



Hamilton

**Meeting Minutes
Seniors Advisory Committee
Friday, February 2, 2018
10:00am – 12:00pm
Rooms 192/193, City Hall**

Present: Bob Thomson (Chair), Carolann Fernandes, Jeanne Mayo, Dahlia Petgrave, Doug Stone, Ramanath Kamath, Marjorie Wahlman, Margaret Cheyne, Mary Sinclair, Penelope Petrie, George Hough, John Kennard, Barry Spinner.

Regrets: Councillor Brenda Johnson, Councillor Jackson, Karen Thomson, Paula Kilburn, John Winslow, Lou DeStephanis, Emmy Weisz, Liz Conti, Lisa Maychak.

Also

Present: Jessica Bowen (Human Rights, Diversity & Inclusion),

Guests: John Hawker, Pauline Kajiura (Information Hamilton)

1. Changes to the Agenda

Deletion of Item:

3.4 Hamilton Immigration Partnership Council Survey

Addition of Item:

4.1 Bylaw matter (C.Fernandes)

(R. Kamath / P.Petrie)

That the February 2, 2018 agenda be accepted as amended.

CARRIED

2. Approval of Minutes

(M. Wahlman/P. Petrie)

That the January 5, 2018 Minutes be accepted as amended.

CARRIED

3. Presentations

3.1 Information Hamilton, Pauline Kajiura, Executive Director

P. Kajiura shared information with the Committee about the work of Information Hamilton, including the collaboration with several stakeholders to produce and maintain the Redbook of Hamilton.

3.2 Hamilton Senior Games, Maryann Tilley and members

Information was shared with the committee regarding the upcoming Hamilton Seniors Games. Committee members were encouraged to participate in the games as well as volunteer if possible.

4. Business / Discussion Items

4.1 Bylaw matter (C.Fernandes)

C. Fernandes raised concerns about a bylaw that was recently introduced regarding fining individuals whose dogs bark consistently. She noted that dogs are often companions to seniors and being levied with a fine can exceed the means that a senior has.

There was some discussion regarding this item and it was determined that this issue would be better discussed with the folks in the bylaw area.

5. Working Groups/Committees

a) SAC – Housing Working Group (M. Sinclair)

M. Sinclair advised that the working group has completed the glossary and asked to have it sent to ACPD for approval. It may need to be circulated to SAC as well.

M. Sinclair indicated that funding is coming to the and some of that funding is supposed to be allocated to housing. In relation to this item, M.Sinclair requested that a representative be invited to an upcoming SAC meeting to discuss next steps for housing and request clarity on how that funding is being designated.

b) SAC – Getting Around Hamilton Working Groups (J. Mayo)

J. Mayo shared that a letter has been drafted for the LRT Manager regarding carpool lots at both ends of the LRT lines to increase ridership.

(P.Petrie / B. Spinner)

The Seniors Advisory Committee made a motion to have the Chair sign on behalf of the Committee and send the letter to the LRT Manager.

J. Mayo explained that there are six (6) workshops to be held regarding Pedestrian Safety. There have been four (4) to date and the sessions have been going very well.

The next Pedestrian Safety session will be targeted to the Spanish speaking community. At the end of February there is a session scheduled for the Punjabi speaking community. Future sessions are scheduled at Sackville, Binbrook, Waterdown and Ancaster.

After these sessions, are complete the Committee will look into how there can be a workshop ready group to provide the presentation when needed.

J. Mayo advised the Committee that the GAHWG will be developing an information pamphlet on winter walking. She shared the Toronto Rehabilitation Center is the hub for testing products including winter footwear. They have a winter lab which sets out to test treads on footwear on different surfaces and in different weather patterns (i.e. rain, snow, etcetera). Their results are posted on “ratemytreads.com.” This information will help inform seniors on purchasing appropriate footwear for winter walking.

c) SAC – Communications Working Group (B. Thomson)

B. Thomson provide the committee with a draft of the updated SAC pamphlet. He advised that if any committee members had content that they want to add and/or edit to him know.

The Age Friendly Committee met and decided to review all the content that is available to the public from the Age Friendly Plan.

d) Age Friendly Plan – Governance Committee (J. Mayo)

The Age Friendly Community Report will be held on March 27, 2018 at 1:00pm at St. Peters Hospital. The public will be invited to hear the report. As soon as the poster is published, J. Mayo will send this information out to the Committee.

The Committee recently published the adaption in rental buildings document. The booklet is aimed at private apartments, but it also should cover people living in public housing. The resolution sets out that it is specifically with grab bars. Accidents happen in bathrooms and can be prevented.

J. Mayo shared a motion with the Committee regarding the installation of grab bars. The motion generated significant discussion from committee members and suggestions were put forward to include additional details. Given the content discussed and questions raised, J.Mayo withdrew the motion until a representative from Public Health was present to discuss further.

e) Older Adult Network (D. Stone)

D. Stone advised that the group met and there are several activities being offered to seniors outside of Seniors Center. The kick-off for Senior's month commences at the end of May and will be held at Michelangelo's.

f) AODA – Hamilton Health Sciences (M. Sinclair)

No update at this time.

g) International Day of Older Persons Committee (D. Stone)

No update at this time.

h) Social Isolation (K. Thomson)

No update at this time.

i) McMaster Institute of Research on Aging (E. Weisz)

No update at this time.

j) Ontario Health Coalition (C. Fernandes)

No update at this time

k) Our Future Hamilton

No update at this time

6. Other Business

6.1 Senior of the Year Award (P.Petrie)

P.Petrie advised that the paper copies have been released and the nomination form is also available online.

Important dates for the award are outlined below:

January 23, 2018: Call for nominations open

March 29, 2018: Deadline for nominations

April 24, 2018: Tickets go on sale for the Awards Gala Event & Ceremony

June 12, 2018: Awards Gala Event & Ceremony

This item will be moved up to item 5 (j) as it will be an ongoing report now.

7. Business / Discussion Items

7.1 G. Hough shared that at the Hamilton Council on Aging advised that the City of Hamilton will be nominated for an award for age friendly communities.

7.2 P. Petrie shared her experience in a recent training through Recreation called High Five for Seniors. It is a program that Recreation Leaders use to support all areas of healthy living. The program was initially primarily focused on children but they decided to expand to incorporate seniors. It was held at Westmount and was provided to approximately 25 people.

8. Adjournment

(M. Wahlman)

That the Seniors Advisory Committee meeting be adjourned at 12:00pm.

Next Meeting

Friday, March 2, 2018