

MINUTES: Seniors Advisory Committee Friday, January 6, 2017 – 10:00 a.m. Rooms 192/193, Hamilton City Hall

- Present: Carolann Fernandes, George Hough, John Kennard, Jeanne Mayo, Kimberly McKibbon, Dahlia Petgrave, Penelope Petrie, Mary Sinclair, Doug Stone, Karen Thomson, Bob Thomson, Emmy Weisz, John Winslow, Marjorie Wahlman, Basharat Tayyab
- **Regrets:** Paula Kilburn, Lou DeStephanis (On Leave) Eleanor Morton, Vicki Woodcox (Community & Emergency Services), Councillors Tom Jackson and Brenda Johnson, Margaret Cheyne

Absent:

Also

- **Present:** Cindy Mercanti, Maxine Carter, May-Marie Duwai-Sowa (Corporate Services - Customer Service, Access & Equity) Lisa Maychak, Gregory Iarusso (Co-op Student), Laura Rolph (Community and Emergency Services) Sharon Mackinnon (for Liz Conti) (Public Health - Healthy Living)
- **Guests:** Taralyn Prindiville (Hamilton Council on Aging), John Hawker, Tina Sousa (DARTS), Joey Coleman (Independent Journalist)
- 1. WELCOME & INTRODUCTIONS Chair, Bob Thomson, welcomed everyone.

2. ACCEPTANCE OF AGENDA

(M. Wahlman/P. Petrie)

That the January 6, 2017 Agenda, of the Seniors Advisory Committee meeting be accepted, as presented.

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All in Favour.

3. DECLARATION OF INTEREST None declared.

4. APPROVAL OF MINUTES

4.1 Meeting of December 2, 2016

(M. Wahlman/ C. Fernandes)

That the December 2, 2016, Minutes of the Seniors Advisory Committee be approved. All in favour.

CARRIED

5. **PRESENTATIONS**

5.1 Social Inclusion- Taralyn Prindiville- Hamilton Council on Aging- Project Co-ordinator for Seniors Social Isolation Project

Taralyn Prindiville provided an overview of the Seniors Social Isolation Project highlighting the following:

- The project: is a three-year pilot funded by the Social Participation Fund; one of seven projects for seniors that Tara Prindiville manages at the Hamilton Council on Aging. The project seeks to address senior's isolation and achieve positive outcomes for 20% of isolated seniors (approximately 2,200 people will be impacted in the study). It is conducted in partnership with community agencies including Able-living, Gilbrea Centre for Studies in Aging, St. Joseph's Home Care, Thrive Group, Wesley Urban Ministries and YWCA Hamilton; structure includes a Steering Committee, Seniors Isolation Coalition, Outreach Team and Seniors Advisory Group and would like to have representatives from the City's Seniors Advisory Committee.
- The focus is on research, capacity building and raising awareness (subsequently, the project hopes to get additional funding based on outcomes achieved; and also focuses on providing support to seniors not interested in social aspects.

CARRIED.

- The project is utilizing a collective impact model with care connectors (hospital, community and peer care connectors) playing a vital role in the process community care connectors work in targeted communities and stay with clients for 6 months, but can be trained to serve other neighbourhoods. There also is a care dove referral system (online booking system) set up for care connectors.
- The targeted neighbourhoods for the project are Central Mountain, East Mountain, Flamborough Wards 14 and 15

The following questions were asked:

Q. How will seniors without a computer utilize the care dove referral system?

A. This will be mitigated by door to door outreach.

Q. How many languages are the information sheets in?

A. The information sheets are in English and French, because the initial proposal did not include translation expense.

Q. What actions will be taken to implement research recommendations and how will this be incorporated in future planning and programming? How will that be done equitably for ethno-cultural communities?

A. The work plan will outline how to roll out research data and recommendations. Agencies are working together to learn how to collaborate for greater community impact and share lessons learned. The project is also working with Immigrant Women Centre to ensure ethno-cultural communities are included. The Committee members suggested the presenter look at doing a broader outreach to isolated seniors who may be in long term care.

Q. How is the project being measured? Will this issue be taken to CCAC?

A. Currently, the Project is developing shared measurement systems and a pre and post survey. The Project reports monthly on the impact and interactions. A meeting is being scheduled with CCAC to introduce the project and formalize relationships.

