

**CITY OF HAMILTON
M O T I O N**

**Audit, Finance &
Administration Committee:
May 19, 2016**

MOVED BY COUNCILLOR A. JOHNSON

SECONDED BY COUNCILLOR

Workplace Mental Health and Wellbeing Strategy – Policy and Progress Updates

WHEREAS, the City of Hamilton recognizes positive mental health improves the quality of lives and is integral to overall health and wellbeing;

WHEREAS, mental illness affects all Canadians at some point in their lifetime, either directly or indirectly through a family member, friend or colleague;

WHEREAS, workplace promotion, prevention and anti-stigma initiatives, training for management and employee assistance programs all have a role to play in improving and maintaining mental health and wellbeing; and,

WHEREAS, the City of Hamilton has developed a Workplace Mental Health Strategy to help our employees achieve optimal mental health and wellbeing;

THEREFORE BE IT RESOLVED:

(a) That staff be directed to develop a policy that will foster workplace practices that support the Workplace Mental Health and Wellbeing Strategy, promote overall health and wellbeing, encourage dialogue and remove stigma associated with mental illness: and,

(b) That staff report back to Council on the progress made on implementing the strategy on a periodic basis.