



7.1(i)



Wednesday August 10, 2016

To City of Hamilton Board of Health Committee,

Regarding Item 7.1 Food Strategy

Hello to all and thank you to the creators and thought leaders involved in aligning the Hamilton Food Strategy to meet the needs of the community so strategically. I wholeheartedly endorse the Hamilton Food Strategy and support all involved moving forward in implementation of the strategy.

Following this comprehensive system-wide strategy is an optimizing opportunity leading the way forward to *transformative wellness for all* addressing modern day problems, connecting us to our best opportunities to *strengthen us as a whole, exponentially!* These achievable actions delivering this vital set of four overarching goals, 14 food system recommendations and 46 food system actions is a work that provides for transparency in our system and multi-factorial efficiencies. Kindness and commitment to healthy food as sustenance, medicine, love, a provider of peace, joy and jobs is built right in!

We need resiliency in our community. Let us build it in with wholehearted commitment to this strategy and implementation. It is my right to be fed and supported in this beautiful community in this way, and it is yours, and it is everyone's. Let us be leaders here providing our citizens in Hamilton, one and all, these strengthening opportunities. It is automatic that we will become healthier for our province, our Canada and our global family.

Honouring what we have built in the rich history of Hamilton's community, food culture and food actions and visualizing these achievable goals embroidered through our greater community socially, environmentally, culturally and healthfully in 2016, 2017, 2018, 2019 ...the tangibility is quite frankly, thrilling.

Let us all do this!

Sincerely,

Nancy Henley

Nancy Henley

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