2022 Calendar recognizing International Day for Persons with Disabilities.

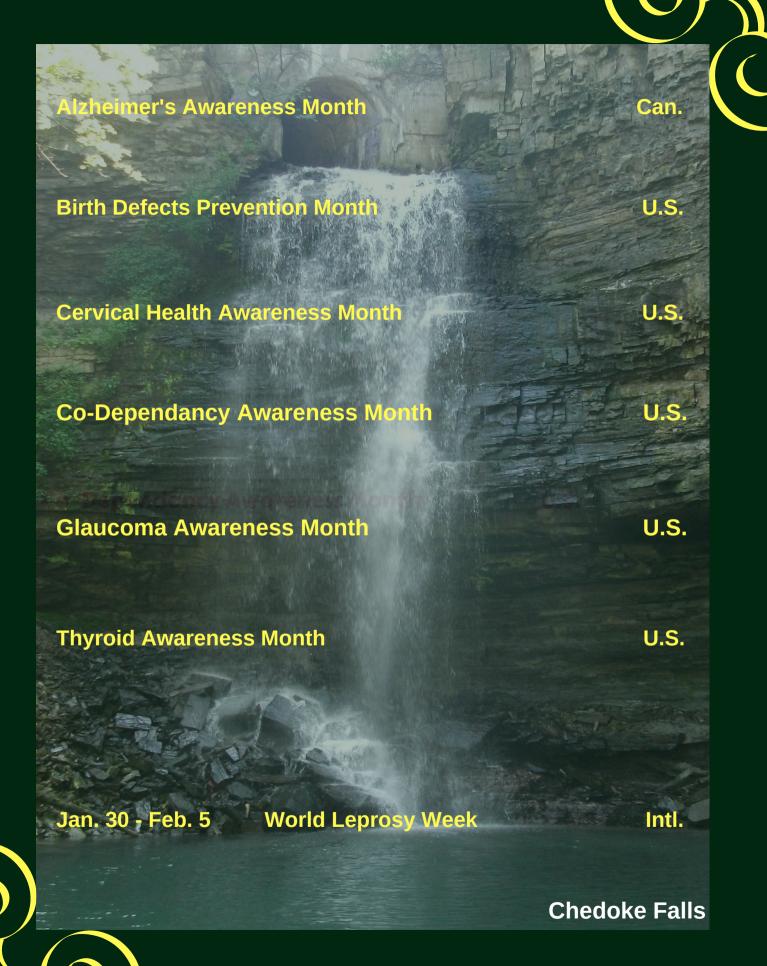
Statistics tell us that one in five Canadians have some kind of disability. This Calendar is our attempt to show how many of us strive to overcome our disabilities and how diverse our different needs are.

Darnley Cascade









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S M T W T F S

| | | | | | | 1 |
|--|---|----------------------------|----|----|----|----|
| 2 | 3 | 4 World Braille Day | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 ACPD | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 Moebius Syndrome Awareness Day | 25 | 26 | 27 | 28 | 29 |
| 30 Chronic Traumatic Encephalopathy Awareness Day | 31 World Leprosy Day International Day of the Zebra | | | | | |









| AMD / Low Viso | n Awareness Month | J.S. |
|--------------------------------|--|---------------|
| Jewish Disabilit Awareness | y and Inclusion Month | U.S. |
| Recreation Ther | areay Month | Can. |
| Reynaud's and S Awareness I | ALCOHOLOGICAL TOTAL | U.K. |
| | White Cane Week Eating Disorder Awareness Week | Can. |
| Feb. 7 - 14 | Congenital Heart Detect Awareness Week | Lot. |
| Feb. 13 - 19 | Duchenne Muscular Dyst Awareness Week | coplay US: |
| Feb. 23 - Mar. 1 | Eating Disorder Awareness Week | .U.S . |
| Feb. 24 - Mar. 2 | Eating Disorder Awareness Week | U.K. |
| | Old Mill | Falls (upper) |

