

Hamilton's Village of 100



Hamilton

What would the City of Hamilton look like if it were just a village of 100 people?

87 villagers 12 years and older:

64 have very good or excellent mental health

49 are overweight or obese

36 have used illicit drugs in their lifetime

54 have a strong sense of belonging to their community

26 had a flu shot in the past year

53 eat fruit and vegetables fewer than 5 times per day

18 are smokers

Age

22 0-19 years

26 20-39 years

34 40-64 years

17 65+ years

80.5

Average life expectancy

Females live 5 years longer than males.



Education



18 Less than high school

23 High school

42 Post-secondary



1 in 3

Children are vulnerable in an area of school readiness

Immigration



75 Born in Canada

25 Immigrant

Risky alcohol consumption

Long-term Immigrant:

Born in Canada:

\$187

Weekly cost for a family of four to eat healthy

6

Households are food insecure



11

Households occupied by a lone person



2

Households have high levels of radon gas



Income



16 Live in low income households

2 Earn >\$100,000 per year (after-taxes)

Who has poor oral health?

23.1%



Low Income

11.2%



Middle Income

7.8%



High Income

3x WORSE

Households



39

Ever used a cell phone while driving?

High Income:



2x MORE

Low Income:

