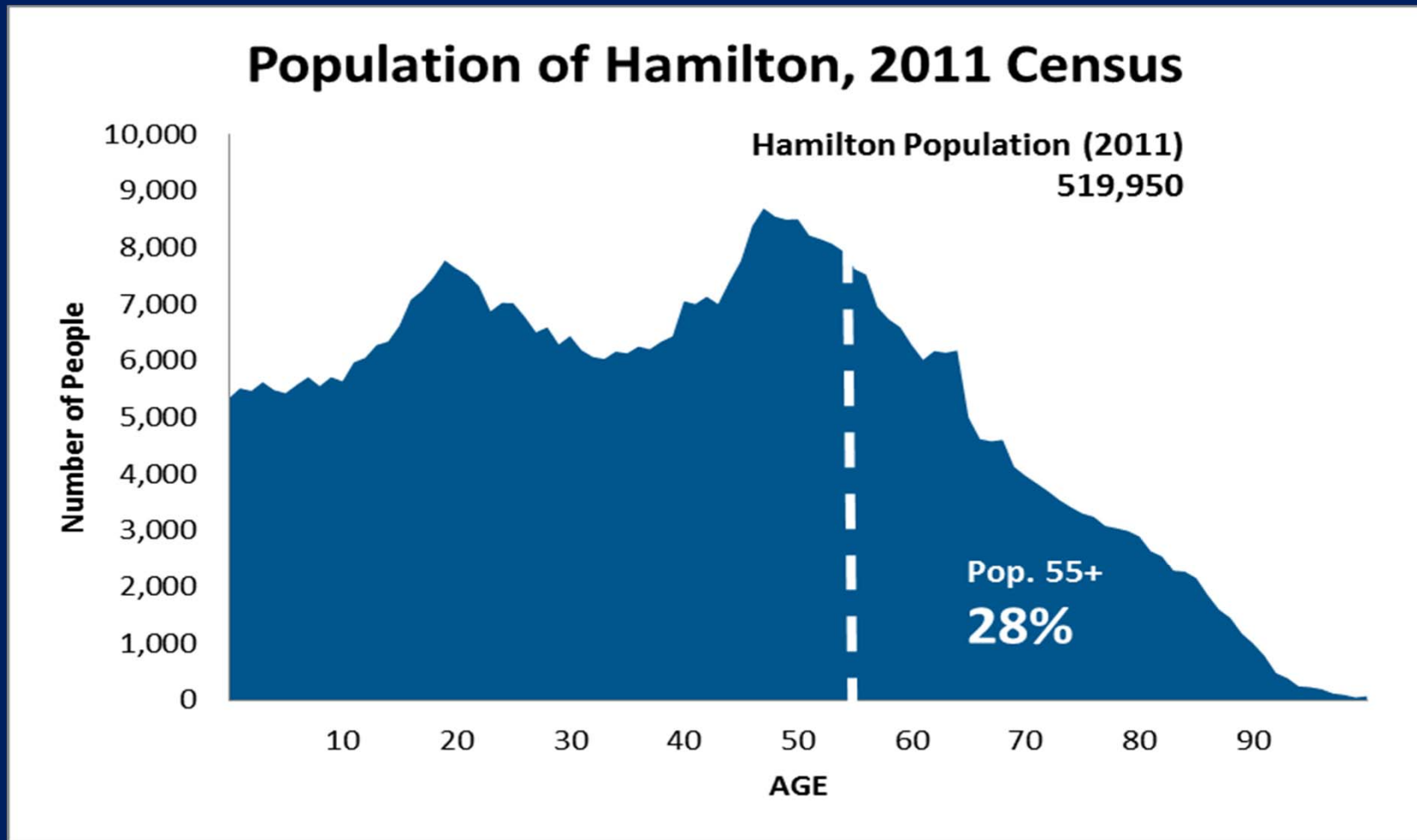


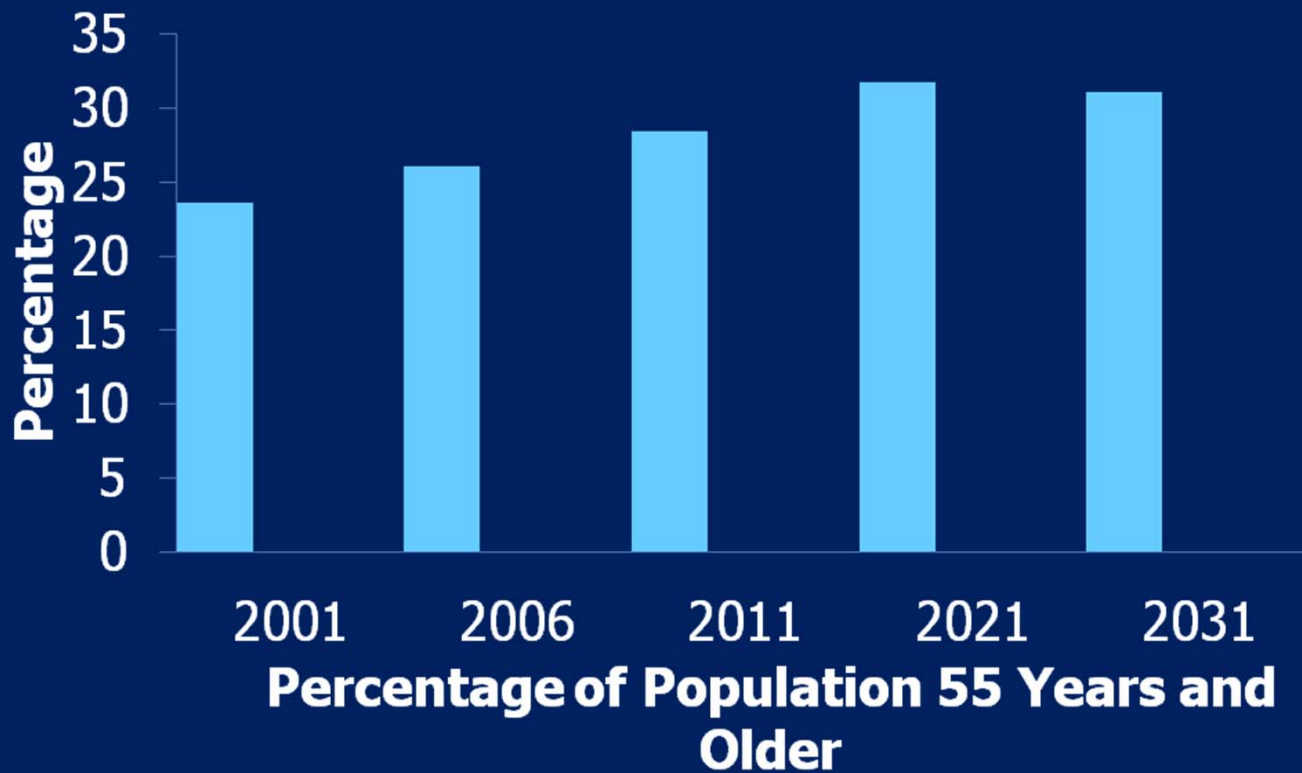
Hamilton's Plan for an Age-Friendly City

Dr. Margaret Denton
Vice President, Hamilton Council on Aging
