



BOARD OF HEALTH REPORT 16-006

1:30 p.m.
Monday, June 13, 2016
Council Chambers
Hamilton City Hall

Present: Mayor F. Eisenberger,
Councillors A. Johnson, J. Farr (Deputy Mayor), M. Green,
S. Merulla, T. Jackson, T. Whitehead, D. Skelly, D. Conley, M.
Pearson, B. Johnson, L. Ferguson A. VanderBeek, R. Pasuta and J.
Partridge

Absent with
regrets: C. Collins - Personal

THE BOARD OF HEALTH PRESENTS REPORT 16-006 AND RESPECTFULLY RECOMMENDS:

1. **Public Health Services Response to Syrian Newcomer Health (BOH16032) (City Wide) (Item 5.1)**

That Report BOH16032 respecting Public Health Services Response to Syrian Newcomer Health, be received.

2. **The Health Effects of Sugary Drinks and Hydration (Item 6.1)**

WHEREAS Sugary drinks consumption has lead to an alarming negative health trend and is associated with several chronic diseases, as outlined in the presentation by Heart and Stroke Foundation

THEREFORE BE IT RESOLVED:

That the General Manager of Public Works report back to the Board of Health on the feasibility and associated operating costs of re-installing drinking fountains, including those historically known as “Shorty Greens”, in all City owned parks.

3. Endorsement and Review of the Heart and Stroke Foundation's Position Statement on Sugar (Item 6.1)

That the Board of Health endorse the following recommendations to Municipal Government as found in the Heart and Stroke Foundation's Position Statement on Sugar, and refer them to Public Health Services staff for review and report back to the Board of Health:

- (a) Enable the establishment of Food Policy Councils and Food Charters that promote and develop local policies, programs and strategies related to access of healthy, unprocessed foods;
- (b) Limit the consumption of sugar-loaded beverages through a variety of policies including restricting the portion size to 16 ounces (500 mL) in food service outlets and banning sugar-loaded beverages in public facilities such as recreation centres, hospitals and schools;
- (c) Ensure potable drinking water (in fountains and/or coolers) is accessible to children and adults in commonly used places including parks, public facilities, schools, recreations centres and workplaces as a hydration alternative to sugar-loaded beverages,
- (d) Establish policies and zoning by-laws designed to promote the establishment of grocery stores and other venues (e.g. farmers' markets, community gardens, community kitchens, convenience stores, etc.) that provide affordable access to healthy food, particularly in areas of low availability and restrict accessibility of fast food outlets and convenience stores near schools;
- (e) Support community programs and initiatives that can potentially improve access to healthy food including community gardens, community kitchens, local food distribution networks, community supported agriculture, school meal programs, etc.
- (f) Develop, implement and monitor school food policies that increase access to affordable healthy food and beverages while creasing access to unhealthy choices

4. Hamilton Healthy Kids Community Challenge BOH14007(b) (City Wide) (Item 7.1)

That Report BOH14007(b) respecting the Hamilton Healthy Kids Community Challenge, be received.

5. Healthy Babies, Healthy Children Protocol BOH13010(b) (City Wide) (Item 7.2)

That Report BOH13010(b) respecting the Healthy Babies, Healthy Children Protocol, be received.

6. Child and Adolescent Services Budget (BOH16025) (City Wide) (Item 8.1)

- (a) That the 2016/17 Child and Adolescent Services budget, which is 100% funded by the Ministry of Children and Youth Services, as outlined in the report BOH16025 be approved;
- (b) That the Medical Officer of Health be authorized and directed to receive, utilize and report on the use of these funds.

7. Feasibility of Peanut Restrictions in City Facilities (BOH16024) (City Wide) (Item 8.2)

That Information Report BOH16024 respecting the Feasibility of Peanut Restrictions in City Facilities, be received.

