



Hamilton

**Meeting Minutes
Seniors Advisory Committee
Friday, January 5, 2018
10:00am – 12:00pm
Rooms 192/193, City Hall**

Present: Bob Thomson (Chair), Carolann Fernandes, Paula Kilburn, Jeanne Mayo, Dahlia Petgrave, Doug Stone, Ramanath Kamath, Marjorie Wahlman, Margaret Cheyne, Mary Sinclair, Penelope Petrie.

Regrets: Councillor Brenda Johnson, Councillor Jackson, Barry Spinner, Karen Thomson, Emmy Weisz, George Hough, John Winslow, Lou DeStephanis.

Absent John Kennard

Also

Present: Nadia Olivieri (Human Rights, Diversity & Inclusion), Liz Conti (PH)

Guests: Cindy Mutch and Greg Iarusso

**1. Changes to the Agenda
(P. Petrie/ P. Kilburn)**

That the January 5, 2018 agenda be accepted as presented.

CARRIED

**2. Approval of Minutes
(M. Sinclair/P. Petrie)**

That the December 1, 2017 Minutes be accepted as presented.

CARRIED

3. Presentations

- 3.1** Our Future Hamilton (Cindy Mutch, Senior Project Manager, Community Special Projects (CES) and Greg Larusso Community Program Analyst Co-op (PW))

Our Future Hamilton project focused on updating the City of Hamilton's Vision 2020. It is based on the Community Engagement Charter which consists of eight (8) core principles. The City of Hamilton Councillors adopted the Charter in 2015. The Our Future Hamilton Project consisted of three phases:
Phase 1: Collecting ideas;
Phase 2: Bringing together and sharing the ideas;
Phase 3: creating a draft of the vision.

The presentation reviewed three phases.

The Project will proceed with measuring progress on Vision 2020 and plans to relay the progress at an annual summit each November. There is also a quarterly newsletter available that will also capture progress and highlight relevant topics.

The new Vision is broader than the original 2020 Vision.

SAC was encouraged to become an Our Future Hamilton partner. A partner is defined as any business or organization interested in moving the Vision forward.

MOTION: SAC to become an Our Future Hamilton partner

(J. Mayo/ P. Petrie)

That the Senior Advisory Committee become an "Our Future Hamilton" community partner.

CARRIED

The committee gladly accepts Penelope Petrie's offer to act as the Volunteer Liaison for Our Future Hamilton. Our Future Hamilton Update to be added as a standing agenda item.

A member advised the guests, some information that is relevant to the Vision by informing the committee that the COH has received a grant for installation of a hearing loop at Sackville Senior Centre.

3.2 Working Groups/Committees

a) SAC – Housing Working Group (M. Sinclair)

M. Sinclair advised that the working group has a draft copy of the glossary (housing tips for those with disabilities) completed.

M. Sinclair advised that the Agenda item 3.2 need not be a standing item on the agenda. She will provide updates as necessary.

b) SAC – Getting Around Hamilton Working Groups (J. Mayo)

J. Mayo advised that that at a previous meeting there was a resolution to write a letter to the Manager of LRT to install Park & Ride at both ends of the LRT.

This can be added as an initiative consistent with “Our Future Hamilton” project.

This is an accessibility issue for rural residents. Without a Park and Ride program there will not be a significant reduction in vehicle traffic coming into the core. Letter was drafted and provided to Liaison Jessica Bowen for review and signature of the Chair.

The next Get Around Hamilton workshop will be in Spanish and held at the North Hamilton Health Centre.

The January 2, 2018, inter-generational activity/walk was a great success.

c) SAC – Communications Working Group (B.Thomson)

The Communication working group has been updating the existing SAC Brochure. Feedback is that the pictures need to change. The Sub-committee is working on this issue.

d) Age Friendly Plan – Governance Committee (J.Mayo)

J.Mayo shared that they are turning a corner and focus is on renewing the plan as it is coming to an end in 2018.

McMaster has declared as an “Age Friendly University”. Representatives from McMaster are coming to Tuesday’s Age Friendly meeting to discuss.

e) Older Adult Network (D.Stone)

No update at this time. There is a meeting of this sub-committee later this month.

f) AODA – Hamilton Health Sciences (M.Sinclair)

No update at this time.

g) International Day of Older Persons Committee (D.Stone)

No update at this time.

h) Social Isolation (K.Thomson)

Tabled to February 2018 meeting.

i) McMaster Institute of Research on Aging (E. Weisz)

No update at this time.

j) Ontario Health Coalition (C.Fernandes)

C. Fernandes attended an Ontario Health Coalition presentation and learned of emerging concerns for seniors:

- i. Senior addiction to prescribed opiates is on the rise**

ii. There is a high rate of suicide for men over 80

Staff consultant Liz Conti advised :These issues as described are not a present focus for Community and Emergency Services (CES). However, there is a team from CES gathered to respond to the opiate crisis in general.

The Committee is concerned that SAC should be turning their attention to this issue and educating seniors on the issues of taking opioids.

L. Conti offered to invite her Public Health colleague to provide a quick presentation on the opioid crisis. The issue with the opioid crisis is that demographic information is not well kept making it impossible to provide meaningful statistical information.

L. Conti will also investigate the suicide statistics to try to provide any additional information regarding the concern presented.

4. Business / Discussion Items

4.1 Business Arising from Previous Minutes

4.1.1 Presentation schedule: March 2, 2018 Donna Kripps, CEO of the Hamilton LHIN, will be providing a 1 hour presentation.

4.1.2 Snow Removal

Coordination of snow removal from roads with snow ploughs and removal of snow from sidewalks needs to be better coordinated. Some owners of corner properties do not know that they are responsible to clear the egress from the sidewalk to the road.

Ploughed in ramps are hazardous for seniors. Need some improved clearing methodology.

5. Adjournment

(M. Wahlman / M. Cheyne)

That the Seniors Advisory Committee meeting be adjourned at 11:45a.m.

Next Meeting

Friday, February 2, 2018