



Hamilton

MINUTES: Seniors Advisory Committee
Friday, September 4, 2015 – 10:00 a.m.
Rooms 192/193, Hamilton City Hall

Present: Deirdre Chartrand, Carolann Fernandes, Douglas Fraser, John Kennard, Jeanne Mayo, Vi Morgan, Penelope Petrie, Mary Sinclair, Ron Smithson, Bob Thomson, Marj Wahlman, Emmy Weisz & John Winslow

Regrets: Frank Brodnicki, Lorraine Meloche, Bernice Price, Shirley Robinson, Vicki Woodcox, Councillor Tom Jackson, Cindy Mercanti & Eleanor Morton

Also

Present: Mike Richards, Maxine Carter & Deb Thomas – Corporate Services (Customer Service, Access & Equity)
Mark Weingartner, Lisa Maychak – Community & Emergency Services (Neighbourhood & Community Initiatives)
Cathy Kohler for Eleanor Morton – Community & Emergency Services (Recreation)
Liz Conti – Public Health Services (Healthy Living)

Guests: John Hawker

1. WELCOME & INTRODUCTIONS

Chair, Ron Smithson, welcomed everyone.

2. ACCEPTANCE OF AGENDA

(P. Petrie/M. Wahlman)

That the September 4, 2015 Agenda, of the Seniors Advisory Committee meeting be accepted, as presented.

All in favour.

CARRIED.

3. DECLARATION OF INTEREST

None declared.

4. APPROVAL OF MINUTES

4.1 Meeting of June 5, 2015

(M. Wahlman/J. Winslow)

That the June 5, 2015 Minutes of the Seniors Advisory Committee be approved. All in favour. **CARRIED.**

5. PRESENTATIONS

None.

6. BUSINESS/DISCUSSION

6.1 Business Arising From Previous Minutes (Action Items)

- a)** E. Morton to provide update regarding refresher bike courses for seniors – Cathy Kohler responded on Eleanor's behalf. Eleanor has met with Hamilton Police Service P.C. Vaughan Chisholm. Before proceeding with setting up a Bike Safety Program, it was suggested we look into the number of people who would be interested as there is a lot of work involved. Penelope Petrie suggested putting up a sign-up sheet in the Recreation Centres to see if there is an interest.

(P. Petrie/J. Winslow)

That a sign-up sheet be posted in the Recreation Centres to determine if there is enough interest to proceed with a Bike Safety Program (refresher) for seniors.
All in favour. **CARRIED.**

Cathy Kohler brought the new "55+ Program Guide" for the Committee members and noted that Sackville is hosting a Health & Safety Strong Wellness Fair for Seniors on September 16. Jeanne Mayo wanted to recognize the work involved to get the book produced.

- b)** At our last meeting, Mary Sinclair noted a new business would be providing delivery of frozen meals. Mary brought copies of the 2015 Spring/Summer "My Menu" (Heart to Home Meals) catalogue. It is an alternate opportunity for seniors to get their meals with a great selection. Emmy Weisz noted that Shalom Village also provides meals but they need to be picked up.

6.2 Committee/Sub-committee Updates

a) Housing Sub-committee (C. Fernandes)

Carolann Fernandes was glad to report that the Housing Booklet is now available. A big thanks to Paul Johnson and Mark Weingartner.

Three hundred copies were printed. If more copies are required, the Committee would need to look at fundraising. A small distribution plan will be decided but the Booklet must go out to the Emergency & Community Service (E&CS) Committee and Council members first. A condensed version is also being considered. Cathy Kohler suggested that maybe a copy could be provided at the Recreation Centres and stay at the Centre as a resource. At a later date, the document will be available on the website.

Mike Richards provided some dates regarding timing to provide the Booklet to E&CS and Council. It was suggested that the Committee members attend the E&CS meeting.

b) Transportation Sub-committee (J. Mayo)

No meeting – no report at this time.