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| | | 1 | 2 | 3 | 4 | 5 |
| | | | Rheumatoid Arthritis Awareness Day | | World Cancer Day | |
| 6 | 7 | 8 ACPD | 9 | 10 | 11 | 12 |
| | | KAPP | | | World Day Of The Sick | |
| 13 | 14 Sexual and Reproductive | 15 | 16 | 17 | 18 | 19 |
| | Health Day Congenital Heart Defect Awareness Day | International Childhood Cancer Day | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | | Heart Valve Disease Awareness Day | | | | |
| 27 | 28 | | | | | |
| Anosmia Awareness Day | Rare Disease Day | | | | | |





"We rise by lifting others."
R. Ingersoll



| Brain Injury Awareness Month | Intl. |
|-------------------------------------|-------------|
| Colorectal Cancer Awareness Month | Intl. |
| Colour Therapy Month | U.S. |
| Deep Vein Thrombosis Prevention | 2 (2) |
| Awareness Month | U.S. |
| Developmental Disabilities | |
| Awareness Month | U.S. |
| Endomitriosis Awareness Month | latl. |
| Epilepsy Awareness Month | Can. |
| Essential Tremor Awareness Month | Intl. |
| Help Fight Liver Disease Month | Can. |
| Hemophilia Awareness Month | U.S. |
| Kidney Month | Intl. |
| Liver Health Month | Can. |
| Multiple Sclerosis Awareness Month | U.S. |
| Music Therapy Awareness Month | Can. |
| Muscular Dystrophy Awareness Month | Aust. |
| Ovarian Cancer Awareness Month | U.K. |
| Self Injury Awareness Month | Intl. |
| Trisomy Awareness Month | Intl. |
| | |
| Mar. 6 - 12 Glaucoma Awareness Week | Intl. |
| Mar. 14 - 20 Brain Awareness Week | Intl. |
| | 1 |
| Sh | erman Falls |

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| | | Disablity Day of Mourning Self Injury Awareness Day International Wheelchair Day | 2 | 3 | 4 World Obesity Day HPV Awareness Day | 5 |
| 6 World Lymphedema Awareness Day | 7 | 8 ACPD Breast Implant Illness Awareness Day | 9 | 10 Women and Girls HIV/AIDS Awareness Day | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | Trisomy 18 Awareness Day | 19 |
| 20 | 21 World Down Syndrome Day | 22 | 23 | 24 World Tuberculosis Day | 25 Cerebral Palsy Awareness Day | 26 Purple Day for Epilepsy |
| 27 Amniotic Fluid Embolism Awareness Day | 28 | 29 | 30 | 31 | | |





"Kindness begins with the understanding that
we all struggle."
C. Glassman



| Autism Aware | eness Month ase/Syndrome | U.S. |
|----------------------------|---|---------|
| Awarenes | | U.S. |
| Limb Loss Av | vareness Month | U.S. |
| IBS Awarenes | s Month | Can. |
| National Dona | ate Life Month | U.S. |
| Parkinson's D | Disease Awareness Month | Intl. |
| Paralyzed Vet America N | terans Across Month | U.S. |
| Primary Immu | unodeficiency | |
| Awarenes | s Month | U.S. |
| Rosecea Awa | reness Month | Can. |
| Sarcoidosis A | Awareness Month | Intl. |
| Apr. 3 - 9 | Oral, Head and Neck Cancer | |
| A TOWN OF THE PARTY. | Awareness Week | U.S. |
| Apr. 9 - 16 | Porphyria Awareness Week | U.S. |
| Apr 10 - 16 | Parkinson's Awareness Week | U.K. |
| Apr. 18 - 24 | Muliple Sclerosis Awareness Week | U.K. |
| Apr. 21 - 28 | World Primary | West - |
| | Immunodeficiency Week | Intl. |
| Apr. 24 - 30 | Infertility Awareness Week | Can. |
| Apr. 24 - 30 | Organ and Tissue Donation Awareness Week | Can. |
| | Albio | n Falls |