8. Pilot-Project to Eliminate Sales of Products with Peanuts or Tree Nuts in four City of Hamilton Facilities (Item 8.2)

- (a) That staff be directed to implement a one-year pilot project within four City of Hamilton Facilities (locations to be determined) to evaluate the revenue impacts and contractual obligations of substituting current peanut and nut-containing products with those that are free of peanuts or tree nuts;
- (b) That a report be presented to the Board of Health at the conclusion of the one-year pilot project

9. Naloxone on City of Hamilton Fire Trucks and Police Services Vehicles (BOH16015) (City Wide) (Item 8.3)

That Report BOH16015 respecting Naloxone on City of Hamilton Fire Trucks and Police Services Vehicles, be received.

10. Feasibility of expanding the current Public Health Services “Take Home Naloxone” Program (Item 8.3)

(Green/Merulla)

WHEREAS there were 2,500 reported fatalities related to drug overdose in Ontario between 2011-2014, with 116 people saved due to our current “Take Home Naloxone” Program; and

WHEREAS the Canadian Drug Policy Coalition policy brief on Opioid Overdose to the United National Commission on Narcotic Drugs identifies Canada's need for a comprehensive overdose strategy enacted at multiple levels, including municipalities;

THEREFORE BE IT RESOLVED:

- (a) That Public Health Services report back to the Board of Health on the feasibility of expanding the City of Hamilton's existing Take Home Naloxone Program; and
- (b) That the Mayor write a letter in support of expedited approval of Nasal Naloxone Spray to the Federal Minister of Health, the Honourable Jane Philpott.

11. Feasibility of Stock Epinephrine in Recreational Centres (BOH16023) (City Wide) (Item 8.4)

- (a) That Report BOH16023 respecting the Feasibility of Stock Epinephrine in Recreational Centres, be received; and
- (b) That Appendix "A" to Report BOH16023 remain Private and Confidential and restricted from Public Disclosure.

12. Implementation of Epinephrine Auto-Injectors (EAI) in City of Hamilton recreation centres (Item 9.1)

WHEREAS the Medical Officer of Health prepared an information report on the possibility of installing Epinephrine Auto-Injectors (EAI) in 72 City of Hamilton recreation centres; and

WHEREAS the training cost will initially be \$27,500 for staff with "care and control" of a recreation facility; and

WHEREAS the funding costs for the initial purchase of 144 auto injectors will be \$18,720; and

THEREFORE BE IT RESOLVED;

That during the Fall of 2016, Public Health Services and Community and Emergency Services begin implementing the installation of stock Epinephrine Auto-Injectors (EAI) in 72 City of Hamilton recreation centres with training and stock costs funded from DEPTID 211090, Account 56401 and that the Recreation Director include the cost of replacing Epinephrine Auto-Injectors (EAI) in their budget starting in 2018.

13. Planning and Business Improvement Division staffing complement change (BOH16028) (City Wide) (Item 12.1)

- (a) That the Public Health Services complement be adjusted by decreasing 1.0 FTE Business Initiatives Lead position and increasing 1.0 FTE Senior Project Manager, Public Health Services Business and Support Services with no additional levy impact; and
- (b) That Report BOH16028 respecting Public Health Services conversion of Business Initiatives Lead position be released as a public document following approval by City Council.

FOR THE INFORMATION OF THE BOARD OF HEALTH:

(a) CHANGES TO THE AGENDA (Item 1)

The Clerk advised that of the following change to the agenda:

ADDED NOTICE OF MOTION:

10.1 Implementation of Epinephrine Auto-Injectors (EAI) in City of Hamilton recreation centres

The agenda for the June 13, 2016 Board of Health was approved, as amended.

(b) DECLARATIONS OF INTEREST (Item 2)

Councillor B. Johnson declared an interest respecting Item 6.1 regarding the delegation from Lesley James, Heart and Stroke Foundation respecting the health effects of sugary drinks and hydration as her husband works for the Coca-Cola Company.

(c) APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 3)

(i) May 16, 2016 (Item 3.1)

The Minutes of the May 16, 2016 meeting of the Board of Health were approved, as presented.

