

Age Friendly



Hamilton



Where Have We Been? Where Are We Going?

**Presentation to
Emergency & Community Services Committee
December 12, 2016**

Where did it begin?



Key Note Address by Dr. Alex Kalache,
Director, Ageing and Life Course
Programme, WHO

At the XVII International Association
of Gerontology and Geriatrics (IAGG)
in Rio de Janeiro, Brazil in June 2005

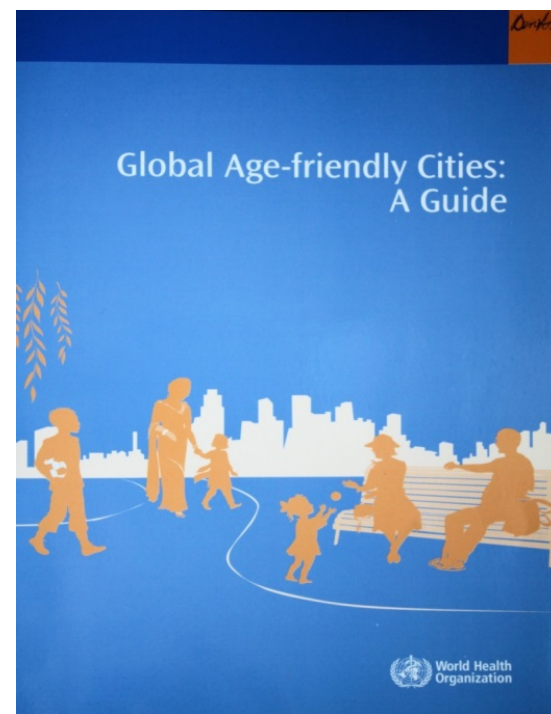
Based on “Active Ageing A Policy
Framework” (WHO, 2002)

- “Active Ageing is the process of optimizing for health, participation and security in order to enhance quality of life as people age”
- Emphasis is shifted from individual to collective responsibility



**World Health
Organization**

Response to an aging
population →



Age-friendly communities establish policies, programs, services and infrastructure that supports the physical and social environments designed to enable older people to live in safety, enjoyment, good health and well-being while continuing to participate in society in meaningful ways. (WHO, 2007)

What is Happening in Ontario Today?

- Hamilton was the first City in Ontario to begin the process of becoming age friendly
- 56 communities were recently funded to work on becoming age friendly; over 100 communities moving forward
- Leadership varies from municipalities, regions to community groups



Four Steps to an Age Friendly Hamilton

1. Planning

- Define Principles
- Assess Need through Community Consultation
- Develop a Plan

2. Implementation

3. Evaluation

- Evaluate and Monitor

4. Continual Improvement

2007 -2016



Where we
are today

Age Friendly Hamilton

Vision

All residents of Hamilton are respected and included in community life regardless of age, ethnicity, race, gender, ability and background; policy and planning engages residents, reflects diversity, fosters social connectivity and the opportunity to age in place

FACTS

- ✓ 7 Goals, 25 Objectives, 101 Actions
- ✓ 5 year Implementation Plan (2015-2019)
- ✓ Partnership of Hamilton Council on Aging, The City of Hamilton and Seniors Advisory Committee
- ✓ Approved by Hamilton City Council in October 2014

GOALS



PRINCIPLES

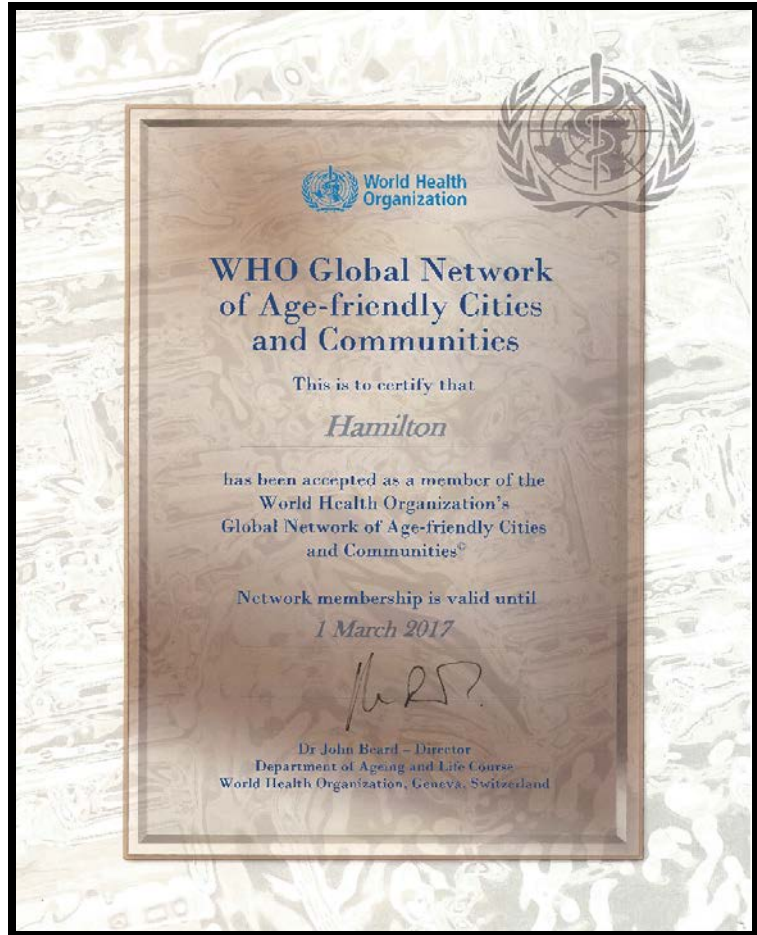
- ✓ Creating supportive and enabling environments
- ✓ Optimizing opportunities for health, participation, security and life-long learning
- ✓ **Equity, inclusion and respect**
- ✓ Accountability, transparency and connectivity
- ✓ **Neighbourhood capacity building**
- ✓ Effective public service delivered with integrity
- ✓ **Community engagement**

Significant Achievements

Became a Member of the World Health Organization's Network of Age-Friendly Cities and Communities (2015)

City of Hamilton expanded its vision to be The Best Place to Raise a Child and **Age Successfully** (2016)

Received a grant from the Ontario Seniors Secretariat to create a monitoring tool for implementation of the Plan, and to develop age-friendly indicators. This will be shared with other communities for their age-friendly plans.



Some Other Achievements

■ Resource Development

- New City of Hamilton Webpage - Resources for Seniors and Older Adults,
- Seniors Recreation Guide
- Housing Options Guide for Older Adults
- HCOA's Age-Friendly Guide to 18 Outdoor Recreational Trails

■ Improved Access to Information

- Older Adult Peer Connector Program
- Dundas 55+ Info Spot
- Reducing Seniors Social Isolation in Hamilton (Partnership of 7 organizations in Hamilton)

■ Leadership Across the Province

- How to monitor progress (webinars on age-friendly dashboard, indicators)

Where We Are Going?



- Ongoing community outreach and engagement with older adults, organizations, and networks including diverse populations
- Continue to move forward actions under the Age Friendly Plan
- Continue to monitor & evaluate implementation of the Age Friendly Plan
- Provide regular updates , i.e. annual reports to City Council and the community, community forums, presentations, media
- Ongoing partnership and collaboration with The City of Hamilton, Hamilton Council on Aging, and Seniors Advisory Committee
- Continue to facilitate the Governance Committee, Community Engagement Committee & working groups

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Video Presentation
