

Notes from Flip Chart paper, CFSSC December 2013 Meeting

Page 1, Policies we would like to work on

Support for community food centres

Work more urgently on food strategy

Get endorsement of the food charter

Better funding for the CFSSC or a parallel base community organization

Raise the rates!

Link the four pillars: Health, Access / Society, Environment, Jobs/economic viability

Existing local producers' access to local fruit/veg/products as ingredients

We need mandatory legislation to improve quality of processed foods (i.e. sodium levels)

Page 2, Issues to address a Sustainable Food System

Honest discussion about eco/environmental impact of different options (local farms, urban ag, etc.) and strategies to address gaps (i.e. is local item actually less impact than import?)

Economic sustainability of food sector jobs and strategies for incorporating it (i.e. how can you make a sustainable living with urban ag or community food programs?)

Compost "pipeline" for food waste. Back to farms, close the cycle. I agree, food waste needs to be topic! YES!

Make the link between our food system and environmental impacts

Make an economic case for a more environmentally responsible food system

Local food distribution systems and marketing to support these desired results

Most food manufacturers are NOT Canadian owned.

Most process foods now imported (i.e. canned fruit! And we live in fruit belt)

Bulk of ingredients (fresh and other) are imported – food processes in Canada have limited or NO access to fruit – all goes to retail market.

Page 3 Issues to address a just food system

Low incomes, make household food security an income security issue

Support food as a right > have it reflected in policy

Use food programs to advocate – help charities and non-profits avoid fear of activism and advocacy and work through CRA guidelines. Food to push social justice and rights to income, housing etc.

Have convo about justice for people working in food system.

Increase Diversity by providing a platform for hearing people's stories (Bottom up format)

Eliminate food banks, more money for OW, ODSP

Remember the inclusion of new immigrants for just food system

Multi-lingual or cultural food access guides

Page 4 Issues to address a healthy food system

Student food – municipal funding for SNP? other support and visibility

Or provincial funding for student school feeding

Urban intensification as means of farmland preservation – how to enable it

Support the transition of Hamilton Market – ensure the right changes happen for city's stakeholders

A "Hamilton Grown" local food designation/label (the province is investigating best practices/models right now)

Funding/ pushing the Food Strategy to move forward

Making a City-wide local food festival

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Follow up on policy implementation

Page 6, Food literacy

Integrate into student nutrition/food programs

Bring Farm to School education to higher grades (e.g. not just kindergarten) consistently across HW schools with *fair compensation to farmers*

Fair compensation to farmers (4 agree)

Mandate school gardens and school learning kitchens

Support / promote The Great Big Crunch to more schools in Hamilton (include farmers market in this event)

Collabs amongst food programs to take cohesive, easy to understand programming to schools. (again how can the Hamilton Farmers' Market be part of reaching schools with this information?)

Community Food Centres, communal kitchens

Food Centric events, publications and online tools

Page 7, Other Stuff

Communications: Find our local food celebrity (in time to include them in our event promo an potentially political "action") or organization/sponsor

Suggestions?

- Linda Rourke (cable 14)
- Tom Wilson
- Salerno Dairy
- Jamie Oliver/local food advocate/Sobeys
- Mark Farrugia from La Piazza

A renewed communications project/platform, picking up where our "Hamilton Food Matters" efforts were left