integrative healthcare and medical aesthetics

17 April 2014

Bob Bratina, Mayor City of Hamilton

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Email: mayor@hamilton.ca

Dear Mayor Bratina,

Naturopathic Medicine Week (NMW) takes place from May 12-18, 2014 nationally. As a resident and a practicing naturopathic doctor who provides primary care in the city of Hamilton, I am requesting your support through a declaration in Council of Naturopathic Medicine Week.

Naturopathic Medicine Week honours naturopathic doctors who are on the forefront of health and preventive medicine across the country. Today, an ever increasing number of people are seeking and benefiting from naturopathic medical care. In Ontario last year, there were more than 650,000 estimated patient visits to naturopathic doctors.

Through the use of science-and-evidence-based, natural and conventional therapies, naturopathic doctors treat the root cause of disease and address preventable risk factors. In my practice at Lococo Wellness Clinic, we focus on treating cancer, women's health, autoimmune disease, gastrointestinal disorders, food sensitivities, hormone imbalances, fibromyalgia, chronic fatigue syndrome, etc. Our treatments include intravenous vitamin therapy (high dose vitamin C for cancer, IV for Parkinson's disease, etc.), acupuncture, nutrition, botanical medicine, homeopathy and laboratory testing.

A primary focus of naturopathic doctors is management and prevention of chronic diseases, which account for 55% of Ontario's healthcare costs. More than 80% of Ontario adults over 45 suffer from one or more chronic diseases, many of which are preventable.

During NMW, naturopathic doctors across the province will be conducting free healthy living seminars and educational workshops in a number of venues including their own clinics. In our community I will be offering an open house on Monday, 12 May from 12pm to 4pm, including free 15-minute consultations with our Naturopathic Doctors, a draw for a supplement package, and complimentary refreshments. I encourage you to visit us or participate in one of the many local events taking place. It's a great opportunity to meet naturopathic doctors and residents in our area, and learn more about healthy living, disease prevention and the naturopathic approach to health and wellness.

Thank you again for your consideration of my request. I look forward to your positive response and can be reached at 905-692-8500 or drlococo@lococowellnessclinic.ca.

In Health,

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