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| | | | | | | 1 | 2 World Autism Awareness Day |
| I | 3 | 4 | 5 | 6 Bohring-Optiz Syndrome Awareness Day | 7 Green Shirt Day World Health Day | 8 Cushing Disease/Syndrome Awareness Day | 9 |
| | 10 | Parkinson's Disease Awareness Day | 12 ACPD | 13 Day Functional Neurological Disorder Awareness Day | 14 | 15 | 16 |
| | 17 World Hemophilia Day | 18 | 19 Congenital Diaphragmatic Hernia Action Day | 20 | 21 | 22 | 23 Fibrodysplacia Ossificans Progressiva Awareness Day |
| | 24 | 25 World Meningitis Day World Malaria Day | 26 | 27 Show Your Mettle Day (Amputees) | 28 Day of Mourning | 29 World Wish Day | 30 |





"There is nothing impossible to they who will try." A. The Great (para)



| Allergy/Asthma Awareness Month | U.S. |
|--|----------------|
| Amyotrophic Lateral Sclerosis (ALS) | |
| Awareness Month | U.S. |
| Ankylosing Spondylitis Awareness Month | Can. |
| Arthritis-Awareness Month | U.S. |
| Better Speech and Hearing Month | U.S. |
| Bladder Cancer Awareness Month | Intl. |
| Borderline Personality Disorder | |
| Awareness Month | U.S. |
| Brain Tumour Awareness Month | Intl. |
| Celiac Disease Awareness Month Cystic Fybrosis Awareness Month | Intl. |
| Crohn's and Colitis Awareness Month | Intl. Aust. |
| Ehler-Danlos Syndrome | Austi |
| Awareness Month | U.S. |
| Guillain-Barre Syndrome Awareness Month | Can. |
| Hepatitis Awareness Month | U.S. |
| Hemochromatosis Awareness Month | Can. |
| Huntington's Disease Awareness Month | U.S. |
| Lupus Awareness Month | U.S. |
| Lyme Disease Awareness Month | Intl. |
| Melanoma and Skin Cancer Awareness Month | Can. |
| Mental Health Month | U.S. |
| Mobility Awareness Month | U.S. |
| Multiple Sclerosis Awareness Month | Can. |
| Myositis Awareness Month | U.S. |
| Older Americans Awareness Month | U.S. |
| Speech and Hearing Month | Can. |
| Stroke Awareness Month | U.S. |
| Vision Health Month | Can. |
| | |
| May 1 - 7 Brain Tumour Action Week | U.S. |
| May 11 - 17 Brain Injury Awareness Week | U.S. |
| May 29 - Jun 4 AccessAbility Awareness Week | Can. |
| | The second |
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Felker's Falls (summer)

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| 1 | 2 | 3 | 4 | Ependymoma Awareness 5 World Pulmonary Hypertension Day | 6 | 7 Children's |
| Childhood Stroke Awareness Day | | World Asthma Day | | Cri Du Chat Syndrome Awareness Day | | Mental Health Awareness Day |
| 8 | 9 | 10 ACPD | 11 | Fibromyalgia Awareness 12 Day International CFS/ME Awareness Day | 13 | 14 |
| World Ovarian Cancer Awareness Day | | World Lupus Day | | Chronic Immunological and Neurological Disease Awareness Day | | Apraxia Awareness Day |
| 15 | 16 | World Hypertension 17 Day | 18 | 19 | 20 World Autoimmune | 21 |
| Mucopolysaccharidoses Awareness Day | | World Neurofibromatosis Awareness Day | | Schizencephaly Awareness Day | Arthritis Day Global Accessibility Awareness Day | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | International Day to End Obstetric Fistula | World Schizophrenia and Psychosis Day | World Thyroid Day | | | |
| 29 | 30 | 31 | | | | |
| | World Multiple Sclerosis Awareness Day | | | | | |





