



City of Hamilton
SENIORS ADVISORY COMMITTEE
AGENDA

Meeting #: 22-09
Date: September 9, 2022
Time: 10:00 a.m.
Location: YouTube Channel Streaming for Virtual Meetings (due to COVID)
Due to the COVID-19 and the Closure of City Hall
All electronic meetings can be viewed at:
City's YouTube Channel:
<https://www.youtube.com/user/InsideCityofHamilton>

Lisa Maychak, Senior Manager, Age-Friendly City (905) 546-2424 ext. 1721

Pages

1. CEREMONIAL ACTIVITIES

1.1. Land Acknowledgment

2. APPROVAL OF AGENDA

(Added Items, if applicable, will be noted with *)

2.1. September 9, 2022

3. DECLARATIONS OF INTEREST

4. APPROVAL OF MINUTES OF PREVIOUS MEETING

5

4.1. June 3, 2022

5. COMMUNICATIONS

6. DELEGATION REQUESTS

7. CONSENT ITEMS

8. PUBLIC HEARINGS / DELEGATIONS**9. STAFF PRESENTATIONS**

- | | | |
|------|---|----|
| 9.1. | Andrea McDowell, Project Manager of Air Quality and Climate Change,
Public Health Services | 11 |
| 9.2. | Sheila Schuehle, Prevention Consultant, Elder Abuse Prevention
Ontario | 21 |

10. DISCUSSION ITEMS

10.1. Working Groups

- 10.1.a. Getting Around Hamilton Working Group
- 10.1.b. Elder Abuse Working Group
- 10.1.c. Housing Working Group
- 10.1.d. Communications Working Group

10.2. Working Committees

- 10.2.a. Age-Friendly Plan Governance
- 10.2.b. Senior Kick Off Event
- 10.2.c. International Day of Older Persons
- 10.2.d. McMaster Institute of Research
- 10.2.e. Ontario Health Coalition
- 10.2.f. Our Future Hamilton
- 10.2.g. Senior of the Year Award

11. MOTIONS

- | | | |
|-------|--|----|
| 11.1. | Seniors Advisory Committee Proposal -Extreme Heat Mitigation | 45 |
|-------|--|----|

12. NOTICES OF MOTION**13. GENERAL INFORMATION / OTHER BUSINESS**

13.1.	Advisory Committee for Persons with Disabilities Event	47
13.2.	2018-2022 Accomplishments	51
13.3.	Seniors Advisory Committee's Brochure	
13.4.	Seniors Advisory Committee banner/tablecloth	
13.5.	2023 Advisory Committee Budget Submission Form	57
13.6.	Roles and Responsibilities of New Senior Advisory Committee Members	61
14.	PRIVATE AND CONFIDENTIAL	
15.	ADJOURNMENT	



Hamilton

**Seniors Advisory
Committee**

June 3, 2022

Minutes 22-006

10:00am – 12:00pm

Due to the COVID-19 and the Closure of City Hall

All electronic meetings can be viewed at:

City's YouTube Channel

<https://www.youtube.com/user/InsideCityofHamilton>

In Attendance:

Penelope Petrie (Chair), Maureen McKeating, Marian Toth, Marjorie Wahlman, Ann Elliott, Kamal Jain, Carolann Fernandes, David Broom, Sarah Shallwani, Peter Lesser, Kathryn Wakeman, Steve Benson, Alexander Huang

Also, in Attendance:

Lisa Maychak, Project Manager, Healthy & Safe Communities Department
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities

Absent with Regrets:

Aref Alshaikhahmed, Peter Lesser, Sheryl Boblin, Barry Spinner, Councilor N. Nann, Councilor T. Jackson

Absent:

Dahila Petgrave, Noor Nizam

1. CEREMONIAL ACTIVITIES (Item 1)

- (i) Land Acknowledgement presented by M. Toth.
K. Jain has volunteered to read the Land Acknowledgement at the next meeting.

2. APPROVAL OF AGENDA (Item 2)

The following changes were made to the agenda:

(M. Wahlman/A. Elliott)

- (a) That the staff presentation respecting Transit be withdrawn (Item 9.1); and
- (b) That the Delegation Request from T. Nolan, respecting Transit be added to the agenda.

CARRIED

(A. Elliot/M. Wahlman)

That the Seniors Advisory Committee approves the June 3, 2022 agenda, as amended.

CARRIED

3. DECLARATIONS OF INTEREST

None.

4. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)

(i) May 6, 2022 (Item 4.1)

- Remove member D. Petgrave from Absent with Regrets section and place in Absent section of minutes.

(A. Huang/D. Bloom)

That the Seniors Advisory Committee approves the May 6, 2022 minutes, as amended.

CARRIED

5. DELEGATION REQUESTS (Item 6.1)

(i) Tim Nolan, private citizen, respecting Transit (for today's meeting)

T. Nolan spoke to the Senior Advisory Committee (SAC) respecting accessible transportation in the City of Hamilton. T. Nolan spoke to SAC about his concerns and outlined changes he would like to see in the current transit model within the city. SAC members were given the opportunity to ask questions and provide comments.

(M. Wahlman/A. Elliott)

The Delegation request was received.

CARRIED

6. DISCUSSION ITEMS (Item 10)

(i) Working Groups (Item 10.1)

(D. Broom/M. Toth)

That the following updates be received:

(a) Getting Around Hamilton Working Group

- There are no updates from this working group.

(b) Elder Abuse Working Group

- M. Wahlman reported this working group discussed the Waterloo brochure that was received. Currently, there has been no communication from Waterloo.
- Officer A. McLaughlin provided a presentation at the Seniors Kick Off event about various frauds and scams that involve seniors.
- A discussion occurred regarding the upcoming re-organization of the Hamilton Police Services and the possibility of this working group losing the support of Officer A. McLaughlin. A request was asked for the Senior Advisory Committee (SAC) chair to send a general letter to Police Services requesting continued support for SAC's Elder Abuse Working Group from a Senior Support Officer.

(c) Housing Working Group

- M. Toth reported that the Hamilton Council on Aging (HCoA) Age Friendly Resources was discussed, with emphasis on the Housing section.
- L. Maychak will attend the next meeting of the Housing Working Group to discuss a possible collaboration with the Age-Friendly Collaborative Committee to update the existing guide, Housing Options for Older Adults in Hamilton.

(d) Communication Working Group

- D. Broom reported the City of Hamilton's new website is to be operational very soon. This group was asked for input on what they'd like to see on the seniors landing page. D. Bloom took on the task of reviewing other city websites and has compiled a report of recommendations that has been sent to L. Maychak.
- This working group's next meeting will occur on June 15,

2022.

CARRIED**(ii) Working Committees (Item 10. 2)****(D. Broom/M. Toth)**

That the following updates be received:

(a) Age Friendly Plan - Governance Committee

- A. Elliott reported this committee met on May 10, 2022.
- The committee's discussions included the Seniors Kick off event as well as the need to increase the collaboration between Seniors Advisory Committee working groups with the Age-Friendly Committee's Goal Champions.
- This committee will not be meeting throughout the summer months.
- On June 16, 2022, a presentation along with a recommendation report to increase HCOA funding will go to Emergency and Community Services Committee.
- Beginning in the fall, each SAC working group chair will be invited to an Age Friendly Collaborative meeting to build collaborative work between the groups.

(b) Seniors Kick Off Event

- L. Maychak reported the success of this year's Seniors Kick Off event held on June 1, 2022.
- There were approximately 220 attendees, 50 exhibitors, 5 presentations and entertainment and lunch were provided.

(c) International Day of Older Persons Committee

- There are no updates from this committee.

(d) McMaster Institute for Research on Aging

- There are no updates from this committee.

(e) Ontario Health Coalition

- C. Fernandes will continue to send the committee email updates through L. Maychak.

(f) Our Future Hamilton Update

- There are no updates from this committee.

(g) Senior of the Year Award

- L. Maychak reported the Senior of the Year Award nominations deadline is June 27, 2022.
- The event is currently being planned as an in-person event on October 18, 2022 at Michelangelo's. Tickets will go on sale at the beginning of September.
- If any member of SAC has interest in volunteering to be a judge for this year, please contact L. Maychak.

7. GENERAL INFORMATION/OTHER BUSINESS (Item 13)

(i) Working Group Progress Reports (submitted by Chairs) (Item 13.1)

- All chairs of each working group to submit a summary of the work achieved by their working groups by the end of June to L. Maychak.

