



## BOARD OF HEALTH REPORT 16-009

1:30 p.m.

**Monday, September 19, 2016  
Council Chambers  
Hamilton City Hall**

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Present: T. Jackson (Deputy Mayor)  
Councillors A. Johnson, J. Farr, M. Green, S. Merulla, C. Collins, D. Skelly, T. Whitehead, D. Conley, M. Pearson, B. Johnson, L. Ferguson, A. VanderBeek, J. Partridge

Absent with  
regrets: Mayor F. Eisenberger and Councillor R. Pasuta – City Business

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### THE BOARD OF HEALTH PRESENTS REPORT 16-009 AND RESPECTFULLY RECOMMENDS:

**1. Infectious Disease and Environmental Health Semi-Annual (BOH16039) (City Wide) (Item 5.1)**

That Report BOH16039 respecting Infectious Disease and Environmental Health Semi-Annual, be received.

**2. Physician Recruitment & Retention Committee Report 16-001 - June 28, 2016 (Item 5.2)**

**(a) Co-location of Solo Family Practices in the Family Health Organization**

That staff be directed to investigate the feasibility of pursuing a program that would provide **provincially funded** incentives and opportunities for the co-location of solo family practices currently in the Family Health Organization model and part of the Hamilton Family Health Team for the purpose of recruitment and retention of family physicians.

That Physician Recruitment & Retention Committee Report 16-001, be approved, as amended.

**3. A Comprehensive Public Health Approach to Drug and Substance Misuse (BOH16035) (Item 7.1)**

That Report BOH16035 respecting A Comprehensive Public Health Approach to Drug and Substance Misuse, be received.

**4. Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana) (BOH16021) (Item 7.2)**

- (a) That the Board of Health support a public health approach to revising the legal framework for recreational cannabis use. This approach combines the public health principles of prevention, harm reduction, treatment and enforcement with strict regulations on the production, distribution, promotion and use of cannabis, with the goal of minimizing the harms from cannabis use;
- (b) That the Board of Health advocate to the federal and provincial governments for strict regulations on cannabis, including the ten recommendations in the Centre for Addiction and Mental Health's Cannabis Policy Framework:
  - Set a minimum age,
  - Limit availability,
  - Curb demand through pricing,
  - Curtail higher-risk products and formulations,
  - Prohibit marketing, advertising and sponsorship,
  - Product information should be clearly displayed,
  - Establish a government monopoly on sales,
  - Address and prevent cannabis-impaired driving,
  - Enhance access to treatment and expand treatment options, and
  - Invest in education and prevention; and
- (c) That the Board of Health share report BOH 16021 – Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana) with the Honourable Prime Minister of Canada, local Members of Parliament, the Premier of Ontario, local Members of Provincial Parliament, Minister of Health and Long-Term Care, Federal Minister of Health, Attorney General, Chief Medical Officer of Health, Association of Municipalities Ontario, Association of Local Public Health Agencies, Ontario Boards of Health, and Ontario Public Health Association.

**5. Supervised Injection Sites: Evidence and Proposed Next Steps (BOH16037) (Item 7.3)**

- (a) That staff be directed to bring a request through the 2017 capital budget process for a needs assessment and feasibility study for one or more supervised injection sites in Hamilton, including but not limited to:
  - (i) Technical and any other data needed to support an application for exemption under the *Controlled Drugs and Substances Act* (e.g., data

on drug use, infectious disease rates and other risk factors, rates of overdose, crime statistics, drug-related litter),

- (ii) Data on potential impact, including potential health, social and community impacts and anticipated cost-effectiveness and/or cost-benefit,
  - (iii) Feedback from stakeholder and community engagement, ***with a greater emphasis on areas that might potentially house a Safe Injection Site,***
  - (iv) Recommendations on whether or not a supervised injection site or sites should be opened in Hamilton, and if a recommendation for one or more supervised injection sites in Hamilton is made, the recommended number of supervised injection sites, geographical location(s), and model type (integrated, standalone, or mobile), and
  - (v) Details of how the requirements for the application process to apply for an exemption under the *Controlled Drugs and Substances Act* will be met;
- (b) That staff be directed to conduct a survey prior to the 2017 budget deliberations to seek general feedback from the Hamilton community on supervised injection sites; and, ***engage and communicate with constituents in those areas that might potentially house a Safe Injection Site, in future; and,***
  - (c) That this report fulfils the request of the motion made at the Board of Health meeting on February 18, 2016 "that staff be asked to report back to the Board of Health on the use and effectiveness of safe injection site programs across the country".