& Professor Emeritus, McMaster University

Population of Hamilton is Aging



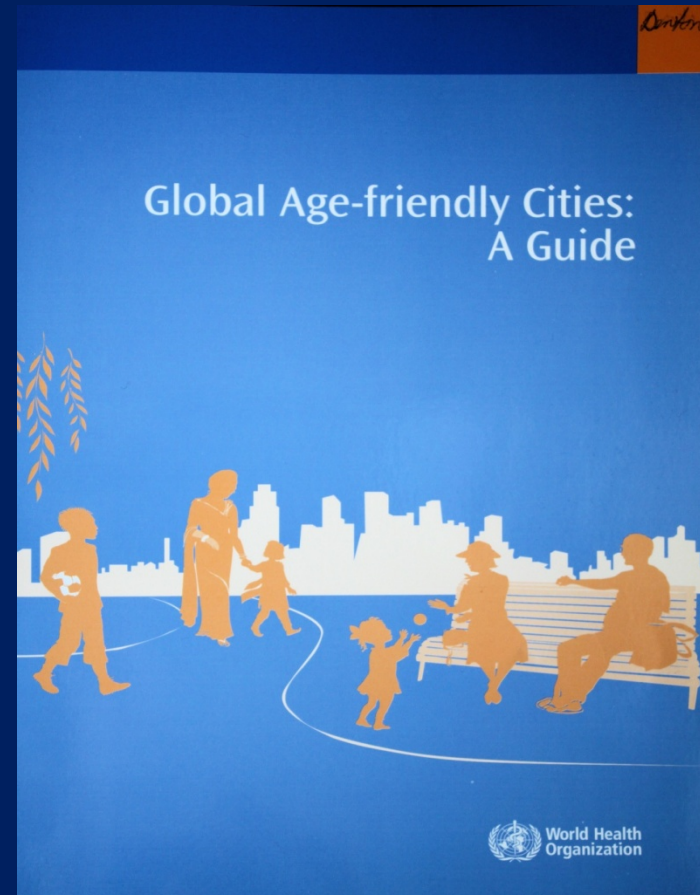
Percentage of Population 55 Years and Older (Actual and Forecasted)