(ii) Summer meetings and September meeting (Item 13.2)

(M. McKeating/M. Wahlman)

A motion was put forward that that Seniors Advisory Committee (SAC) will not hold meetings in the summer.

CARRIED

- SAC September meeting falls on the Friday of the holiday weekend.

(M. Wahlman/D. Broom)

A motion was put forward that the SAC move the September 2 meeting to September 9 to avoid the holiday weekend.

CARRIED

(iii) Seniors Advisory Committee's (SAC) annual budget (Item 13.3)

- \$2500 is the annual budget
- Include printing of Senior Advisory Committee brochure in budget which was already approved by City Council.

(M. McKeating/A. Elliott)

A motion was put forward that SAC to request an increase of their annual budget from \$2500 to \$3000 for the 2023 budget year.

CARRIED

- L. Maychak to source out estimated costs to produce a SAC Banner and tablecloth to use at community engagement events and present at the September meeting.

(iv) Feedback regarding the City's resource webpage for seniors
www.hamilton.ca/seniors (Item 13.4)

- Feedback requested by June 10 and sent to L. Maychak.

(v) Hybrid Meetings (Item 13.5)

- All committee members agreed to holding hybrid meetings beginning September 2022.

(vi) Senior's Advisory Member Committee resignation - D. Stone
(Item 13.6)

(K. Jain/M. Wahlman)

Member D. Stone has asked to resign from this committee. L. Maychak to follow up with information of whether a gift can be sent out from the Senior's Advisory Committee budget for his commitment to this committee. D. Stone's resignation was accepted by the committee but with regrets.

CARRIED

8. ADJOURNMENT (Item 15)

(P. Petrie)

That the Seniors Advisory Committee be adjourned at 12:15pm

CARRIED

Next Meeting: September 9, 2022



Hamilton

CLIMATE CHANGE AND EXTREME HEAT

September 9, 2022

Hamilton Climate Action Strategy (HCAS)

Mitigation: Reducing/eliminating Greenhouse Gas Emissions to Net-Zero by 2050

Adaptation: Protecting people and property from the unavoidable impacts of climate change

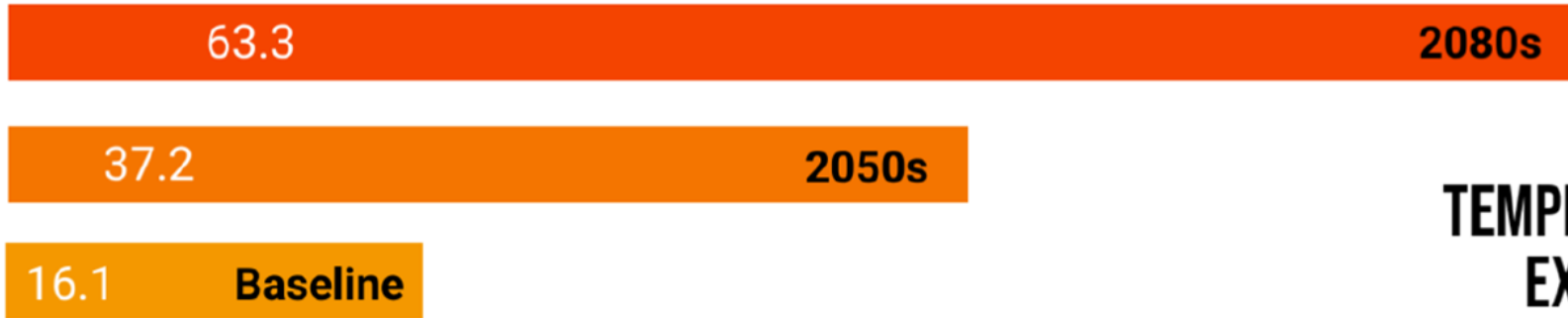
Hamilton Climate Action Strategy (HCAS)

Mitigation: Reducing/eliminating Greenhouse Gas Emissions to Net-Zero by 2050

Adaptation: Protecting people and property from the unavoidable impacts of climate change

Climate Change and Extreme Heat in Hamilton

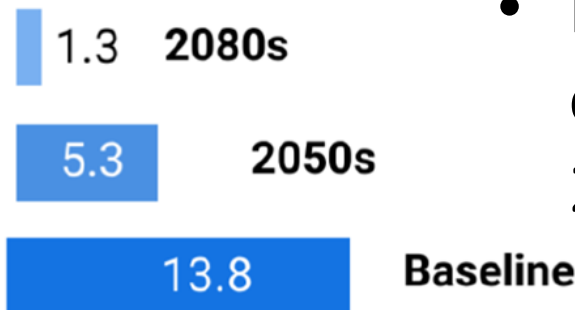
DAYS AT OR ABOVE 30°C



TEMPERATURE EXTREMES

More hot days, fewer cold days.

DAYS AT OR BELOW -15°C



- Night time temperatures above 20C are expected to increase fivefold by the 2080s

Why are Seniors More At Risk?

- Age
 - less able to dissipate heat
 - more likely to be ill
 - reduced thirst impulse
- Income/socioeconomic status

General Risk Factors

- Time of year
- Duration of heat event
- Lack of night-time cooling
- Social isolation

ICLEI Advancing Adaptation Project

- Community-focused pilot project implementation focused on extreme heat in vulnerable communities
 - Four City Housing buildings downtown
- Five Interventions:
 - Targeted Information Sheet
 - Indoor Cooling Rooms
 - Outdoor Shade
 - Air conditioners for Tenants
 - Tenants Support Network

Information Sheet

- Information specific to neighbourhood and for low-income residents without air conditioning

Check in on your neighbours and family,

and let your friends and loved ones know when you need help. We are working to put together a network in your building of residents to check in on each other during events like heat waves to help make sure everyone is cared for. If you would like to participate (either as someone who helps to check in on people, or as someone who would like a check-in, or both), please contact ClimateChange@hamilton.ca or 905-546-2424 x. 5288.

IMPORTANT PHONE NUMBERS

- ☎ The City's Information Line: **905-546-2489**
- ☎ If you are feeling severely ill from heat, call **911**
- ☎ Questions about your rights as a tenant?
Call **ACORN - 905-393-5734 / hamilton@acorncanada.org**



Your Closest Community Cooling Centre is the Hamilton Central Public Library

For an average adult, it is a ten-minute walk from 200 Jackson Street West to Jackson Square, and a 13-minute walk to the Central Library branch



How to Beat the Heat

Extreme Heat is when the day-time temperature is over 30°C. Environment and Climate Change Canada's weather forecasting service monitors for these conditions and provides alerts to the public and to other agencies such as local governments.

If you have internet access, you can be notified directly of extreme heat alerts by downloading the WeatherCAN app on either apple or android devices.

If you do not have internet access, you can learn about current or forecasted extreme heat events by listening to the radio, watching television news, or looking for signs and posters in your building or in the community.

What to do during an Extreme Heat Event:

Reduce your risk of heat-related illness by:

- Drinking lots of water
- Going to an air-conditioned place
- Wearing a hat (when outside) and loose-fitting, lightweight clothes
- Taking a bath or shower with cool water, running cool water over your wrists or putting your arms or feet in cool water
- Closing your blinds or curtains
- Opening your windows to let air circulate while using a fan, only if the outdoor air is cooler than the indoor air
- Limiting physical activity during the day
- Having cold meals to eat
- Using a microwave or toaster oven instead of a stove or standard oven to cook meals
- Call your doctor if you have heavy sweating, paleness, muscle cramps, weakness, tiredness, dizziness, headache, fainting, nausea and/or vomiting



For more information about extreme heat visit: hamilton.ca/heat



SEE REVERSE SIDE for more helpful information on How to Beat the Heat

Indoor Cooling Rooms



During extreme heat events, this will be a **COOLING ROOM** for residents of **181 Jackson St W** and **95 Hess St.**

- Posters and flyers made to make tenants aware
- Furniture purchased where needed