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Tara Prindiville will email the meeting schedule for SAC members to Maxine Carter, as well as the PowerPoint presentation, which will be printed and distributed at the next meeting. SAC thanked Taralyn for the presentation.

(M. Wahlman/K. Thomson)

That the Social Inclusion Project presentation by Tara Prindiville, be accepted.

All in favour.

CARRIED

5.2 City's Corporate Mobile App - Cindy Mercanti (Director, Customer Service)

Cindy Mercanti provided an overview of the City's Corporate Mobile App project. The project is at the initial stage - developing a framework where all the City Apps will be stored. Highlights of the presentation included:

- The App is brought about based on needs addressed by the community and will be a centralized Hamilton mobile App system (a bookshelf of apps)
- Users will be notified each time a new App is developed and analytics will be used to determine the usability of the app
- The App is not intended to replace counter or phone services, but rather to be another avenue for service delivery
- The Project is reviewing best practices and approaches from other apps which will provide an advantage
- The App will have the same security features as the City's website

SAC members were asked the following questions:

- Q. What City Apps do members currently use?
- A. None.
- Q. What functions do members like?
- A. N/A
- Q. What functions do members wish could be improved?
- A. N/A

Q. What accessibility features would members expect in an app? A. The capability to be translated in different languages.

Q. What Apps would be of interest to committee members? A. Real time recreation cancellation, taxes (reminder notices), snow removal, garbage pick-up, HSR scheduling, names of neighbourhoods, traffic delays, payment of parking tickets, dog & pet licenses, medical alerts, outbreaks, weather alerts, help repair your city app to report defective traffic lights, water main breaks, potholes, sidewalks and an app informing residents of City activities and special events.

Q. What webpages do members frequent?

A. N/A

Cindy agreed to provide an update to SAC closer to the launch date. Committee thanked Cindy Mercanti for the presentation.

(M. Wahlman / M. Sinclair)

That the presentation by Cindy Mercanti, on City Corporate Mobile Apps Development, be accepted.

All in favour.

CARRIED

6. **BUSINESS/DISCUSSION**

6.1 Business Arising From Previous Minutes (Action Items)

- a) The generator issue has been referred to the Fire Chief and the Paramedics Chief to report back to the Emergency & Community Services Committee -Councillor Brenda Johnson was not in attendance.
- b) Assisting persons who are visually impaired Recreation is working on a new service module for staff and the feedback from SAC members has been added. Currently, it is being filtered to the Directors and Managers - Training module is still under review. Supervisor meeting is in a couple of weeks and a report may be provided at a later date
- c) Assisting with review of Recreation Program Guide -Eleanor Morton to respond at future meeting

- **d)** Safety at Bus Shelter (King & Emerald Streets) Councillor Jackson is waiting to hear back from request to HSR – Councillor Jackson was not in attendance
- e) Home Modification Conference G. Hough was unable to attend the conference and offered to refund the City. After some discussion, the following Motion was put forward:

(J. Mayo / P. Petrie)

That George Hough reimburse the Seniors Advisory Committee \$100 for a portion of the cost of the Home Modification Conference.

Motion Defeated

6.1.1 Tabled Items

- a) Mary Sinclair's motion re toilets will be deferred to the Housing and Communication Working Groups and brought back at a later date – will be discussed at the February meeting
- **b)** Deferred property taxes will be discussed further at a later date
- c) Aging in Place deferred to the Housing Working Group and report back to SAC at a future meeting

6.2 Committee/Sub-committee Updates

a) SAC-Housing Working Group (C. Fernandes)

C. Fernandes reported that there was no meeting due to a lack of quorum and will be rescheduled.

b) SAC-Transportation Working Group (J. Mayo)

J. Mayo reported that the Working Group met on December 13, 2016 and provided a summary of the discussion with members noted below. Members proposed the following Motion to change the name of the Working Group:

(J. Mayo / P. Petrie)

That the Transportation Working Group name be changed to "Getting Around Hamilton Working Group". All in favour. Jeanne Mayo was selected as Chair of the Getting Around Hamilton Working Group. The following topics will be examined: Hamilton Street Railway (HSR), Pedestrian Safety, Bikes, Light Rail Transit (LRT) and joint topics with the ACPD Transportation Working Group (to be determined).