Jeanne Mayo noted that there was a point raised at the last meeting regarding area rating. The Mayor asked that a Committee be struck on transit. It was approved by Council and consultants have been hired. It will be a 25-year vision regarding transit in Hamilton. The examination of area rating will be included. Jeanne will sit on the Steering Committee. Approximately 2,000 letters will be sent to residents requesting if they would like to participate. The first meeting will be October 25. The Steering Committee is expected to provide recommendations sometime in January. More information and an update will be available at the November meeting.

c) ACPD Transportation Sub-committee (M. Sinclair)

No meeting – no report at this time.

d) HHS AODA Committee (M. Sinclair)

No meeting – no report at this time.

e) Older Adult Network (D. Chartrand)

No meeting – no report at this time.

f) Seniors Award Event (L. Maychak)

The event took place in June. Two of our members were recognized as winners: Emmy Weisz (Innovation) and Bob Thomson (Economic Leadership). There were 25 nominees and approximately 500 in attendance with total ticket sales of approximately \$7,500. The entertainment was Latin American. The glass awards were produced by local artist, Kelly Lowe. Bea McDonough was recognized for her contributions.

Some comments noted as follows: would like to see more ethno-cultural in attendance; need more contacts in the ethno-cultural communities to assist in increasing the attendance; possibly have members from the community invited to attend SAC meetings and share their events; look at broadening the contact list; make Recreation Centres aware of events in community and communicate; kudos to Lisa and staff for great event.

g) Age Friendly (M. Weingartner)

Still working on the web page. More information will be available at our next meeting.

7. NEW BUSINESS

7.1 Welcome Back - Liz Conti is back as our representative from Public Health.

7.2 Resignations - Resignations were received from June Noonan and Bill Wright. It was suggested that a card be sent to each of them acknowledging their contributions to the Committee.

(P. Petrie/M. Wahlman)

That the Seniors Advisory Committee accept the resignations of June Noonan and Bill Wright and a card of thanks be sent to each of them. All in favour. **CARRIED.**

7.3 HomeShare Toolkit - Mike Richards noted that if the Committee is interested in pursuing a HomeShare Toolkit for Hamilton then it would need to be approved by the Committee. Ellen Ryan (Dept. of Health, Aging and Society – McMaster University) has offered to attend and speak to the Committee. It was suggested that we invite her to the first meeting available to provide more information before going forward with this initiative.

7.4 Hamilton Bike/Trail Map - The Hamilton Bike/Trail Map was provided to all Committee members. Daryl Bender (Public Works) asked if the Committee would like to see a broader distribution of the maps. Members reviewed and agreed that they were happy with the current distribution list.

7.5 Advisory Committees (Terms of Reference/Roles & Responsibilities) - Maxine Carter provided a brief background for the Committee about Access & Equity prior to the discussion of the Terms of Reference/Roles & Responsibilities for Advisory Committees. Maxine agreed to have the Clerk's report regarding Advisory Committees sent again to SAC members. The call for nominations for new committee members has been delayed while the Clerk's Office is waiting for information to be received back from the Committees.

The Terms of Reference was reviewed but not completed at this meeting.

8. ANNOUNCEMENTS/INFORMATION SHARING

8.1 ATS Performance Report - Report was received for information by the Committee members.

8.2 Hamilton Council on Aging (HCoA) - The AGM will be held at Sackville on Friday, September 18. All are invited.

8.3 Future of Hamilton - Communities in Conversation is a free two-day event on September 18 & 19 bringing Hamilton together to shape the vision for the future of Hamilton and identify how to get there. Go to the City's website to register for the event.

8.4 National Seniors Strategy - An article was provided for information of the members regarding the soaring health care needs of seniors.

9. ADJOURNMENT

The meeting adjourned at 12:10 p.m.

10. NEXT MEETING

Friday, October 2, 2015, 10:00 a.m., Rooms 192/193, City Hall.