"The only disability in life is a bad attitude."
S. Hamilton



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|--|--|--------------------|
| Company of the Compan | Brain Awareness Month | Intl. |
| Amyotrophic Lat | | |
| Awareness N | L Antibody Syndrome | |
| Awareness I | 2007、1997、12 14分,15 16 17 18 18 18 18 18 18 18 18 18 18 18 18 18 | U.S. |
| Aphasia Awaren | 大大··································· | U.S. |
| Brain Injury Awa | | Can. |
| | vareness Month | Aust. |
| Migraine and Hea | | |
| Awareness M | | U.S. |
| | is Awareness Month | J.S. |
| A Company of the Comp | aine Awareness Month | U.S. |
| Osteoporosis Mo | | U.K. |
| | Stress Disorder | |
| Awareness N | | U.S. |
| Thyroid Awarene | ss Month | Can. |
| Scleroderma Aw | 建筑,是是是是是是是是一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一 | U.S. |
| Spina Bifida and | A STATE OF THE STA | |
| Awareness N | A STATE OF THE STA | Can. |
| Stroke Awarenes | ss Month | Can. |
| | | |
| Jun. 6 - 13 | Spinal CSF Leak | |
| | Awareness Week | Can. |
| Jun 14 - 20 | Diabetes Week | U.K. |
| Jun. 24 - 30 | Deaf/Blind Awareness Week | U.K. |
| Jun. 26 - Jul 2 | Hellen Keller Deaf/Blind | |
| | Awareness Week | U.S. |
| | | |

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| | | | World Hypoparathyroidism Awareness Day | 2 | 3 | 4 |
| 5 | 6 | 7 Cancer Survivors Day | 8 World Brain Tumour Day | 9 | 10 | Neuropathy Action Awareness Day |
| 12 | 13 Albinism Awareness Day | 14 ACPD | 15 | 16 | 17 CDKL5 Worldwide Awareness Day | 18 Autistic Pride Awareness Day |
| 19 World Sickle Cell Day | 20 | 21 Global Day of Recognition of ALS/MND | 22 | 23 Dravet Syndrome Awareness Day | 24 | 25 World Vitiligo Awareness Day |
| 26 | Helen Keller 27 Day Post Traumatic Stress Disorder Awareness Day | 28 | 29 Cancer Wellness Awareness Day World Scleroderma Awareness Day | 30 Arthrogryposis Awareness Day | | |



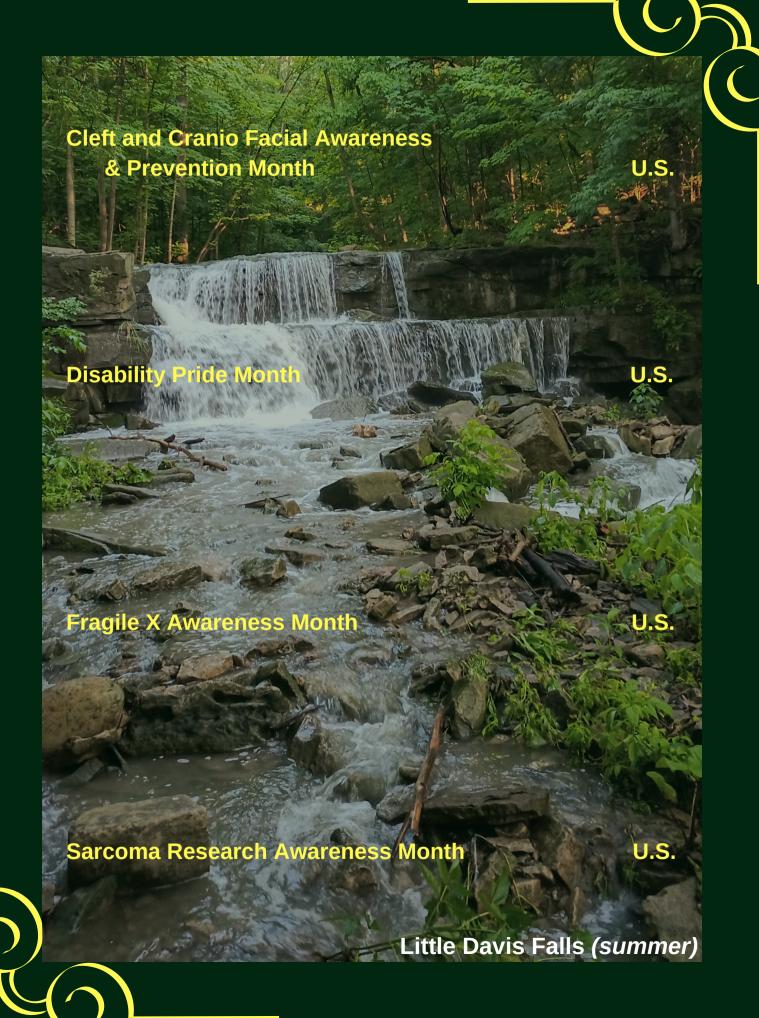
Tiffany Falls



"Aerodynamically, the bumblebee shouldn't be able to fly but it doesn't know that and flies anyways."

