

From: Michelle Miller [mailto:Michelle.Miller@diabetes.ca]
Sent: Friday, September 30, 2011 12:21 PM
To: Office of the Mayor
Subject: Proclamation for Diabetes Awareness month

Dear Mayor Bob Bratina,

The Canadian Diabetes Association would like the City of Hamilton to officially proclaim November as Diabetes Month and November 14th as World Diabetes Day. We urge you to help us educate our communities about the seriousness of diabetes as it affects all of us.

The personal costs of diabetes may include a reduced quality of life and the increased likelihood of complications such as heart disease, stroke, kidney disease, blindness, amputation and erectile dysfunction.

- Every 8 seconds someone dies from diabetes related causes
- Approximately 80% of people with diabetes will die as a result of heart disease or stroke.
- Diabetes is a contributing factor in the deaths of approximately 41,500 Canadians each year.
- Canadian adults with diabetes are twice as likely to die prematurely, compared to people without diabetes.
- Life expectancy for people with type 1 diabetes may be shortened by as much as 15 years. Life expectancy for people with type 2 diabetes may be shortened by 5 to 10 years.

The financial burden of diabetes and its complications is enormous.

- People with diabetes incur medical costs that are two to three times higher than those without diabetes. A person with diabetes can face direct costs for medication and supplies ranging from \$1,000 to \$15,000 a year.
- By 2020, it is estimated that diabetes will cost the Canadian healthcare system \$16.9 billion a year.

The health of our community is very important. By raising awareness, Canadians can play an active role in helping to combat diabetes and health complications related to the disease. Our public program education team would be most delighted to present basic information on diabetes as well as healthy lifestyle management to Hamilton employees. If you are interested in booking a presentation, please contact Karin Swift, Public Programs, and Services Coordinator, at 905-540-2511.

Please help us to mark this special day and month with a proclamation and help to increase the awareness of the seriousness of diabetes.

Thank you for your time,

Michelle Miller

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**PROCLAMATION:
DIABETES AWARENESS MONTH
AND WORLD DIABETES DAY**

WHEREAS, Diabetes is a serious condition, and

WHEREAS, more than 9 million Canadians live with diabetes or prediabetes, and

WHEREAS, nearly one in four Canadians either has diabetes or prediabetes, and

WHEREAS, more than 20 people are diagnosed with the disease every hour of every day, and

WHEREAS, the cost of diabetes in Canada is approximately \$12 billion and is expected to rise to \$16 billion by 2020, and

WHEREAS, the Canadian Diabetes Association is leading the fight against diabetes by helping people with diabetes live healthy lives while working to find a cure, and

WHEREAS, 2011 is the 90th anniversary of the discovery of insulin – a gift Canada has given the world, and

THEREFORE, I [NAME] hereby proclaim the month of November 2011 as Diabetes Awareness Month and November 14, 2011 as World Diabetes Day in the City of [CITY].

Dated at (CITY), this (DAY) day of (MONTH), 2011.