(d) DELEGATION REQUESTS (Item 4)

(i) Lesley James, Heart and Stroke Foundation respecting the health effects of sugary drinks and hydration (for today's meeting) (Item 4.1)

The delegation request from Lesley James, Heart and Stroke Foundation respecting the health effects of sugary drinks and hydration, was approved for today's meeting.

(e) DELEGATIONS (Item 6)

(i) Lesley James, Heart and Stroke Foundation respecting the health effects of sugary drinks and hydration (Item 6.1)

Lesley James of the Heart and Stroke Foundation addressed the Board with the aid of a PowerPoint presentation. Copies of the Heart and Stroke Foundation's Position Statement on sugar were distributed. A copy of the presentation and the position statement have been added to the public record. Ms. James's comments included, but were not limited to the following:

- The Problem: Chronic disease and obesity are increasing among Canadians
- Sugary drinks are a leading driver of CVD and the obesity epidemic
- Sugary drink consumption
- Heart and Stroke Foundation public awareness campaign
- A 64 Ounce Sugary Drink Has 54 Teaspoons of Sugar
- Changing the environment - Portion size standardization
- The need for portion size standardization
- Disallowing free-refills
- Making water the default
- Examples from other jurisdictions
- Warning labels
- Innovative sugary drink marketing restrictions
- Supportive polling data on sugary drinks
- Action is needed now

The delegation from Lesley James, Heart and Stroke Foundation respecting the health effects of sugary drinks and hydration, was received.

For disposition of this matter, please refer to Items 2 and 3.

(f) PRESENTATIONS (Item 7)

(i) Hamilton Healthy Kids Community Challenge BOH14007(b) (City Wide) (Item 7.1)

Ellen Pezzetta, Director, Healthy Living introduced Joe Curto, Equal Opportunities Consultant from the Hamilton Wentworth Catholic District School Board, (HWCDSB); Kevin Camilleri, Vice Principal of Our Lady of Lourdes School; Sandra Velluto, Teacher from Our Lady of Lourdes Schools; and three Students from Our Lady of Lourdes.

Mr. Curto gave an overview of the Hamilton Healthy Kids Community Challenge interventions happening at Our Lady of Lourdes School. Mr. Curto and the students gave a drumming and movement demonstration to the Board, and invited the Board to participate in the exercise.

Ashley Zecca, Project Manager of the Hamilton Healthy Kids Community Challenge (HKCC) introduce a video presentation respecting the other HHKCC interventions happening at schools in the City.

Ellen P Ellen Pezzetta, Director, Healthy Living, addressed the Board, with an overview of Report BOH14007(b) respecting the Hamilton Healthy Kids Community Challenge.

The presentation on Report BOH14007(b) respecting the Hamilton Healthy Kids Community Challenge, was received.

For disposition on this matter, please refer to Item 4.

(ii) Healthy Babies, Healthy Children Protocol BOH13010(b) (City Wide) (Item 7.2)

Jennifer Vickers Manzin, Director, Family Health Division, addressed the Board and introduced a video presentation respecting Healthy Babies, Healthy Children Protocol BOH13010(b).

The video presentation on Report BOH13010(b) respecting the Healthy Babies, Healthy Children Protocol, was received.

For disposition on this matter, please refer to Item 5.

(g) DISCUSSION ITEMS (Item 8)

(i) Child and Adolescent Services Budget (BOH16025) (City Wide) (Item 8.1)

Jennifer Vickers Manzin, Director, Family Health Division, addressed the Board and gave an overview of Report BOH16025 respecting Child and Adolescent Services Budget.

For disposition on this matter, please refer to Item 6.

(ii) Feasibility of Peanut Restrictions in City Facilities (BOH16024) (City Wide) (Item 8.2)

Dr. Ninh Tran, Associate Medical Officer of Health addressed the Board and gave an overview of Report BOH16024 respecting the Feasibility of Peanut Restrictions in City Facilities.

For disposition of this matter, refer to Items 7 and 8.

The Deputy Mayor assumed the Chair for the remainder of the meeting.