WHO Response to an Aging Population

Age-Friendly Cities & Communities (AFC)

- AFC is an effective local policy approach for responding to demographic aging.
- “Age-friendly communities establish policies, programs, services and infrastructure that supports the physical and social environments designed to enable older people to live in safety, enjoyment, good health and well-being while continuing to participate in society in meaningful ways.” (WHO, 2007)



HCoA

**Hamilton Council
on Aging**

*Educating.
Advocating.
Improving life
for older adults.*

Hamilton: A City for ALL Ages




Led by a volunteer board of directors, complemented by program staff, and sub-committees of community partners and volunteers working together towards the common vision of an Age-Friendly Hamilton since 2008

Four Steps to an Age-friendly City (WHO, 2007)

1. Planning –

- Define Principles
- Assess Need
- Develop a Plan




Older Adult
Plan is the
Route to an
A-F City

2. Implementation

3. Evaluation

4. Continual Improvement

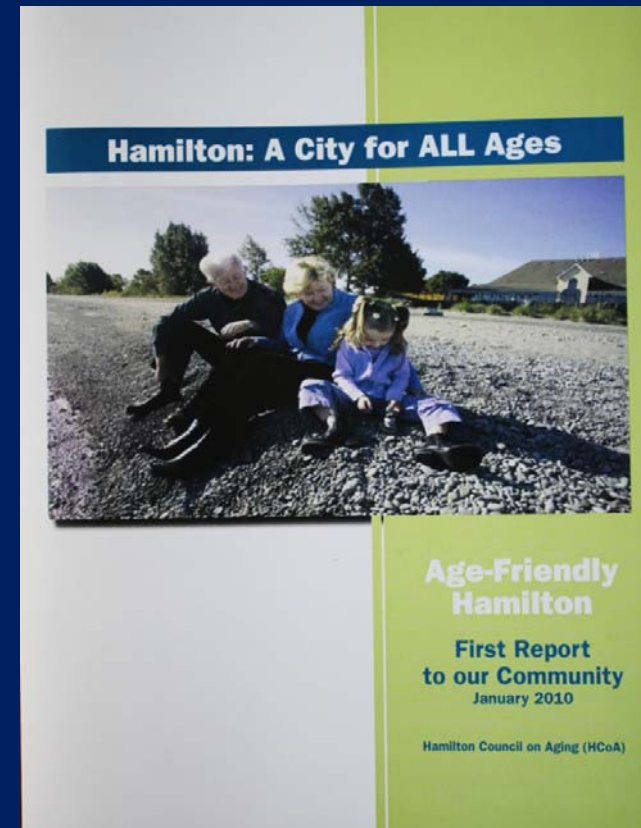


900 Communities
in Canada working
on A-F

Hamilton: A City for ALL Ages

With support from the
Ontario Trillium Foundation
(2008-2010)

- Used Vancouver Protocol
- 15 focus groups with 130 older adults in Hamilton
- 92 recommendations to make Hamilton age-friendly
- Endorsed by City of Hamilton, February 12, 2009



A-F Hamilton Collaborative 2010- 2014

To engage the community in A-F planning

Chair: Margaret Denton

Staff: Shelagh Kiely & Denise O' Connor

HCoA Board: Susan Goodman, Mae Radford (ex officio)

Members:

United Way (Angela Dawe)

SPRC (Don Jaffery)

SAC (Jean Mayo, Penelope Petrie)

City of Hamilton

Community Services (Jane Soldera, Vicki Woodcox)

Hamilton: A City for ALL Ages: Three Years On

(with support from the Ontario Trillium Foundation 2011-2013)

March 31, 2013

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Hamilton: A City for ALL Ages

Three Years On

A Status Report on Actions Taken to Improve the Aging Experience of Hamilton's Older Adults



April 2013

Hamilton Council on Aging (HCoA)

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HCoA | Educating. Advocating. Improving life for older adults. 4

Steering Committee (2014)

To guide the development of an A-F Plan

Chair: Margaret Denton

Staff: Shelagh Kiely & Denise O' Connor

HCoA Board: Susan Goodman, Mae Radford (ex officio)

Members:

United Way (Angela Dawe)

SPRC (Don Jaffery)

