



Site offers opportunity for trail connection between Woodward Avenue and the Red Hill Valley Trail. Cycling lane continues north. After ~550m it intersects two trails: one that loops back around to the Red Hill Valley Trail (no name), and the proposed CN Rail Trail.

Proposed secondary node. Would include fitness area and entrance sign.

a - e See Evaluation Matrix

Opportunity
Constraint
Neutral

Possible Fitness Trail

- Location #1
- Location #2

Legend:

- McQuesten Urban Farm
- Existing Trail
- Existing Bikeway
- Proposed Bikeway
- Sidewalk
- Park
- Natural Open Space
- City Owned Land
- Property Line

Scale 1:2,000

0 20 40 60 80 100 m

McQuesten Neighbourhood Urban Fitness Trail Opportunities and Constraints

Existing path is sufficient for pedestrian use Fitness Trail, but is not wide enough for urban farm vehicles.

30 ft (9.14m) Buffer

77 ft (23.5m) Buffer

24 ft (7.32m) Buffer

Private property owners may not want trail behind their property.

Buffers are narrow. Need path wide enough for vehicle access (3m). may not leave enough space for exercise nodes. Narrow space more suitable for single, smaller pieces of fitness equipment, or for equipment-free exercise stations (may create maintenance challenge).

Some concern over traffic conflict on interior paths; urban farm vehicles and machinery could be dangerous for pedestrians

Buffers could accommodate trail. Fitness trail could help promote the urban farm and it's activities - dual use. This would allow multiple community groups to access the space.

Opportunity to connect Urban fitness trail to Hillcrest Park Pathways and Red Hill Valley Trail.

Hillcrest Park connects to Red Hill Valley Trail, which then connects to the Proposed CN Rail Trail and the trail segment that loops around to Woodward Ave.

Possible re-alignment of laneway; would increase continuous area available for node and provide urban farm vehicle access.

Proposed primary node. Would include gathering space and fitness area. Visible; internal to two institutional land uses; easily accessible actively or passively (by vehicle).

Not a viable operation if urban farm gets smaller; should remain the same size.

Placing fitness equipment near higher density housing will benefit those with less space to work out at home.

Natural starting point for trail

Placing fitness equipment near existing children's equipment could encourage parents to exercise while their kids play, but could also deter non-parents.

Intersections could act as good locations for fitness equipment nodes. May get more use due to higher traffic, especially from the Red Hill Valley Trail.

Opportunity for connection to Redhill Valley Trail.

Placing fitness equipment within Hillcrest Park will not interfere with Urban Farm site operations.

Possible fitness trail location but may have visibility issues. Not easily patrolled by police.

Criteria	Option A	Option B	Option C	Option D	Option E
	20 Oriole Cres.	Redhill Trail/ Hillcrest Fork	Urban Farm	St. Helens Pathway	Hillcrest Park Pathway
Public Access	3	1	2	2	3
Parking	3	1	2**	2*	3**
Conflict Free	2	3	1	3	2
Available Space	3	3	1	3	2
Safety	3	1	1	1	1
Community Connectivity	3	1	2	3***	2
Trail Connectivity	2	2	2	2	2
Facility Connectivity	3	1	2	3	2
Total	22	13	13	19	17
Scoring: Poor 1 Fair 2 Good 3		* assuming parking available at St. Helen Community Centre (School) ** assuming parking available at St. Peter Yu Roman Catholic Church and small City lot *** based on NAP asset mapping, well connected with community and institutional assets			