Outdoor Shade





Hamilton

THANK YOU

Elder Abuse - A Closer Look

PRESENTER: Page 21 of 63

Sheila Schuehlein
Prevention Consultant,
EAPO



Elder Abuse
Prevention
Ontario



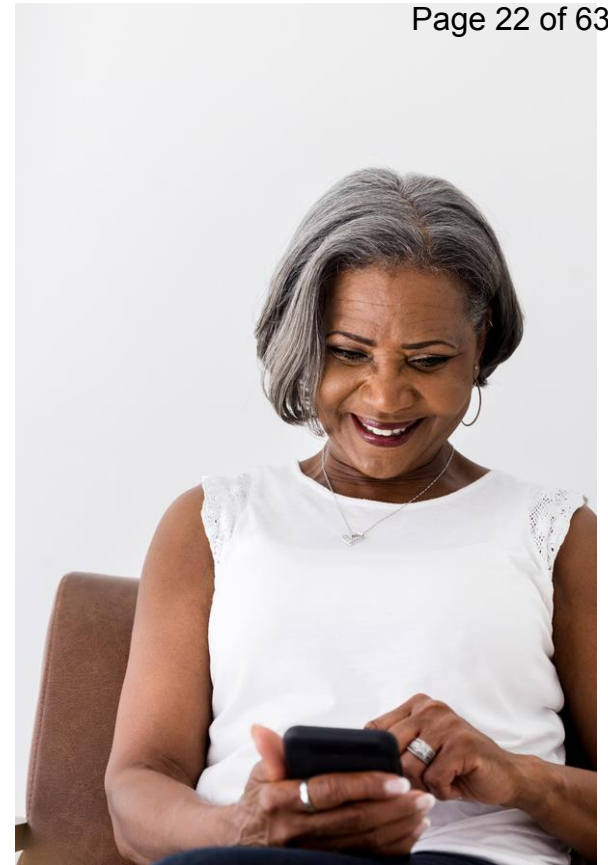
Elder Abuse Prevention Ontario

MISSION

EAPO envisions an Ontario where ALL seniors are free from abuse, have a strong voice, feel safe and respected.

ACTION

Raising awareness, delivering education and training, working collaboratively with like-minded organizations and assisting with service coordination and advocacy.

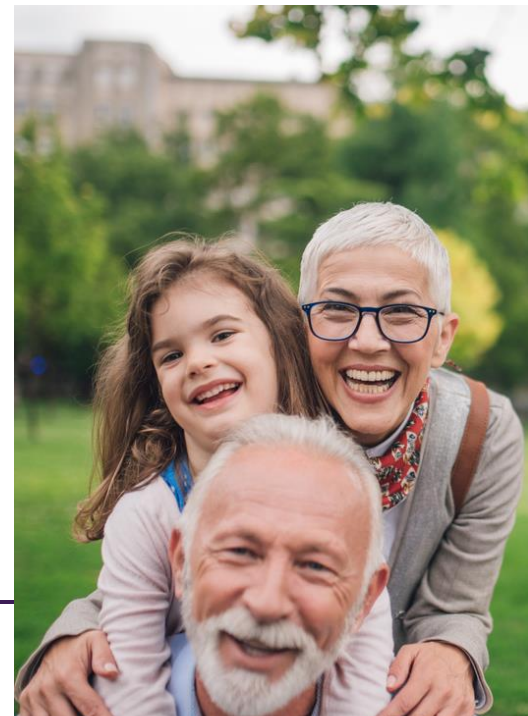


STOP ABUSE – RESTORE RESPECT

SIMPLY PUT, WE ALL HAVE A ROLE TO PLAY

**EAPO is mandated to support the implementation of
Ontario’s Strategy to Combat Elder Abuse.**

*Funded by the ON Government, under the
Ministry for Seniors and Accessibility (MSAA)*



Ontario's Strategy to Combat Elder Abuse - Priorities

1

Public Education and Awareness

A Province-wide, multi-media public education campaign to promote awareness about elder abuse and provide information on how to access services.

2

Training for Front-Line Staff

Specialized training to staff from various sectors, who work directly with seniors, to enhance their knowledge and skills to recognize and respond to elder abuse.

3

Co-ordination of Community Services

To strengthen communities across the province by building partnerships, promoting information sharing and supporting their efforts to combat elder abuse.



3 Pillars of the Strategy

Elder Abuse

“... a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person.”



World Health
Organization





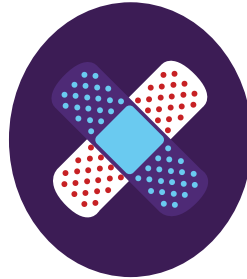
FINANCIAL

The most common form of abuse of older adults. It can involve illegally or improperly using a person's power of attorney, money, assets, or property without the person's permission or knowledge. It is often a form of theft or fraud.



EMOTIONAL

Any action, verbal or non-verbal, that lessens a person's sense of identity, dignity and self-worth. Includes name calling, intimidation, threats, yelling, ignoring or socially isolating the older person.



PHYSICAL

Includes violence or rough treatment, even if it does not leave an injury. It can also be the threat of physical force. Physical abuse also includes inappropriate use of medications or restraints.



SEXUAL

Non-consensual sexual contact of any kind with an older adult. Sexual contact with any person incapable of giving consent is also considered sexual assault.



NEGLECT

The failure to provide care and assistance required for health, safety or well-being, and includes inaction or a pattern of inaction that jeopardizes the health or safety of an older adult.

Multiple forms of abuse can occur at one time.

1 OUT OF 6

Older adults over 60 across the world experience some form of elder abuse in the community



World Health Organization

8.2% OF

SENIORS

PREVALENCE IN CANADA



NICE

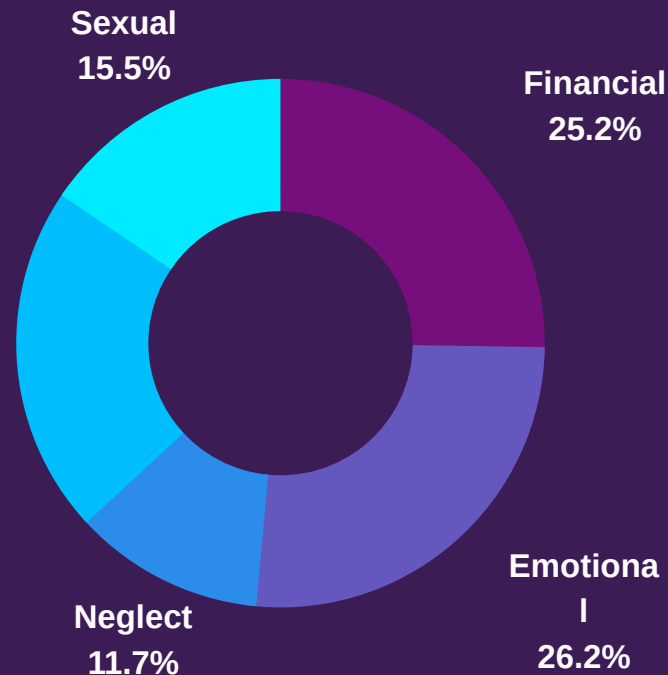
National Initiative for the Care of the Elderly

Initiative nationale pour le soin des personnes âgées

We care together

Ensemble pour le bien-être des aînés

National Prevalence



Elder Abuse impacts seniors residing in ALL homes...



- **COMMUNITY**
- **LONG TERM CARE HOME**
- **RETIREMENT HOMES**

Risk Factors

VULNERABLE GROUPS



Being a Women

Previous abuse as a child, youth or adult

Dementia/Cognitive Impairment

Women with disabilities

Lower income or poverty

Depression Page 30 of 63

Dependent
Socially Isolated

Living with someone with Addictions

Deteriorating health situations where one partner cares for the other

ABUSE

Isolation

ISOLATION IS A **RISK FACTOR** FOR ABUSE AND IT IS ALSO A **RESULT** OF ABUSE THAT BECOMES DEEPER AND MORE PROFOUND AS THE ABUSE ESCALATES.