City of Hamilton

Community Services (Mark Weingartner, Lead)

SAC (Jean Mayo, Penelope Petrie)

Seniors Recreation (Eleanor Morton)

Accessibility (Maxine Carter)

HCCI (Evelyn Myrie)

YWCA (Denise Doyle)

Hamilton Regional Indian Centre (Susan Barberstock)

"We believe the community is enhanced by the wisdom, experience and participation of older adults."



www.coahamilton.org

Hamilton Council on Aging (HCoA)

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88 Maplewood Avenue
Hamilton, ON L8M 1W9

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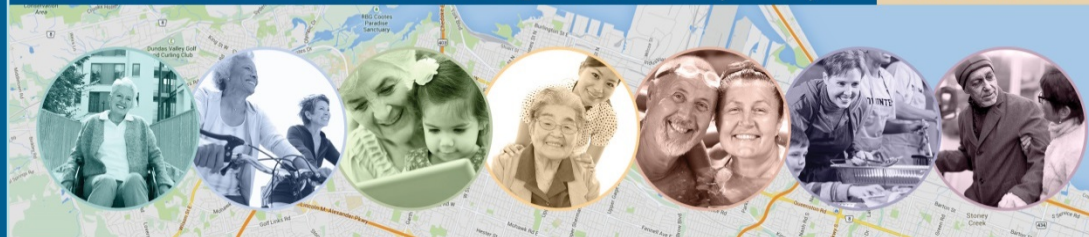
admin@coahamilton.ca



Hamilton

Hamilton's Plan for an Age-Friendly City

FALL 2014



Emergency & Community Services Committee

September 22, 2014

The need for an Age-Friendly Plan

- Population of seniors and older adults expected to almost double in the next 20 years
- Ensures the needs of seniors and older adults are considered when developing policies and delivering services
- An age-friendly city means a better city for all

Definitions

Older Adult

- Refers to a stage of life
- Includes people in their mid-fifties and older

Senior

- Refers exclusively to people 65+



Research, engagement and consultation

- WHO Age-friendly Cities initiative
- Research and best practices in public policy and aging
- Existing corporate policy frameworks
- Other municipal older adult/age-friendly plans
- What we heard from:
 - Older adults
 - Community stakeholders
 - City staff



- Stakeholders (100)
 - Service providers, health care professionals, policy makers, researchers, leaders in the field of aging
- City staff (48)
 - Management and front line
- Older adults (550)
 - 6 public consultations, focus groups and small group discussions, on-line survey
 - Includes 10 ethno-cultural communities





Vision

All residents of Hamilton are respected and included in community life regardless of age, ethnicity, race, gender, ability and background; policy and planning engages residents, reflects diversity, fosters social connectivity and the opportunity for active living and to age in place. Social connectivity links people to each other, place and services thus advancing health and well-being, while increasing the city's social capital.



Hamilton

Hamilton's Plan for an Age-Friendly City





GOAL 1 – Housing

Everyone should have a place to live. People are supported in ways that make sense for their unique circumstances with a full range of housing options in their neighbourhoods.



GOAL 2 – Getting around Greater Hamilton

The City's transportation systems, urban design and physical infrastructure enable people to participate in community life as they choose, as well as age in their community.



Hamilton



GOAL 3 – Communication & Information

Older adults have access to information and systems that are better connected, and are able to influence and design the type of information systems they need; customer service and way-finding are intentional and responsive to individual needs and capacities.



Hamilton



GOAL 4 – Health & Community Services

Older adults have access to a wide range of supports and services that allow them to remain in their homes and attend to their health and personal needs. Aging in community is eased by good urban design, appropriate housing, and the support of family and community.



Hamilton



GOAL 5 – Social Participation: Recreation, Learning, Arts & Culture

Social engagement opportunities are welcoming and reflect the diverse interests and preferences of older adults in the community, and are available in a variety of formats.



Hamilton



GOAL 6 – Civic Engagement, Volunteerism & Employment

Hamilton's vibrant civic life includes meaningful roles for older people as leaders, influencers, employees and volunteers.



GOAL 7 – Age-Friendly Public Service

Leaders in all City of Hamilton departments will champion age-friendly strategies in their scope of authority and practice, and in partnership with the community.



Hamilton

Summary of Recommendations

- Develop a detailed implementation plan
 - Identify timeframes
 - Identify resources
 - Develop evaluation framework
- Continue to engage stakeholders & provide regular updates
- Continue partnering with HCoA
- Request \$50,000 through 2015 Capital Budget
- Apply to WHO Network of Age-friendly Cities