M. K. Ash





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| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 ACPD Heterochromia Awareness Day | 13 Gastrointestinal Stromal Tumour Awareness Day | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 Glioblastoma Awareness Day | 22 | 23 World Sjogren's Day |
| 24 Seasonal Affective Disorder Day | 25 | 26 Disability Independence Day | 27 | 28 World Hepatitis Day | 29 | 30 Gastroschisis Awareness Day |
| 31 | | | | | | |

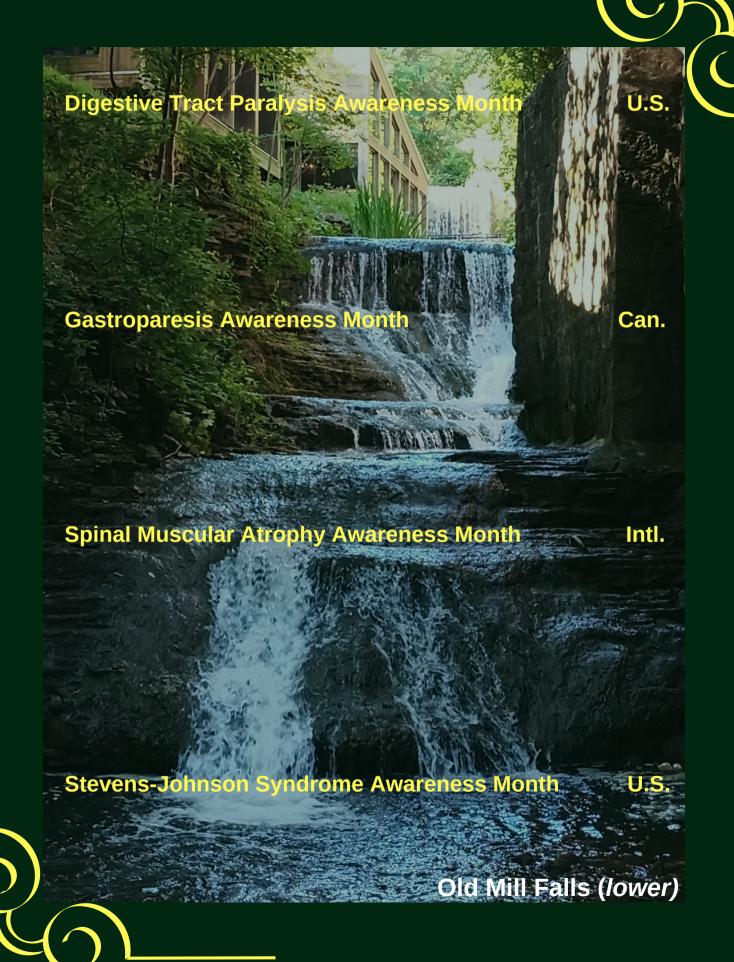




"I wouldn't change you for the world but I would change the world for you."

Unknown





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| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 ACPD | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 Senior Citizen's Day | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | International Overdose Awareness Day | | | |