Hamilton Council on Aging is putting forward a proposal to initiate a project titled "Let's Get Moving: Let's Take the Bus, Let's Take a Walk and Let's Ride a Bike". This project builds and expands upon existing initiatives to educate older adults on the benefits of various forms to active transportation as a means of getting around and staying active, engaged and health as we age. "Let's Get Moving" will consist of 30 workshops for older adults across Hamilton, each including an educational and experiential component.

If the proposal is accepted, the Seniors Advisory Committee will be invited to be a member of the steering committee overseeing the project. Since the Seniors Advisory Committee has already endorsed the project, it will tie the two together. The following Motion was made:

(J. Mayo / P. Petrie)

That the Getting around Hamilton Working Group proposes that the Seniors Advisory Committee write a letter endorsing Hamilton Council on Aging's application to the Ontario Sport and Recreation Communities Fund for a two-year project titled "Let's Get Moving: Let's Take the Bus, Let's Take a Walk and Let's Ride a Bike". All in favour.

CARRIED

Next meeting of the SAC-Getting Around Hamilton Working Group will be January 10 at 3:00 pm, Room 816, City Hall.

c) SAC-Communications Working Group (B. Thomson)

Bob Thomson reported that there will be three consultation meetings for LRT on January 16, 17 & 18 with notices posted in the paper. The next SAC-Communications Working Group meeting will be January 10 to develop a communication plan and anyone interested can attend. The meeting will be at City Hall, 10:00 am, Room 192.

d) Age Friendly Plan- Governance Committee (J. Mayo/ B. Thomson)

J. Mayo reported that the Governance Committee made a presentation to the Emergency & Community Services Committee and it was well received. A pamphlet is being created and will be distributed to give background on Age Friendly direction. The Age Friendly website has a video posted which has been well received.

The Ontario Senior's Secretariat has a grant for community programs and the deadline is March 1, 2017. If SAC wishes to apply for projects that cost money, they should apply. The Governance Committee will submit an application for pedestrian safety.

- e) Age Friendly Plan Community Engagement Advisory Committee (CEAC) (E. Weisz/ P. Kilburn) No meeting, no update.
- f) Older Adult Network- (D. Stone) No meeting, no update.
- g) AODA Hamilton Health Sciences (M. Sinclair) No update.

h) ACPD - Transportation Working Group Jeanne Mayo expressed that she thought the collaboration will be discussed with Paula, but since she was not at the meeting, it will be deferred.

 i) International Day of Older Persons Committee (D. Stone) No update.

7. NEW BUSINESS

7.1 Representation Needed for Working Groups

SAC is seeking representatives to join the Working Groups.

M. Sinclair and K. Thomson volunteered to sit on the Seniors Inclusion Committee, but only one member is required to attend the quarterly meetings.

(G. Hough / J. Mayo)

That Seniors Advisory Committee (SAC) approve the appointment of Karen Thomson to represent SAC at the Social Inclusion Seniors Advisory Group and Mary Sinclair will be the alternate.

All in favour.

CARRIED

7.2 ACPD-Transportation Working Group Tabled.

7.3 Parking Vouchers and Refreshments for Working Groups

The following Motion was received:

(P. Petrie/J. Mayo)

That SAC will cover the costs of parking vouchers and refreshments for all Working Groups. All in favour.

CARRIED.

8. ANNOUNCEMENTS/INFORMATION SHARING

- 8.1 Update from Councillor Brenda Johnson No update
- 8.2 Update from Councillor Tom Jackson No update

8.3 Seniors Award Event

Lisa Maychak reported that the nominations start in two weeks. The application package will be distributed at the February meeting. There is more outreach required and Lisa will connect with staff to discuss options for outreaching to

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ethno-cultural communities. P. Petrie and M. Wahlman will be on the Committee this year and B. Tayyab will also assist.

8.4 Seniors Advisory Committee Contact list

Maxine Carter to provide hard copy of email list of committee members at next meeting, so they can connect with each other.

8.5 SPRC Presentation

Maxine Carter to invite Sarah Mayo at SPRC to attend the February 3, 2017 meeting and present on demographics.

8.6. Catholic Family Services Presentation

Maxine Carter to invite Catholic Family Services to attend March meeting and discuss "at-risk seniors".

9. ADJOURNMENT

The meeting adjourned at 12:00 p.m.

(M. Wahlman / C. Fernandes)

That the Seniors Advisory Committee meeting be adjourned. All in favour.

CARRIED.

10. NEXT MEETING

Friday, February 3, 2017 at 10:00 a.m., Rooms 192/193, City Hall.