ISOLATION



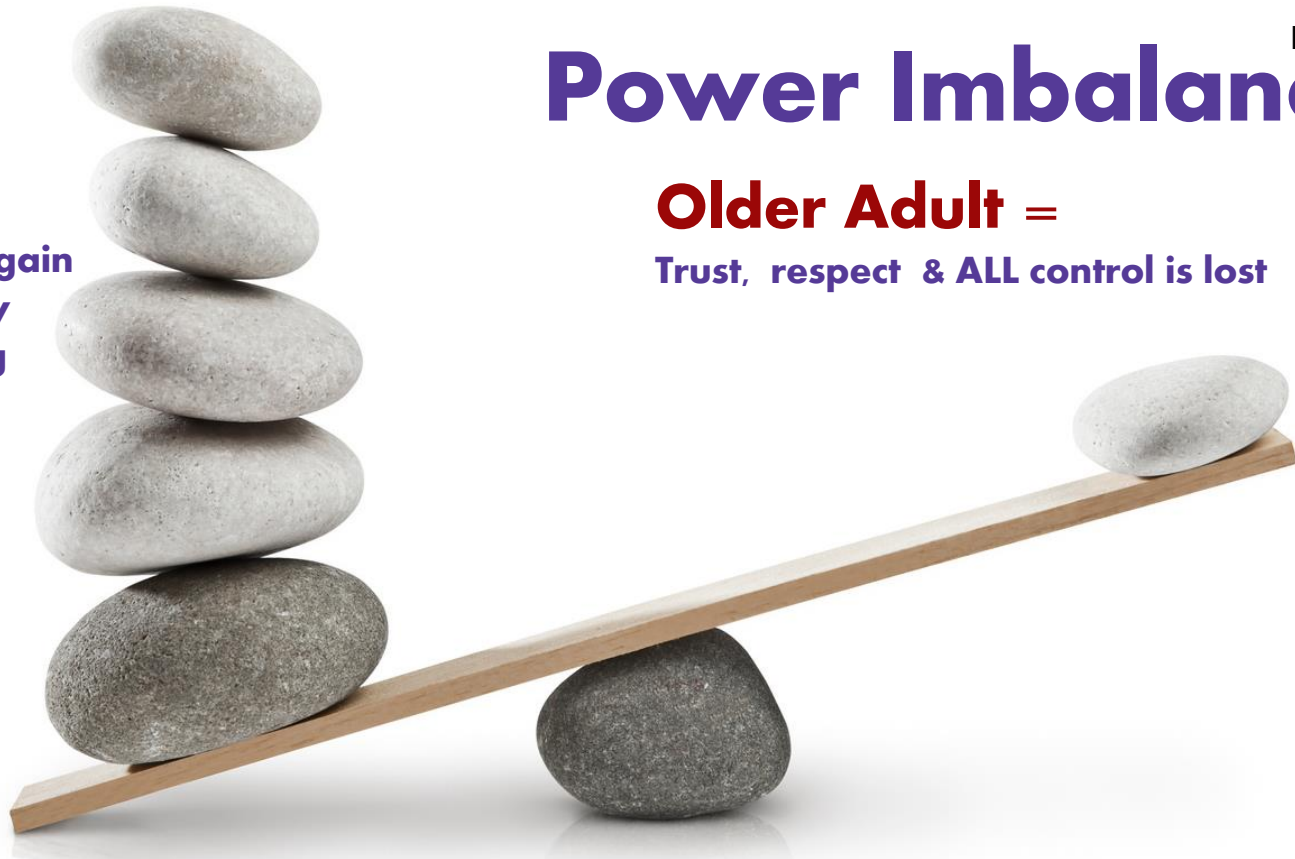
Power Imbalance

Abuser=

Manipulates to gain
control over key
decision making

Older Adult =

Trust, respect & ALL control is lost



Involves an individual behaving
in a certain way to
GAIN power over the other person.

COVID-19 pandemic proves fertile territory for burgeoning elder abuse

By **Rosie DiMano** Star Columnist
 Tue., April 28, 2020 | 6 min. read



Coronavirus: Socially isolated seniors vulnerable to elder abuse, say Winnipeg police

By **ANYA NAZERAVICH** - GLOBAL NEWS
 Posted June 18, 2020 2:46 pm



Elder Abuse is NOT a New Issue?

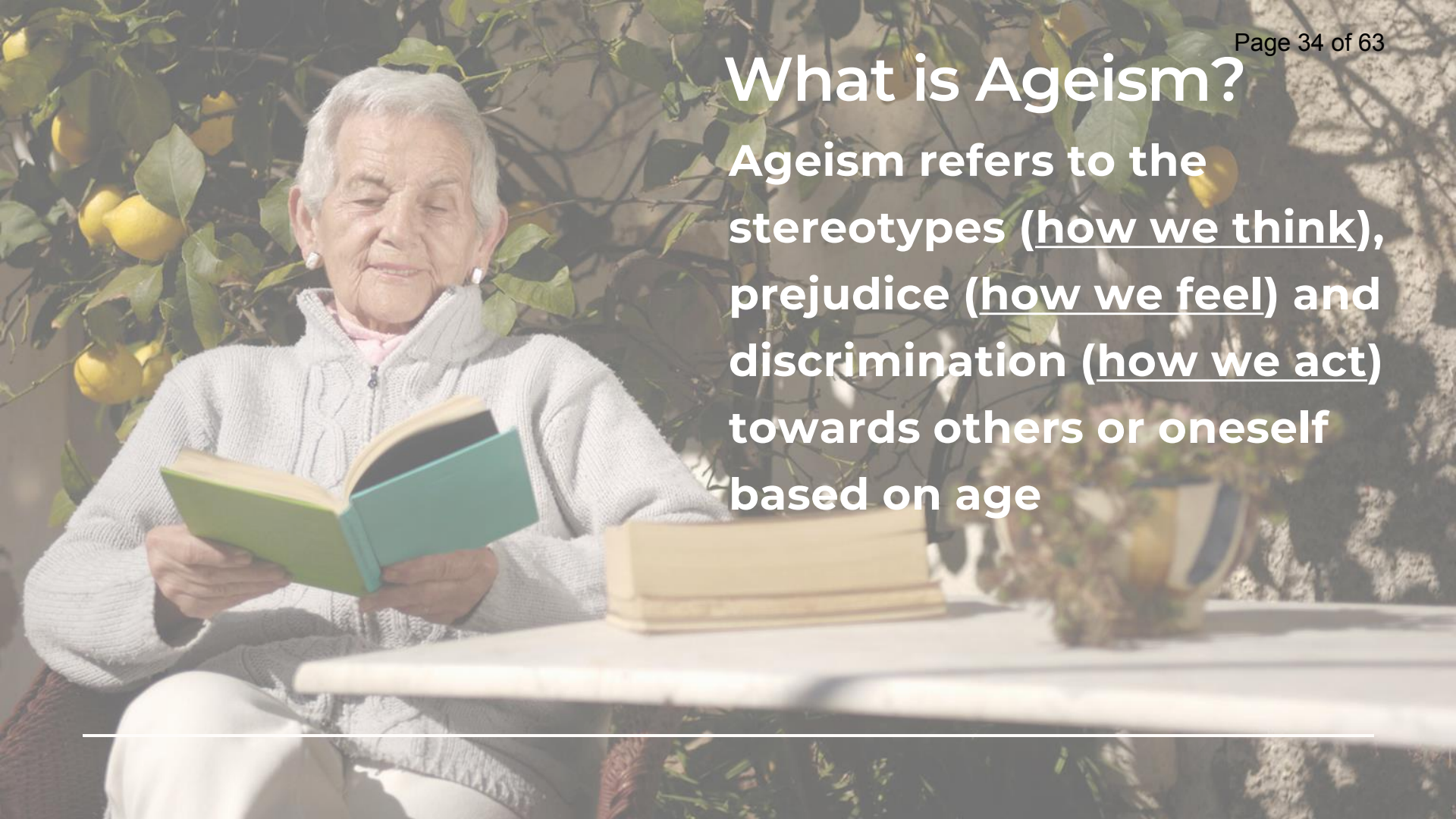


Older adults were suffering from elder abuse before the pandemic... dealing with the emotional heart ache, physical pain and financial losses caused by someone they trusted.

The COVID-19 pandemic has however, brought to the forefront many issues we have been addressing for years.

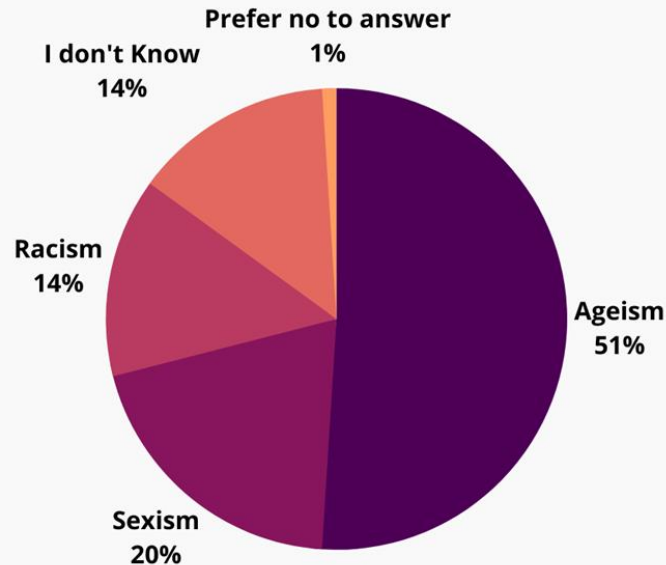
What is Ageism?