**AMENDMENT CARRIED  
MOTION AS AMENDED**

**6. Sale and Display of Drug Paraphernalia in Convenience Stores Licensed as Food Premises (BOH16022) (Outstanding Business List Item) (Item 8.1)**

That the upcoming Business Licensing By-law 07-170 rewrite will include an amendment banning the visual display and promotion of drug paraphernalia and also prohibiting the sale of these items to anyone under the age of 19 years in convenience stores, licensed as food premises.

**7. Naloxone Expansion Feasibility (BOH16036) (Item 8.2)**

- (a) That staff expand naloxone distribution by increasing staffing by 2.0 FTE outreach workers and 1.0 FTE Public Health Nurse to provide access to naloxone at more program sites. This includes expanding Public Health Services' needle syringe van by four additional hours per day, including a new

eight hour shift on Sundays (32 additional hours per week) with a cost of \$260,956 to be referred to the 2017 operating budget process;

- (b) That Council send a letter to the Ontario Minister of Health and Long-Term Care with copies to the Chief Medical Officer of Health and all Ontario Boards of Health to request adequate financial resources to support the distribution of naloxone, including distribution through provincial detention centres; and,
- (c) That this report fulfils the request of the motion made at the Board of Health meeting on June 13, 2016 that “Public Health Services report back to the Board of Health on the feasibility of expanding the City of Hamilton’s existing Take Home Naloxone Program”.

**8. Secondment of City of Hamilton Alcohol, Drug and Gambling Services Staff to Towards Recovery Clinic (BOH16043) (Item 8.3)**

- (a) That the Board of Health authorize and direct the Medical Officer of Health to receive, utilize and report on funding from the Towards Recovery Clinic for a 0.1 full time equivalent social work position in the Alcohol, Drug & Gambling Services program, and execute a secondment agreement between the City of Hamilton and the Towards Recovery Clinic for a six month pilot project, with a renewal option, satisfactory in form to the City Solicitor; and,
- (b) That the Board of Health authorize and direct the Medical Officer of Health to increase the complement in Alcohol, Drug & Gambling Services program by 0.1 full time equivalent, for the term of the secondment pilot agreement and the time of renewal.

**9. Safer Inhalation Kit Distribution (BOH16038) (City Wide) (Item 8.4)**

That the Board of Health approve the distribution of safer inhalation kits through current Public Health Services Harm Reduction program services.

**10. Correspondence from Peter Boris Centre for Addictions Research, McMaster University respecting Gambling Research Exchange Ontario (GREO) (Item 11.1)**

That Medical Officer of Health be authorized to receive, utilize and report on funding from the Peter Boris Centre for Addictions Research to fund staffing costs for a social worker in the Alcohol, Drug & Gambling Services program, and execute a secondment agreement between the City of Hamilton and the Peter Boris Centre for Addictions Research for 5 months, satisfactory in form to the City Solicitor.

**11. Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Practice and Evident Program Standards Advisory Committee – Highlights #2” (Added Item 11.3)**

That correspondence respecting the Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Practice and Evident Program Standards Advisory Committee – Highlights #2”, be received.

**12. Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Executive Steering Committee September 2016 – Highlights #4” (Added Item 11.4)**

That correspondence respecting the Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Executive Steering Committee September 2016 – Highlights #4”, be received.

**FOR THE INFORMATION OF THE BOARD OF HEALTH:**

**(a) CHANGES TO THE AGENDA (Item 1)**

The Clerk advised the Board of the following changes:

**ADDED GENERAL INFORMATION (Item 11)**

- 11.3 Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Practice and Evident Program Standards Advisory Committee – Highlights #2”

Recommendation: To Be Received

- 11.4 Ministry of Health & Long-Term Care – Public Health Standards, Practice and Accountability Branch “Standards Modernization – Executive Steering Committee September 2016 – Highlights #4”

Recommendation: To Be Received.