"It does not matter how slowly you go as long as you do not stop."
Confucious



| | The second second | (1) | |
|---------------------------|--|--|--|
| Achalasia Aware | ness Wonth | The state of the s | JJ.s. |
| Alopecia Areata | Awareness Month | | $\mathcal{L} \setminus \mathcal{L}$ |
| Arthritis Awaren | ess Worth | AUTO AUTO AUTO AUTO AUTO AUTO AUTO AUTO | Can. " |
| Charcot-Marie-To | ooth Awareness Month | | Can |
| | er Awareness Month | | fail. |
| Craniofacial Acc | 2000年11日 11日 11日 11日 11日 11日 11日 11日 11日 11日 | | Cala. |
| Duchenne Muscu | | | |
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| Fetal Alcohol Sp | THE RESERVE OF THE PARTY OF THE | | |
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| Guide Dog Aware | | | 3-3 |
| | wareness Month | | USAN(|
| Lymphoma Awar | The same of the sa | | J.S. |
| Orthostatic Trem | or Awareness Month | | U.S. |
| | Awareness Month | | Intl. |
| Pain Awareness | Month | | U.S. |
| Peripheral Artery | Disease Awareness M | onth | U.S. |
| Polycystic Ovary | Disease Awareness Me | onth | U.S. |
| Prostate Cancer | Awareness Month | | Intl. |
| Sickle Cell Anem | ia Awareness Month | | Can. |
| Suicide Prevention | on Awareness Month | | U.S. |
| Spinal Cord Injur | y Awareness Month | | The state of the s |
| Syringomyelia & | Chiari Malformation Mo | onth | San. |
| Thyroid Cancer A | Awareness Month | | U.S. |
| World Alzheimer | s Disease | | |
| Awareness M | onth | | int. |
| Sep. 19 - 26 | Week of the Deaf Pe | onless | |
| 36p. 13 - 20 | Awareness Week | 20pic | Total Control |
| | Avvaichess week | | |
| | | But | termilk Falls |
| THE RESERVE AND ASSESSED. | 製造を受ける。 | The state of the s | |

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|---|---|--------------------------------------|--|--|---|---|
| 4 Polycystic Kidney Disease Awareness Day | 5 Disability Awareness Day | 6 | 7 World Duchenne Muscular Dystrophy Awareness Day | 8 | 9 International Fetal Alcohol Spectrum Disorder Awareness Day | 10 |
| 11 | 12 | 13 ACPD Celiac Disease Awareness Day | 14 | Myotonic Dystrophy Awareness Day World Hodgkin's Lymphoma Awareness Day | 16 | 17 |
| 18 HIV/AIDS and Aging Awareness Day | 19 Terry Fox Run Usher Syndrome Awareness Day | 20 | 21 World Alzheimer's Day | 22 World Chronic Myeloid Leukemia Awareness Day | 23 International Day of Sign Language | 24 Atypical Hemolytic Uremic Syndrome Awareness Day |
| 25 Ataxia Awareness Day | 26 Mesothelioma Awareness Day | 27 | 28 | 29 | Sport Purple for Platelets 30 Day Limb Girdle Muscular Dystrophy Awareness Day | |





"I am different but not less"

T. Grandin



| Avaiches | Borer's Falls |
|---|---------------|
| Oct. 25- 31 Epidermolysis Bullosa Awareness Week | Intl. |
| Oct 18 - 24 Invisible Disabilities Week | Can. |
| Spinal Bifida Awareness Month | #.U.S. |
| Selective Mutism Awareness Month | U.S. |
| Rett Syndrome Awareness Month | Intl. |
| Raynaud's Awareness Month | U.S. |
| Occupational Therapy Month | Can. |
| Mark it Read for Dyslexia Awareness Mont | h Can. |
| Lupus Awareness Month (French) | Cain. |
| Learning Disability Awareness Month | Intl |
| Liver Cancer Awareness Month | U.S. |
| Eczema Awareness Month | U.S. |
| Dyslexia Awareness Month | Us |
| Dysautonomia Awareness Month | intl. |
| Dwarfism Awareness Month | U.S. |
| Down Syndrome Awareness Month | (us) |
| Disability Employment Awareness Month | ant Ind. |
| Depression Education and Awareness Mor | nth U.S. |
| Colon Cancer Awareness Month | U.S. |
| Breast Cancer Awareness Month | lett. |
| ADHD Awareness Month | |