Ageism refers to the stereotypes (how we think), prejudice (how we feel) and discrimination (how we act) towards others or oneself based on age

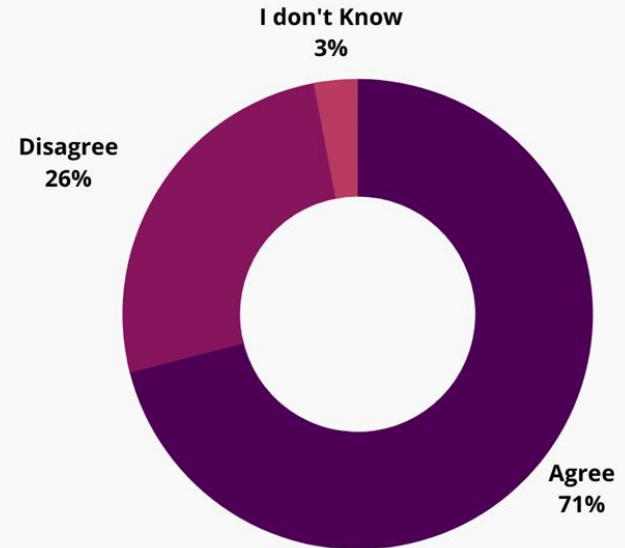


Revera Report - Ageism

WHICH PREJUDICE DO YOU THINK IS THE MOST TOLERATED IN CANADA?



CANADIAN SOCIETY VALUES YOUNGER GENERATIONS MORE THAN OLDER GENERATIONS



Investigating the connection between ageism and elder mistreatment

Pillemer, K., Burnes, D. & MacNeil, A. Investigating the connection between ageism and elder mistreatment *NatAging* 1, 159–164 (2021). <https://doi.org/10.1038/s43587-021-00032-8>

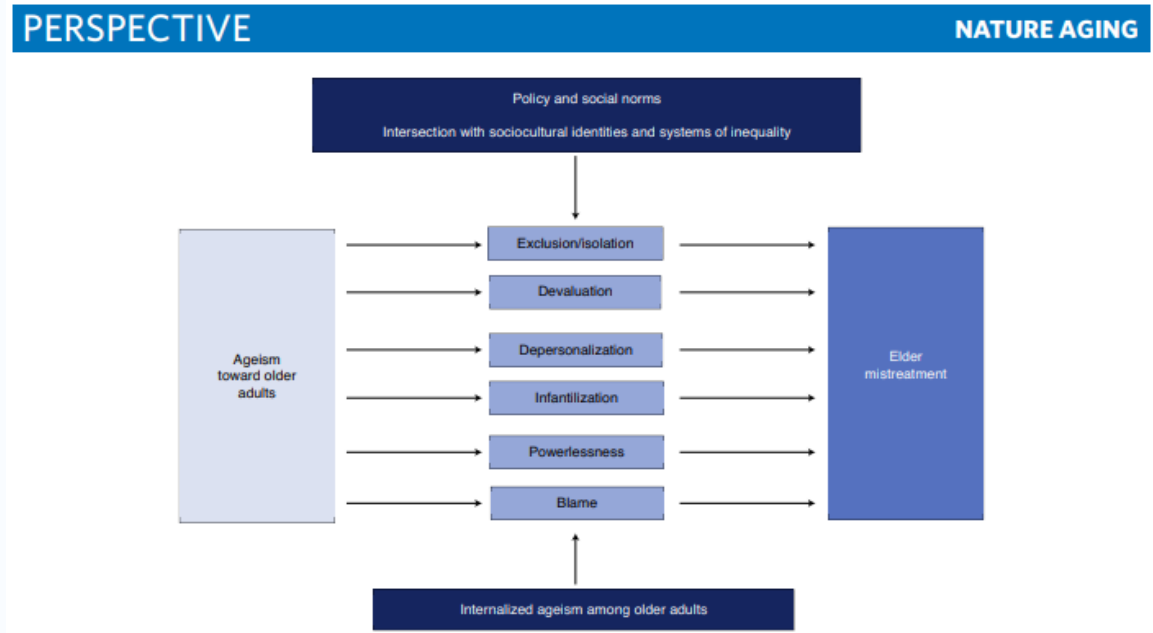


Fig. 2 | Conceptual model illustrating pathways through which ageism leads to elder mistreatment. A conceptual model to guide future research on the relationship between ageism and elder mistreatment.



FEDERAL/PROVINCIAL/TERRITORIAL MINISTERS RESPONSIBLE FOR SENIORS

Welcome

to the FPT Ministers Responsible for Seniors Forum

Consultations on Ageism



Your participation is voluntary and anonymous



Please avoid sharing personal identifying information



You will **not** be identified during the session or in the report



Please respect the privacy of other participants

We also invite you to complete our **Questionnaire** and **Share Your Story** online:

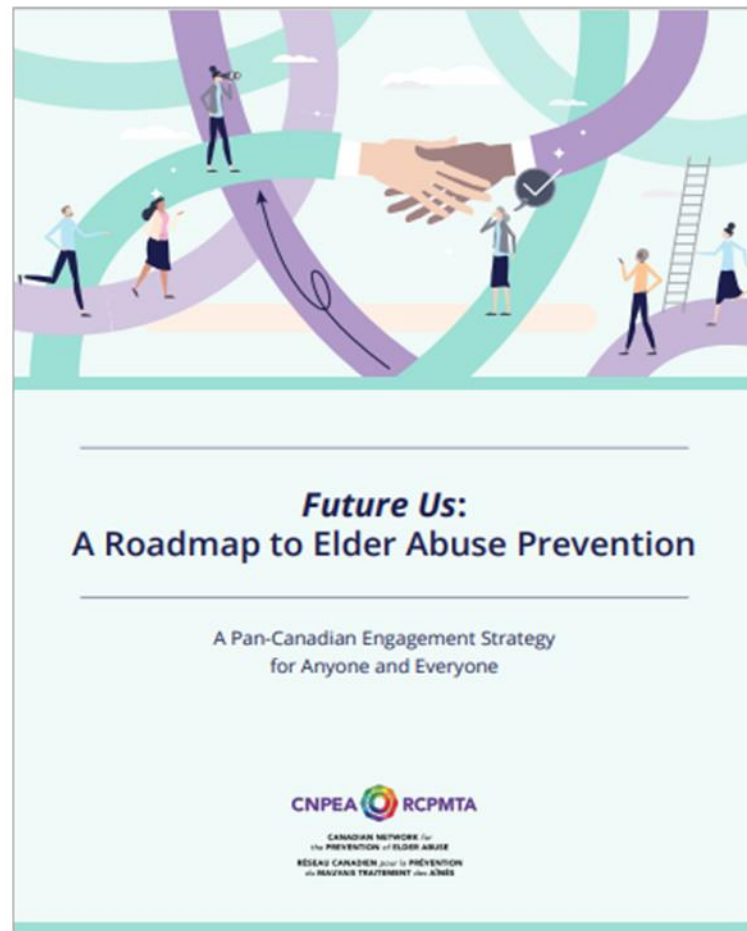
<https://esdc-consultations.canada.ca/ageism-consultation>



Launched on
March 24, 2022

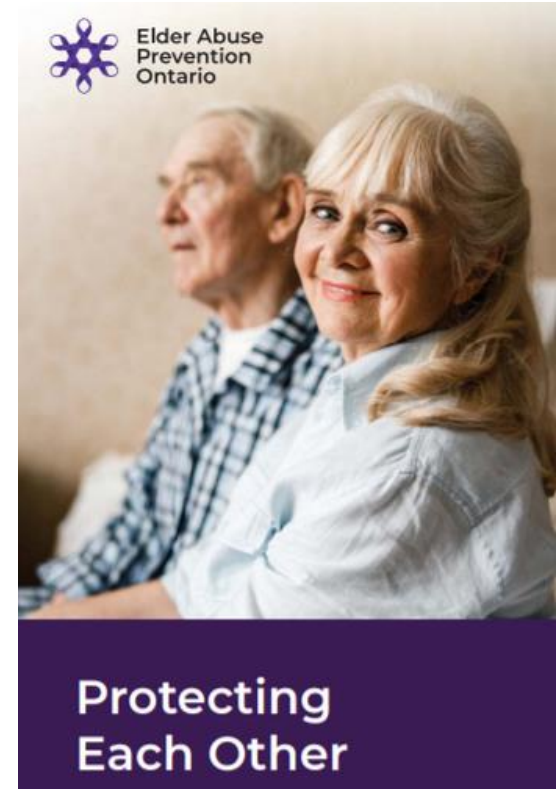
Available at:

www.futureus.cnpea.ca in French and in English



Preventing elder abuse is a shared responsibility

- Stay active and connected
- Maintain regular contact with friends, family and support networks.
- Stay active in the community
- Have your own phone and open your own mail.
- Familiarize yourself with services for seniors.
- Take control of your own decisions and health care.
- Ask for help when you need it.
- If something feels wrong and you think you may be abused, tell someone you trust.



