



**City of Hamilton**  
**SENIORS ADVISORY COMMITTEE**  
**AGENDA**

**Meeting #:** 23-05  
**Date:** May 5, 2023  
**Time:** 10:00 a.m.  
**Location:** YouTube Channel Streaming for Virtual Meetings

All electronic meetings can be viewed at:  
City's YouTube Channel:  
<https://www.youtube.com/user/InsideCityofHamilton>

Lisa Maychak, Senior Manager, Age-Friendly City (905) 546-2424 ext. 1721

---

**Pages**

**1. CEREMONIAL ACTIVITIES**

1.1 Land Acknowledgement

*"The City of Hamilton is situated upon the traditional territories of the Erie, Neutral, Huron-Wendat, Haudenosaunee and Mississaugas. This land is covered by the Dish With One Spoon Wampum Belt Covenant, which was an agreement between the Haudenosaunee and Anishinaabek to share and care for the resources around the Great Lakes. We further acknowledge that this land is covered by the Between the Lakes Purchase, 1792, between the Crown and the Mississaugas of the Credit First Nation."*

*Today, the City of Hamilton is home to many Indigenous people from across Turtle Island (North America) and we recognize that we must do more to learn about the rich history of this land so that we can better understand our roles as residents, neighbours, partners and caretakers."*

**2. APPROVAL OF AGENDA**

(Added Items, if applicable, will be noted with \*)

2.1 May 5, 2023

**3. DECLARATIONS OF INTEREST**

**4. APPROVAL OF MINUTES OF PREVIOUS MEETING**

4.1 April 14, 2023

5

**5. COMMUNICATIONS**

**6. DELEGATION REQUESTS**

**7. CONSENT ITEMS**

**8. PUBLIC HEARINGS / DELEGATIONS**

**9. STAFF PRESENTATIONS**

9.1 Dana Simpson, Victorian Order of Nurses

9.2 Hamilton Immigration Partnership Council (HIPC), Greg Tedesco and Sandi Bell

**10. DISCUSSION ITEMS**

10.1 Working Groups

10.1.a Getting Around Hamilton Working Group

10.1.b Elder Abuse Working Group

10.1.c Housing Working Group

10.1.d Communications Working Group

10.2 Working Committees

10.2.a Age-Friendly Plan Governance

10.2.b Senior Kick Off Event

10.2.c International Day of Older Persons

10.2.d McMaster Institute of Research

10.2.e McMaster Institute of Research

10.2.f Ontario Health Coalition

- Member C. Fernandes will continue to send out communication to members through L. Maychak.

10.2.g Our Future Hamilton

10.2.h Senior of the Year Award

**11. MOTIONS**

**12. NOTICES OF MOTION**

**13. GENERAL INFORMATION / OTHER BUSINESS**

13.1 June 2, 2023 meeting

13.2 July and August meetings

**14. PRIVATE AND CONFIDENTIAL**

**15. ADJOURNMENT**





## Hamilton

### **Seniors Advisory Committee**

**April 14, 2023**

**Minutes 23-004**

**10:00am**

**Due to the COVID-19 and the Closure of City Hall**

**All electronic meetings can be viewed at:**

**City's YouTube Channel**

**<https://www.youtube.com/user/InsideCityofHamilton>**

---

#### **In Attendance:**

Penelope Petrie (Chair), Marian Toth, David Broom, Alexander Huang, Marjorie Wahlman, Aref Alshaikhahmed, Barry Spinner, Carolann Fernandes, Peter Lesser, Kamal Jain, Maureen McKeating

#### **Also, in Attendance:**

Lisa Maychak, Project Manager, Healthy & Safe Communities Department  
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities Department

#### **Absent with Regrets:**

Councilor T. Jackson, Ann Elliott, Sheryl Boblin

#### **Absent:**

Steve Benson, Noor Nizam

---

### **1. CEREMONIAL ACTIVITIES (Item 1)**

(i) Land Acknowledgement presented by P. Lesser

A. Alshaikhahmed as volunteered to read the Land Acknowledgement at the next meeting.

### **2. APPROVAL OF AGENDA (Item 2)**

Addition of resignation of K. Wakeman to the agenda. (Item 13.3)

Member A. Huang asked to add Hamilton Health Coalition to the agenda. (Item 13.4)

Recognition of T. Manzuk (Item 13.5)

#### **(M. Wahlman/D. Broom)**

That the Seniors Advisory Committee approves the April 14, 2023 agenda, as amended

**CARRIED****3. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)****(P. Lesser/M. Wahlman)**

That the Seniors Advisory Committee approves the March 3, 2023 minutes, as presented.

