



Hamilton

**Moving on Mental Health
Child & Adolescent Services**



Hamilton

Context for Moving on Mental Health





Prevalence of Child & Youth Mental Health Problems

- Approximately 13% of children 3-18 have an emotional, behavioural, or developmental condition ⁽¹⁾
- Rates of depression/anxiety have doubled in the past 10 years ⁽²⁾
- Attention Deficit Hyperactivity Disorder (ADHD) was the most prevalent diagnosis among children (8.5%) ⁽¹⁾
- Suicide is the second leading cause of death among children ages 12-17 ⁽¹⁾

1. NIMH

2. Bayridge counselling services



14

core service providers

delivering

42

programs*



Alternatives for Youth

Centre de Sante

Contact Hamilton

Hamilton Health Sciences

Rygiel Supports for Community Living

St. Joseph's Healthcare

Wesley Urban Ministries

Catholic Family Services

Child and Adolescent Services

Community Child Abuse Council

Good Shepherd

Lynwood Charlton Centre

The Salvation Army

Woodview Children's Centre

\$14,610,309

in MCYS funding



donations
fundraising
co-sharing resources
additional sources



targeted prevention



counselling and therapy



family/caregiver capacity building and support



access



service coordination



specialized consultation and assessment



intensive services**



brief services



crisis services



Need for Change

- Access to services
- Lack of integration between services
- Insufficient data
- Evidence-informed decision-making
- Evolving societal landscape
- Inequity of funding across the province



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Moving on Mental Health

- Across Ontario, people will know:
 - What mental health services are available for children, youth, and families
 - How to access them
 - How well the system is working
- Funding will reflect community's needs



Moving On Mental Health:

A system that makes sense for children and youth





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Moving on Mental Health

Lead Agency Role



- Work locally with the community around identified priorities
- Align work provincially with MCYS and other lead agencies



Hamilton

Child & Adolescent Services



neglect

sexual abuse

suicidal thoughts

poverty

trauma

anxiety

gender identity

violence

What brings people

Family separation

self-harm

sexuality of family conflict

DEPRESSION

bullying

ADHD

social isolation

school

fire-setting

sexualized behaviour



Children's Adolescent Services



Our Sensational Services



#1
Brief
Therapy



#2
Complex
Trauma



#3
Forensics



Hamilton

WHAT OUR CLIENTS SAY





Hamilton

MENTAL HEALTH IS AN
INTEGRAL PART OF HEALTH; INDEED

A white sunburst graphic with a central circle and radiating lines, positioned behind the main quote.

**there is no health
without mental health**

- WORLD HEALTH ORGANIZATION



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QUESTIONS





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Thank You