Prevention TIPS:



Plan for your future and communicate your wishes

- It is good to plan ahead, while you are independent and mentally capable.
- Establish a Power of Attorney or a Living Will, and advance care planning early.
- Think carefully before making changes to your living situation such as moving in with family or friends or having someone move into your home, especially if they promise to take care of you.
- Seek alternative options for care beyond family members.

Advocate for your rights

- If you are not satisfied with care services you receive, voice the challenges ,place a complaint if necessary.
- Educate yourself about your rights and the signs of elder abuse.
- Report abuse when you see it.

Search for Elder Abuse Services

This directory is designed to help you connect to government and community-based health and social services across Ontario. You can search for support by entering a keyword or choose a topic to find services in a specific area or city in Ontario.

This information is **provided by 211 Ontario** and their directory is always being updated. If you do not see your agency or organization listed or you want to suggest an update [please contact 211 directly](#).



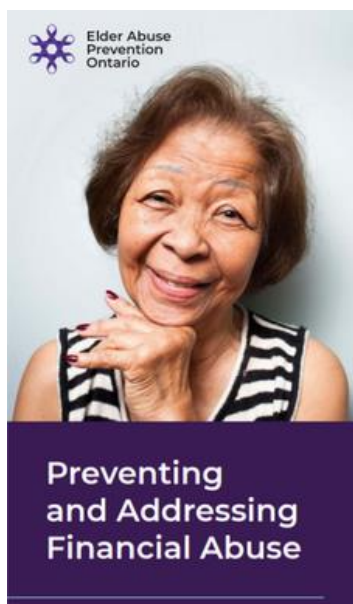
Search by Topic or Keyword

You can search by our topic list or enter a keyword to search for resources.

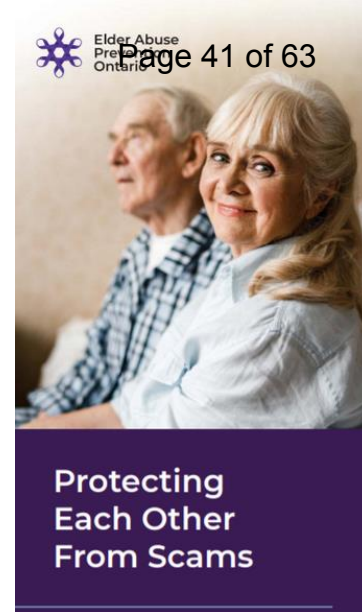
Topic Search Keyword Search

Choose a Topic

Select a topic below to view subtopics.



Preventing
and Addressing
Financial Abuse



Protecting
Each Other
From Scams

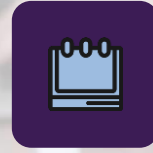


Stop Abuse. Restore Respect

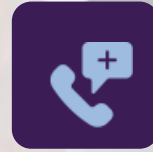


EAPO'S OUTREACH & RESOURCES

Take advantage
of the tools available.



Social media channels



Information and Referral



Website and Zoom
platforms



Tools and Resources



Customized Training and
Education



Keep Connected

Page 43 of 63

Sheila Schuehlein

Prevention Consultant
sschuehlein@eapon.ca
T. 807-355-5194

HEAD OFFICE
Phone: 416-916-6728



@EAPreventionON

Thank
you



Senior Advisory Committee
Housing Working Group
Proposal for Extreme Heat Mitigation

If this committee is agreeable, we should recommend the City of Hamilton advocate to address the growing health concerns and the environmental concerns of heat mitigation in regard to its effects on the public's health and on the environment through the use of fossil fuels.

Whereas, the Ontario Human Rights Commission [OHRC] has issued a statement on human rights, extreme heat waves and air conditioning as of August 19th, 2022 stating that while under the Residential Tenancy Act, 2006 [RTA], tenants have access to vital services such as heat, hot and cold water, electricity and fuel [such as natural gas], it does not include air conditioning.

Whereas, the OHRC has stated this current RTA puts at risk many Ontarians, such as people with disabilities, older people and low income, youngsters under the age of 4, Indigenous, Black and racialized communities from protection from extreme heat. People with disabilities, older adults and children under the age of 4 years are at most risk for heat illness and death. This leaves many Ontarians without protection from extreme heat.

Whereas, the OHRC calls on the provincial government to include air conditioning as a vital service under RTA regulations and to establish a provincial maximum temperature to ensure that vulnerable Code-protected tenants are protected against threat of eviction for using safely installed cooling units.

Whereas, at the Federal level, Canada has committed to reaching net-zero emissions by 2050 [Paris Agreement] and to cut emissions of methane by at least 30% below 2020 levels by 2030 [Global Methane Pledge].

Whereas there is a growing trend across Canada to ban heat from fossil fuels with some cities setting target dates to ban fossil fuel use to reach zero-emissions [Vancouver 2025] as well as some provinces already making it illegal to replace existing furnaces with fossil burning fuels to reach near-zero emissions and drastically cut methane [Quebec].

Whereas the City of Hamilton committed to plans for transforming buildings to low carbon emitting and has prioritized a 13 Climate Change Impact Adaption Plan, one being to help vulnerable populations from experiencing climate related risks of extreme heat and cold.

Whereas heating residences with fossil fuels create 85% of Greenhouse Gas emissions mainly from natural gas that is itself 95% methane gas.

Whereas, the City of Hamilton has already officially approved to seek a FCM grant to design a Home Efficiency Retrofit Opportunity Program [HERO] for Hamilton that will allow for homeowner to get a low interest loan to make quality of life and energy conservation improvements to their homes that they would not otherwise be able to afford. This program is ready to launch soon.

Whereas the City of Hamilton has already become the owner of the world's largest residential building retrofitted to Passiv House standards. The Ken Soble CityHousing Hamilton building has achieved 94% reduction of greenhouse gas emissions and 91% reduction in heating energy demand to support resident health and climate resilience. This building uses heat pumps to heat

and cool apartment units. CityHousing Hamilton is a true model for addressing extreme heat and housing crises.

Therefore be it resolved that: This committee recommends the City of Hamilton advocate to the Government of Ontario to change the building code to make heat pumps [heat and cooling units] and electrification mandatory in all new building and retrofit housing.

and,

The City of Hamilton should expand the extreme heat interventions to other CityHousing facilities and to low income rental units in the near future as per those already put in place by the Extreme Heat Working Group in 181 Jackson St. W., 200 Jackson St W., 191 Main St., and 95 Hess St.

To All Local Hamilton Organizations/Stakeholders,

On Wednesday October 5th, 2022, the Advisory Committee for Persons with Disability is hosting a major interactive event on the Forecourt surrounding City Hall. We are calling it ACPD's Accessibility Fair 2022 and the theme is "Ability First". It is from 11:00AM to 3:30PM

We cordially invite your organization to set up an informational table at the event and provide education to the public in attendance about what your organization does and how it affects or is affected by, persons with disabilities. The event should also provide a forum for you to converse with other like-minded groups. We are currently not allowed to sell product even for fundraising purposes.

Our interactive events are aimed at providing a fun or informative experience for all citizens of Hamilton whether they have a disability or not. We are planning to have various mobility device obstacle courses and other activities that highlight some of the difficulties we face. We are having the Steel City Wheelers perform a square dancing demonstration. We are talking to Mobility device providers about teaching of new equipment, or demonstrating how to properly maintain a mobility device. We are setting up a "Chair Wash" so people can get a quick wipe down of their device and maybe a quick tune up.