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| S | M | Т | W | Т | F | S |
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| | | | | | | 1 |
| 2 | 3 | 4 | Veterans Disabled for Life Day | 6 World Cerebral Palsy Awareness Day | 7 Trigeminal Neuralgia Awareness Day | 8 World Sight Day |
| 9 PANDAS/PANS Awareness Day | 10 World Sight Day World Mental Health Day | 11 ACPD | 12 World Arthritis Day | World Thrombosis 13 Day Metastatic Breast Cancer Awareness Day | 14 | 15 Blind Americans Equality Day |
| 16 World Spine Day | 17 | 18 | 19 Psoriatic Arthritis Day | World Osteoporosis Day | 21 | International Stuttering Awareness Day |
| 23 | 24 Brain Cancer Awareness Day World Polio Day | 25 World Spina Bifida and Hydrocephalus Day | 26 | 27 | 28 | 29 World Stroke Day |
| 30 | 31 | | | | | |





"Believe you can and you are halfway there."
T. Roosevelt



| Alzheimer's Awareness Month | U.S. |
|--|----------------|
| Chronic Obstructive Pulmonary Disorder Awareness Month | Ü.S. |
| Crohn's and Colitis Awareness Month | Can. |
| Dercum's Disease (Adiposis Dolorosa) Awareness Month | Ù.S. |
| Epilepsy Awareness Month | U.S. |
| Lung Cancer Awareness Month | Intl. |
| Movember | Cap |
| Indigenous Disability Awareness Month | Can. |
| Pantreatic Cancer Awareness Month | U.S. |
| Prostate Cancer / Men's Health | |
| Awareness Month | U.S. |
| Osteoporosis Awareness Month | Can. |
| Felkers | Falls (winter) |

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| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Cancer Awareness Day | 8 ACPD Aicardi Syndrome Awareness Day | 9 | 10 | 11 | 12 World Pneumonia Day |
| World Pancreatic Cancer Day | 14 World Diabetes Day | 15 World Ohtahara Awareness Day | 16 | 17 | 18 World COPD Day | 19 Enteropathic Arthritis Awareness Day |
| 20 | 21 | 22 | 23 | 24 N24 Syndrome Awareness Day | 25 | 26 |
| 27 | 28 | 29 | 30 Stomach Cancer Awareness Day | | | |



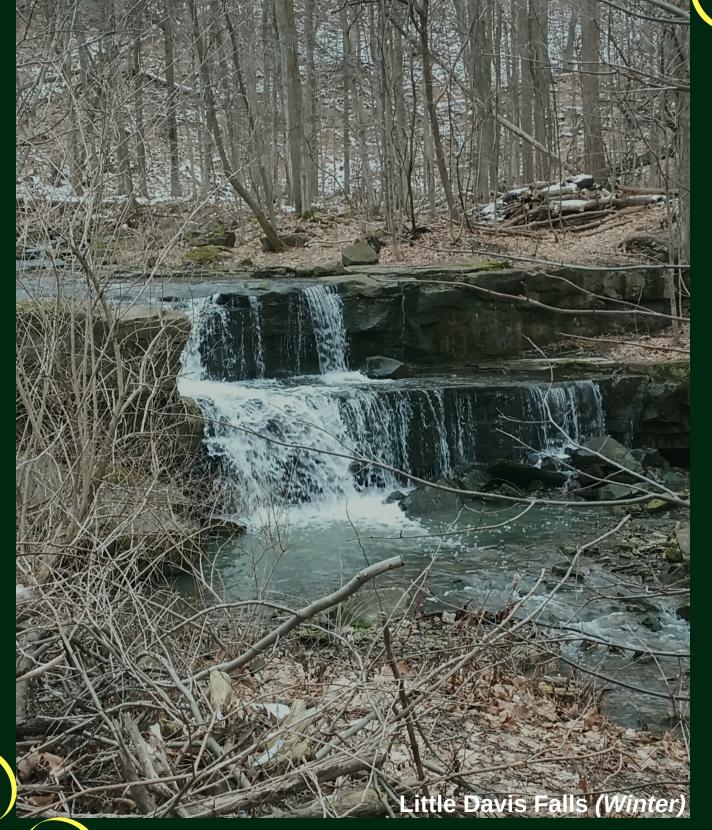


"The only thing worse than being blind is having sight but no vision." H. Keller



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"Once you choose hope, anything is possible."