(iii) Naloxone on City of Hamilton Fire Trucks and Police Services Vehicles (BOH16015) (City Wide) (Item 8.3)

Dr. Jessica Hopkins, Associate Medical Officer of Health, addressed the Board and gave an overview of Report BOH16015 respecting Naloxone on City of Hamilton Fire Trucks and Police Services Vehicles.

For disposition of this matter, refer to Items 9 and 10.

(iv) Feasibility of Stock Epinephrine in Recreational Centres (BOH16023) (City Wide) (Item 8.4)

Dr. Ninh Tran, Associate Medical Officer of Health addressed the Board and gave an overview of the Report BOH16023 respecting Feasibility of Stock Epinephrine in Recreational Centres.

For disposition of this matter, refer to Item 11

(h) NOTICE OF MOTION (Item 10)

Councillor Ferguson introduced the following Notice of Motion:

Implementation of Epinephrine Auto-Injectors (EAI) in City of Hamilton recreation centres

WHEREAS the Medical Officer of Health prepared an information report on the possibility of installing Epinephrine Auto-Injectors (EAI) in 72 City of Hamilton recreation centres; and

WHEREAS the training cost will initially be \$27,500 for staff with “care and control” of a recreation facility; and

WHEREAS the funding costs for the initial purchase of 144 auto injectors will be \$18,720; and

THEREFORE BE IT RESOLVED;

That during the Fall of 2016, Public Health Services and Community and Emergency Services begin implementing the installation of stock Epinephrine Auto-Injectors (EAI) in 72 City of Hamilton recreation centres with training and stock costs funded from DEPTID 211090, Account 56401 and that the Recreation Director includes the cost of replacing Epinephrine Auto-Injectors (EAI) in their budget starting in 2018.

That the Rules of Order be waived to allow for the introduction of a motion respecting Implementation of Epinephrine Auto-Injectors (EAI) in City of Hamilton recreation centres.

For disposition of this matter, refer to Item 12.

(i) GENERAL INFORMATION / OTHER BUSINESS (Item 11)

(i) Correspondence from the Ministry of Health & Long-Term Care respecting Proposed Amendments to the Immunization of School Pupils Act (ISPA). (Item 11.1)

The Correspondence from the Ministry of Health & Long-Term Care respecting Proposed Amendments to the Immunization of School Pupils Act (ISPA), was received.

(ii) Correspondence from the Ministry of Health and Long-Term Care respecting Amended Ontario Public Health Standards (OPHS) and related Protocols. (Added Item 11.2)

The Correspondence from the Ministry of Health and Long-Term Care respecting Amended Ontario Public Health Standards (OPHS) and related Protocols, was received and referred to Public Health Services staff for a report to the Board of Health with a summary of the changes within the OPHS and Protocols.

(iii) Correspondence from the Minister of Children and Youth Services to the Medical Officer of Health respecting a Third Party Review of the Healthy Babies, Healthy Children Program. (Added Item 11.3)

The Correspondence from the Minister of Children and Youth Services to the Medical Officer of Health respecting a Third Party Review of the Healthy Babies, Healthy Children Program, was received.

(iv) Correspondence from the Association of Public Health Agencies (alPHa) respecting Environmental Health – Land Use Planning Review. (Item 11.4)

The Correspondence from the Association of Public Health Agencies (alPHa) respecting Environmental Health – Land Use Planning Review, was received and referred to the General Manager of Planning & Economic Development for a report back to Planning & Economic Development that would include Public Health Services consultation and comments.

(j) PRIVATE AND CONFIDENTIAL (Item 12)

(i) Planning and Business Improvement Division Staffing Complement Change (BOH16028) (City Wide) (Item 12.1)

The Board of Health dealt with Report BOH16028 respecting the Planning and Business Improvement Division Staffing Complement Change in Open Session, as discussion in Closed Session was not required.

For disposition of this matter, please refer to Item 13.

(k) ADJOURNMENT (Item 13)

That, there being no further business, the Board of Health be adjourned at 4:31 p.m.

Respectfully submitted,

Mayor F. Eisenberger
Chair, Board of Health

Loren Kolar
Legislative Coordinator
Office of the City Clerk