The agenda for the September 19, 2016 Board of Health was approved, as amended.

**(b) DECLARATIONS OF INTEREST (Item 2)**

None.

**(c) APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 3)**

**(i) August 11, 2016 (Item 3.1)**

The Minutes of the August 11, 2016 meeting of the Board of Health were approved, as presented.

**(d) CONSENT ITEM (Item 5)**

**(i) Physician Recruitment & Retention Committee Report 16-001 - June 28, 2016 (Item 5.2)**

Jane Walker, Physician Recruitment Specialist, addressed the Board respecting Report 16-001, Physician Recruitment & Retention Committee.

For disposition of this matter, refer to Item 2

**(e) PRESENTATIONS (Item 7)**

**(i) A Comprehensive Public Health Approach to Drug and Substance Misuse (BOH16035) (Item 7.1)**

The Chair introduced the following attendees at the Board of Health:

- Tim McClelland, Executive Director of The AIDS Network
- Dean Waterfield, Director of Housing and Homelessness with Wesley Urban Ministries
- Hamilton Police Services – Deputy Chief Kinsella & Inspector Hennick
- Students from the McMaster Public Health Masters Program

Dr. Jessica Hopkins, Associate Medical Officer of Health, addressed the Board respecting BOH16035, a Comprehensive Public Health Approach to Drug and Substance Misuse, with the aid of a PowerPoint presentation. A copy of the presentation has been included in the public record. Dr. Hopkin's comments included, but were not limited to, the following:

- Outline
  - Drug and substance misuse
  - Four pillars approach
  - How today's BOH reports fit in the approach
- Drug and Substance Misuse
  - The harmful use of drugs or substances for non-medical purposes
  - Harms – individual and community
- Four Pillar approach
  - Prevention – Work of Healthy Living Division

- Harm Reduction – Supervised Injections Sites/Safe inhalation kits/Naloxone
- Treatment – Work of Alcohol, Drug and Gambling Services Program
- Enforcement – Work of Police Services (potentially MLE)
- Comprehensive Approach is Aligned with the Health Impact Pyramid

Councillors acknowledged two participants in the video presentation from Wesley Urban Ministries and congratulated them on their continued sobriety and for their work with others with substance abuse issues.

The Presentation on Report BOH16035 respecting A Comprehensive Public Health Approach to Drug and Substance Misuse, was received.

For disposition of this matter, refer to Item 3.

**(ii) Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana) (BOH16021) (Item 7.2)**

Ellen Pezzetta, Director, Public Health Nurse, introduced Mike DeVillaer, McMaster University Dept. Psychiatry & Behavioural Neurosciences, addressed the Board respecting BOH16021, Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana), with the aid of a PowerPoint presentation. A copy of the presentation has been included in the public record. Mike DeVillaer's comments included, but were not limited to the following:

- Cannabis Legalization in Canada – Why should we be interested?
- Background – Key Points
- Cannabis Related Harm in Ontario
- Give that some people experience harm, why legalize cannabis?
- Status Update
- Regulatory Issues
- Legal Issues
  - Minimum Age
  - Driving & THC Levels
- Possible Industry Models
- Retail Issues
- Packaging
- Product Promotion
- Can promotion, advertising be legally banned?
- Taxation
- Take-home message
  - Cannabis legalization is complex
  - “Getting it right” will take several years
  - Variety of agendas driving it
  - Potential for conflict

- Health priority not a sure thing
- Advocate for Health

Councillors Green and Skelly wished to be recorded as OPPOSED to the recommendation in Subsection (b) to “Establish a government monopoly on sales” in Report BOH16021, Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana).

The Presentation on Report BOH16021, Public Health Approach to Revising the Legal Framework for Cannabis (Marijuana), was received.

For disposition of this matter, refer to Item 4.