Do you have some ideas for an interactive activity? Please let us know as soon as possible and we will see what we can do to support your event. We also welcome you to send this release to other people and organizations you think may be interested in attending our event or setting up a station.

We will have a conventional bus and a DARTS bus on site so able bodied people can try to board them with mobility devices and perhaps understand why we need the space we do. It will also provide an opportunity for people with mobility devices to try to board both vehicles so they can experiment in a safe environment.

We look forward to hearing from you and know that together, we can make this event a success. Advertising and website will be available as soon as it is approved by Council. When it goes live, we invite you to provide a small bio of your organization, along with a logo if you would like to provide one, and we will list you on our Participants page. Website address is acpdaccessibilityfair2022.ca.

Please take a few moments to fill out the [Stakeholder Application Form](#).

For more information, please contact the event organizer or the person that sent you this release. Event organizer can be reached at the following email addresses.

We can also be reached through the Clerk's office at clerk@hamilton.ca

Sincerely,

James Kemp

Event Organizer

jamesmpkemp@hotmail.com

Webmaster

info@acpdaccessibilityfair2022.ca

City of Hamilton Senior Advisory Committee

2018-2022 Achievements

MISSION STATEMENT

The Seniors Advisory Committee (SAC) shall be a credible communication vehicle regarding the quality of life for all seniors in the City of Hamilton. It will provide a forum for consumers and deliverers of seniors' services and facilities to identify issues, explore possible remedies, and work to implement them.

COMMITTEE COMPOSITION

SAC is comprised of 19 citizens who have various backgrounds, experiences and interests. During this term five members either resigned or were removed from the committee for not attending three or more consecutive meetings without notifying the chair. By the end of this term, City Council selected and invited five new members to join the committee.

MONTHLY MEETING ACTIVITY

Total Meetings

- 33 meetings were held between November 2018 and June 2022
- No meetings were held from April to September 2020 due to the COVID-19 pandemic
- SAC does not usually meet in July and August but did in 2019

Attendance

- Average of 15 members at each monthly meeting

Delegations/Presentations

- Received two delegations in total
- Received 29 presentations in total

Motions

- Submitted 15 to Emergency and Community Services Committee

AGE-FRIENDLY HAMILTON

Like *Hamilton's Plan for an Age-Friendly City* (2014), SAC is also a key partner with the City of Hamilton and Hamilton Council on Aging in the development, governance and implementation of *Hamilton's Plan for an Age-Friendly Community* (2021-2026).

WORKING COMMITTEES

SAC has membership on several external committees which include:

Age-Friendly Governance Committee

Age-Friendly Collaborative Committee

Seniors Kick-off Event

International Day of Older Persons

McMaster Institute for Research on Aging

Ontario Health Coalition

Our Future Hamilton

Senior of the Year Awards

WORKING GROUPS

SAC has four active working groups who meet monthly and are comprised of several SAC committee members including a chair for each. The majority of their work is aligned with the recommendations in *Hamilton's Plan for an Age-Friendly Community (2021-2026)* and will be described in more detail under their achievements. The working groups include:

- ✓ Communications
- ✓ Elder Abuse
- ✓ Housing
- ✓ Getting Around Hamilton

2018-2022 Achievements

Communications Working Group

- **SAC Brochure-** Revised the committee's brochure to help promote the mission and work of SAC at events for seniors, including the 2022 Seniors Kick-off event.
- **Communications Plan-** Initiated support from the City's Communications Department to develop a communications plan. A presentation to SAC was facilitated by the Director of Communications where he described the role of the Communications Department and what they can and cannot do to support advisory committees.

- **New City of Hamilton Website-** Collaborated with the City's Communications and Web Departments by providing feedback about the City's new website, more specifically the landing page dedicated to seniors' resources.

Elder Abuse Working Group

- **Hamilton Police Services (HPS)-** In collaboration with a Senior Support Officer from HPS, reviewed the Elder Abuse section of HPS's website and deemed it user-friendly. HPS also added a link under the Community Resources section titled "Beware Take Care", a safety brochure for seniors. In addition, collaborated with a Senior Support Officer from HPS to develop a video on Elder Abuse. This video along with placemats containing tips on recognizing Elder Abuse and contact numbers were distributed to various seniors' housing buildings.
- **Presentation-** A member of SAC and this working group prepared and facilitated a presentation about Elder Abuse to SAC.
- **Elder Abuse Ontario-** To gain a better understanding about Elder Abuse and the rise during the COVID-19 pandemic, a presentation was facilitated to this working group and the larger SAC committee by a representative from Elder Abuse Ontario.
- **Catholic Family Services-** Another presentation was facilitated to this working group and the larger SAC committee by a representative from Catholic Family Services to learn more about their Intensive Case Management for Seniors at Risk Program.

Housing Working Group

- **Secondary Dwelling Units-** Brought forward a motion to Emergency & Community Services Committee to support the concept of secondary dwelling units on a single-family lot.
- **Heat Mitigation-** Investigated heat mitigation and heat mitigation by-laws:
 - Attended two webinars hosted by Environment Hamilton titled "Heat is on...Challenges and Solutions".
 - Met with staff from the City's Public Health Services, Air Quality & Climate Change for the City of Hamilton
 - Met with staff from staff from the Bay Area Climate Change Council
 - Met with staff from Neighbour to Neighbour's Family Services area
 - Met with staff in development with City Housing Hamilton and their Extreme Heat Working Group
 - Reviewed Hamilton's Climate Science Report
 - Reviewed the City's Cooling Centres
 - Reviewed Home Energy Retro Opportunities (HERO)
 - Reviewed Hamilton's Community Safety & Well-Being Plan
 - Reviewed Hamilton's Emergency Response Plan

- **Housing Guide for Older Adults-** Beginning stages of revising and updating the guide, “Housing Options for Older Adults” which was originally developed by SAC in 2014.

Getting Around Working Group

- **Underserved Areas-** A SAC member facilitated a presentation to City Council on “Transportation Options in Underserved Areas of Hamilton”.
- **Let’s Get Walking Workshops-** As a partner on this project, SAC submitted a motion to Emergency & Community Services Committee to provide \$500 support to the Hamilton Council on Aging to help with promoting the workshops, which was approved by City Council.
- **Vision Zero-** A resolution was passed stating that SAC would like to commend the City of Hamilton and Hamilton Police Services for their education campaign targeting fast drivers, which is a part of the Vision Zero Action Plan. Also, that they continue to take actions including the installation of red-light cameras.
- **Snow Removal-** A motion was submitted to Emergency & Community Services Committee requesting that snow be removed by the City of Hamilton on all City owned sidewalks beginning the Winter of 2021/2022. City Council approved the removal of snow from sidewalks on the main corridors beginning the Winter of 2022/2023.
- **E-scooters-** A motion was submitted to Emergency & Community Services Committee stating that SAC does not support the implementation of E-scooters in Hamilton as this type of mobility device can be unsafe and costly to maintain due to the life of the battery to operate. City Council directed staff to report to SAC on a quarterly basis regarding the E-scooter program.
- **Adaptive Bike Share Program-** A motion was submitted to Emergency & Community Services Committee to support this program and to include a subsidy option for low income seniors.

Additional Achievements

- Annual funding support for the International Day of Older Persons, Seniors Kick-off event and Senior of the Year Awards
- Sponsored two SAC members to virtually attend the 2021 International Federation of Aging Conference that was followed by a report submitted by the members.
- Participation and Presentation at the 2021 City of Hamilton All Advisory Committee meeting.

- Motion and letter to Emergency & Community Services Committee thanking all staff at Macassa and Wentworth Lodges for their hard work and dedication during the COVID-19 pandemic.
- Motion to Emergency & Community Services Committee requesting that City Council mandate all staff at Macassa and Wentworth Lodges to be fully vaccinated to ensure the vulnerable seniors they serve are protected.
- Motion to Emergency & Community Services Committee requesting that City Council send correspondence to the Ministry of Health & Long-Term Care to undertake comprehensive inspections of all long-term care homes and ensure recommendations for changes are implemented.
- Motion to Emergency & Community Services Committee requesting that City Council forward the motion to the Hamilton Police Services Board regarding the regular inspection of long-term care homes.