**CARRIED****4. DISCUSSION ITEMS (Item 10)****(i) Working Groups (Item 10.1)****(B. Spinner/A. Huang)**

That the following updates be received:

**(a) Getting Around Hamilton Working Group**

There are no updates from this working group.

**(b) Elder Abuse Working Group**

A. Alshaikhahmed stated that this working group was unable to hold a March meeting and the next meeting has been booked for Friday April 21, 2023

**(c) Housing Working Group**

M. Toth indicated this working group had Courtney Levac of Housing Help Centre attend and gave the group an extensive overview of the variety of different financial supports available to citizens across the lower city of Hamilton. Financial supports on the Hamilton mountain is managed by Neighbour to Neighbour. It was noted that forty percent of their clients are seniors. L. Maychak will send an invitation to City staff responsible for snow clearing to attend a future Senior Advisory Committee (SAC) meeting to present what they are required to do and allow for concerns from the committee to be addressed.

**(d) Communications Working Group**

D. Broom stated a draft questionnaire has been developed by this working group to find out if the needs of seniors in the community are being met and how seniors can be better served. The working group is hoping to take this questionnaire to the Seniors Kickoff event being held on June 20 and distribute to participants. The next meeting for the group will be held on April 20, 2023.

**CARRIED**

(ii) **Working Committees (Item 10.2)**

**(B. Spinner/A. Huang)**

That the following updates be received:

**(a) Age Friendly Plan - Governance Committee**

P. Petrie reported that this committee is currently reviewing roles for goal champions. An invitation for an Age Friendly Networking event taking place on April 19, 2023 from 2:30-4pm at Sackville was extended to all SAC members.

**(b) Seniors Kick-off Event**

L. Maychak stated that the event will take place on June 20, 2023 at Sackville Hill Recreation Centre. Name tags for SAC members to be created for the event. Members that can volunteer to support this event to advise L. Maychak.

**(M. McKeating/P. Lesser)**

That the creation of name tags for the Seniors Advisory Committee be approved, so that members can wear them when attending community events.

**CARRIED****(c) International Day of Older Persons Committee**

There are no updates from this committee.

**(d) McMaster Institute for Research on Aging**

There are no updates from this committee.

**(e) Ontario Health Coalition**

Member C. Fernandes will continue to send the committee email updates through L. Maychak.

**(f) Our Future Hamilton Update**

There are no updates from this committee.

**(g) Senior of the Year Award**

L. Maychak stated that the nomination phase will launch the third week of April through various forms of communications. The deadline is the end of June. The event will take place October 24, 2023 at Michelangelo's. For any questions regarding nominations or members willing to participate as a judge, to reach out to L. Maychak.

**5. GENERAL INFORMATION / OTHER BUSINESS (Item 13)****(i) Dundas Seniors Fair**

Senior's Wellness Fair to occur on June 8, 2023. L. Maychak will have an Age-Friendly perspective table. SAC members interested in helping at this event are to email L. Maychak. SAC has agreed they are not interested in supporting this event as a sponsor.

**(ii) Review of Procedural Handbook for Citizen Appointees to City of Hamilton Local Boards**

L. Maychak reviewed the Procedural Handbook with members of SAC. There were no concerns or feedback. Question from P. Petrie if SAC can have a logo. L. Maychak indicated they can but will be required to obtain approval from City Council.



**(iii) Resignation of Senior Advisory member K. Wakeman**

**(M. Wahlman/D. Broom)**

That the resignation of K. Wakeman from the Senior's Advisory Committee, be received.

**CARRIED**

**(iv) Hamilton Health Coalition**

The Hamilton Health Coalition is seeking volunteers to facilitate voting booths for a citizen's referendum vote to take place on May 26-27, 2023. Any advisory committee member interested in volunteering to contact A. Huang.

**(v) Recognition of Senior Advisory member T. Manzuk**

The Senior Advisory Committee collectively recognized all the contribution's member T. Manzuk made to this committee during his time. L. Maychak to send a card on behalf of the committee acknowledging his contributions.

**(vi) June meeting in person**

L. Maychak to send out communication to members to inquire availability if June's meeting to be held in person.

**6. ADJOURNMENT (Item 15)**

**(M.Wahlman/D. Broom)**

That the Seniors Advisory Committee be adjourned at 11:42 am.

**CARRIED**