**(iii) Supervised Injection Sites: Evidence and Proposed Next Steps (BOH16037) (Outstanding Business List Item) (Item 7.3)**

Dr. Jessica Hopkins, Associate Medical Officer of Health, addressed the Board respecting BOH16037, Supervised Injection Sites: Evidence and Proposed Next Steps, with the aid of a PowerPoint presentation. A copy of the presentation has been included in the public record. Dr. Hopkins’s comments included, but were not limited, to the following:

- BOH Motion: Feb. 18, 2016 – “That staff be asked to report back to the Board of Health on the use and effectiveness of safe injection site programs across the country”
- Harms of Injection Drug Use
- What is a SIS (Safe Injection Site)?
- Goals of Safe Injection Site
- Safe Injection Site have been shown to:
  - Attract the marginalized and high risk people who inject drugs
  - Decrease fatal and non-fatal overdoses
  - Decrease unsafe injection practices like syringe sharing
  - Promote public order by decreasing public injection and injection litter
  - Promote addiction treatment
  - Be cost-effective
  - Be successfully accepted by people who inject drugs, local residents, and the police
- Safe Injection Site have not been shown to:
  - Shift drug use to different neighbourhoods
  - Increase drug injecting
  - Increase drug trafficking or crime in the surrounding area
  - Decrease the overall number of people who inject drugs
- Safe Injection Sites in Canada
- Recommended Next Steps



Councillor Ferguson wished to be recorded as OPPOSED to Report BOH16037, Supervised Injection Sites: Evidence and Proposed Next Steps.

The Presentation respecting BOH16037, Supervised Injection Sites: Evidence and Proposed Next Steps, was received.

For disposition of this matter, refer to Item 5.

**(f) DISCUSSION ITEMS (Item 8)**

**(i) Sale and Display of Drug Paraphernalia in Convenience Stores Licensed as Food Premises (BOH16022) (Item 8.1)**

Ellen Pezzetta, Director, Public Health Nurse, addressed the Board respecting BOH16022, Sale and Display of Drug Paraphernalia in Convenience Stores Licensed as Food Premises.

For disposition of this matter, refer to 6

**(ii) Naloxone Expansion Feasibility (BOH16036) (Outstanding Business List Item) (Item 8.2)**

Dr. Jessica Hopkins, Associate Medical Officer of Health, addressed the Board with an overview respecting BOH16036, Naloxone Expansion Feasibility.

Councillor Skelly wished to be recorded as OPPOSED to Report BOH16036 respecting a Naloxone Expansion Feasibility.

For disposition of this matter, refer to Item 7.

**(iii) Secondment of City of Hamilton Alcohol, Drug and Gambling Services Staff to Towards Recovery Clinic (BOH16043) (Item 8.3)**

Dr. Elizabeth Richardson, Medical Officer of Health, addressed the Board with an overview respecting BOH16043, Secondment of City of Hamilton Alcohol, Drug and Gambling Services Staff to Towards Recovery Clinic.

For disposition of this matter, refer to Item 8

**(iv) Safer Inhalation Kit Distribution (BOH16038) (City Wide) (Item 8.4)**

Dr. Jessica Hopkins, Associate Medical Officer of Health, addressed the Board with an overview respecting BOH16038, Safer Inhalation Kit Distribution.

For disposition of this matter, refer to Item 9

**(g) GENERAL INFORMATION (Item 11)**

**(i) Outstanding Business List:**

The following amendments to the Board of Health's Outstanding Business List, were approved:

**(a) Items to be removed:**

Item "D" - Regulation of Drug Paraphernalia (Addressed as Item 8.1 on today's agenda)

Item "P" - Safe Injection Sites (Addressed as Item 7.3 on today's agenda)

Item "Y" - Feasibility of expanding the current Public Health Services "Take Home Naloxone" Program (Addressed as Item 8.3 on today's agenda)

**(h) ADJOURNMENT (Item 13)**

There being no further business, the Board of Health adjourned at 4:56 p.m.

Respectfully submitted,

Deputy Mayor T. Jackson  
Chair, Board of Health

Loren Kolar  
Legislative Coordinator  
Office of the City Clerk