CITY OF HAMILTON

2023

ADVISORY COMMITTEES

BUDGET SUBMISSION FORM

SENIOR ADVISORY COMMITTEE

PART A: General Information

ADVISORY COMMITTEE MEMBERS:

Penelope Petrie	Kamal Jain
David Broom	Noor Nizam
Marian Toth	Maureen McKeating
Marjorie Wahlman	Dahlia Pet grave
Carolann Fernandes	Sarah Shallwani
Anne Elliot	Barry Spinner
Aref Alshaihahmed	Kathryn Wakeman
Sheryl Boblin	Alexander Huang
Steve Benson	Tom Manzuk
Peter Lesser	

MANDATE:

The Seniors Advisory Committee is a Council mandated advisory committee of the City of Hamilton. To be a credible communication vehicle that will reflect and translate the ongoing needs that affects the quality of life for all older persons. It will provide a forum for consumers and deliverers of services and facilities to identify issues, explore possible remedies, and work to implement them.

PART B: Strategic Planning

STRATEGIC OBJECTIVES:

- To assist Council in decision making as it pertains to senior’s issues in Hamilton.
- To respond and advocate concerns affecting policies, services and facilities for seniors delivered by and funded by all levels of government.
- To promote and disseminate all decisions relating to access, the provision of services programs and facilities for seniors in the City of Hamilton.
- To liaise with other organized groups when there are matters of mutual concerns.
- To promote and advocate, wherever appropriate, the concept of healthy aging by encouraging improved and responsive programs and services in a timely fashion.

ALIGNMENT WITH CORPORATE GOALS:

Please check off which Council approved Strategic Commitments your Advisory Committee supports			
1) Community Engagement & Participation	X	2) Economic Prosperity & Growth	X
3) Healthy & Safe Communities	X	4) Clean & Green	X
5) Built Environment & Infrastructure	X	6) Culture & Diversity	X
7) Our People & Performance			

PART C: Budget Request

INCIDENTAL COSTS:

Monthly meeting expenses (photocopying, refreshments, committee member parking), postage, and gifts for committee members who resign or who are on an approved sick leave (limit of \$25 per member).	\$1,500.00
SUB TOTAL	\$1,500.00

SPECIAL EVENT/PROJECT COSTS:

Support for seniors related events (International Day of the Older Person, Seniors Month Kick-off Event, Senior of the Year Award, etcetera, as well as advertising and promotional items for participation at events for seniors.	\$1,500.00
SUB TOTAL	\$1,500.00

TOTAL COSTS	\$ 3,000.00
--------------------	------------------------

Funding from Advisory Committee Reserve (only available to Advisory Committees with reserve balances)	\$N/A
--	--------------

TOTAL 2023 BUDGET REQUEST	\$ 3,000.00
PREVIOUS YEAR (2022) APPROVED BUDGET (2022 Request \$)	\$2,500.00

CERTIFICATION:

Please note that this document is a request for a Budget from the City of Hamilton Operating budget. The submission of this document does not guarantee the requested budget amount. Please have a representative sign and date the document below.

Representative's Name: **Penelope Petrie, Chair**

Signature:

Date:

Telephone #:

City of Hamilton Senior Advisory Committee Committee Recruitment 2022 - 2026 Roles & Responsibilities of New Members

Mission Statement

The Seniors Advisory Committee shall be a credible communication vehicle regarding the quality of life for all seniors in the City of Hamilton. It will provide a forum for consumers and deliverers of seniors' services and facilities to identify issues, explore possible remedies, and work to implement them.

Values

The Committee believes that all seniors should have multiple opportunities for healthy ageing, and a full range of supports to assist them.

Mandate

The Senior Advisory Committee is empowered by City Council and is responsible to City Council for its activities; it reports to City Council, on issues and concerns pertaining to seniors in Hamilton, through the Emergency & Community Services Committee.

Committee Members Roles and Responsibilities:

The members of the Senior Advisory Committee responsibilities include, but are not limited to the following:

- Attend and actively participate in monthly meetings and notify the Chair if unable to attend a meeting.
- Members who are absent for three (3) consecutive meetings, without advanced notification, could and/or may be asked to resign from the committee.
- Demonstrate leadership in action through participation in events and activities.
- Form working groups, from within the Senior Advisory Committee membership, to deal with specific issues as they arise or to work on projects related to the well-being of seniors.
- Examine and advise on issues brought forward by members of the community including businesses, residents, education sector, local organizations and special interest groups.
- Provide input and advise to Council and City staff on issues related to seniors and on the implementation of Hamilton's Age-Friendly Plan.
- Act as an ambassador for seniors and participate in seniors-related events in Hamilton, i.e. International Day of Older Persons, Seniors Kick-off, Senior of the Year Awards.
- Read agendas and minutes prior to meetings and keep well informed of committee projects.
- Liaise with City Councillors to keep them informed of Senior Advisory Committee projects.

Membership Composition

The Senior Advisory Committee is comprised of two (2) members of Council and up to 19 citizen members. Committee members will serve a four (4) year term, to coincide with the term of Council. Meetings are typically held between 10:00 am to 12:00 pm on the 1st Friday of each month, or at the call of the Chair. A Chair and Vice-Chair will be elected and/or appointed by the voting membership of the committee.

Committee Leadership

The various positions within the Committee and the specific responsibilities associated with each are as follows:

Committee Chair:

Plays a leadership role in planning and coordinating the committee's work. The Chair is responsible for maintaining order and decorum during meetings and generally ensuring that the committee work proceeds smoothly in conjunction with the committee's work plan.

Elected by the committee members, the Chair shall:

- Preside at committee meetings and make sure meetings run smoothly by establishing meeting guidelines, involving all committee members in discussions and resolving conflicts.
- With the Vice Chair and the staff liaison, assist with the preparation of meeting agendas and familiarize themselves with agenda items prior to each meeting.
- Ensure the committee complies with procedural By-laws and operational policies.
- Maintain contact with working groups, helping them to stay on track and providing any additional support to accomplish their assigned goals.
- Build a sense of collaboration, creativity, and team ownership between Committee members.
- Represent the Senior Advisory Committee at public functions.

Vice-Chair:

Elected by the committee members, the Vice-Chair shall:

- Support the Chair in the responsibilities and activities listed above.
- With the Chair and staff liaison, assist with the preparation of meeting agendas and familiarize themselves with agenda items prior to each meeting.
- In the absence of the Chair at Committee meetings or events, the Vice-Chair will fulfill the obligations and responsibilities of the Chair.

Staff Liaison:

A City of Hamilton staff member will be assigned to support the ongoing functions of the Senior Advisory Committee and will:

- Record decisions and other proceedings at each meeting without note or comment.

- Keep an accurate set of minutes for each meeting.
- Keep an up-to-date membership/contact list.
- Distribute minutes and agendas to members and notifying them of upcoming meetings.
- Assisting the Chair and Vice Chair with preparing the agenda, providing advice on meeting procedure, reference materials and information retrieved from the records.
- Coordinate, develop and deliver the Orientation Session for committee members at the beginning of the term.
- Provide technical advice from the Healthy & Safe Communities Department for the preparation of discussion materials, reports, correspondence, etc.
- Arrange for presentations from City staff, community members or external stakeholders on topics relevant to seniors.
- Liaise with City staff for advice and information required by the committee, including procedural advice from the Legislative Coordinator in the Office of the City Clerk.
- Arrange for printing of agendas, minutes, reference material and distribution required by the Committee
- Arrange for the booking of the meeting room.
- Coordinate the annual review of the Committee's Terms of Reference, Roles and Responsibilities, Work Plan and Budget Request to City Council.
- Arrange for parking passes and bike parking access, if required.
- Forward notices of resignation to the Legislative Coordinator for inclusion in the appropriate Emergency and Community Services Committee agenda.

Qualifications

Members of the Senior Advisory Committee are expected to possess the following qualifications, experience, and abilities:

- An interest, passion, or desire to improve the quality of life for seniors living in Hamilton.
- Demonstrated tact, diplomacy and a commitment to reducing barriers to participation, access or inclusion on the basis of race, ethnicity, ancestry, citizenship/immigration status, country of origin, religion, gender, sexual or gender orientation, ability, health status, receipt of public assistance, political affiliation, record of offences, level of literacy, mental health status, age, socio-economic class, type of housing, neighbourhood of residence, language, family status, or any other personal characteristics.
- Shall reside in the City of Hamilton and have an interest in seniors-related issues.
- It is preferable to have at least one member residing in each ward and that the committee reflect the diversity of the City of Hamilton on the basis described above.