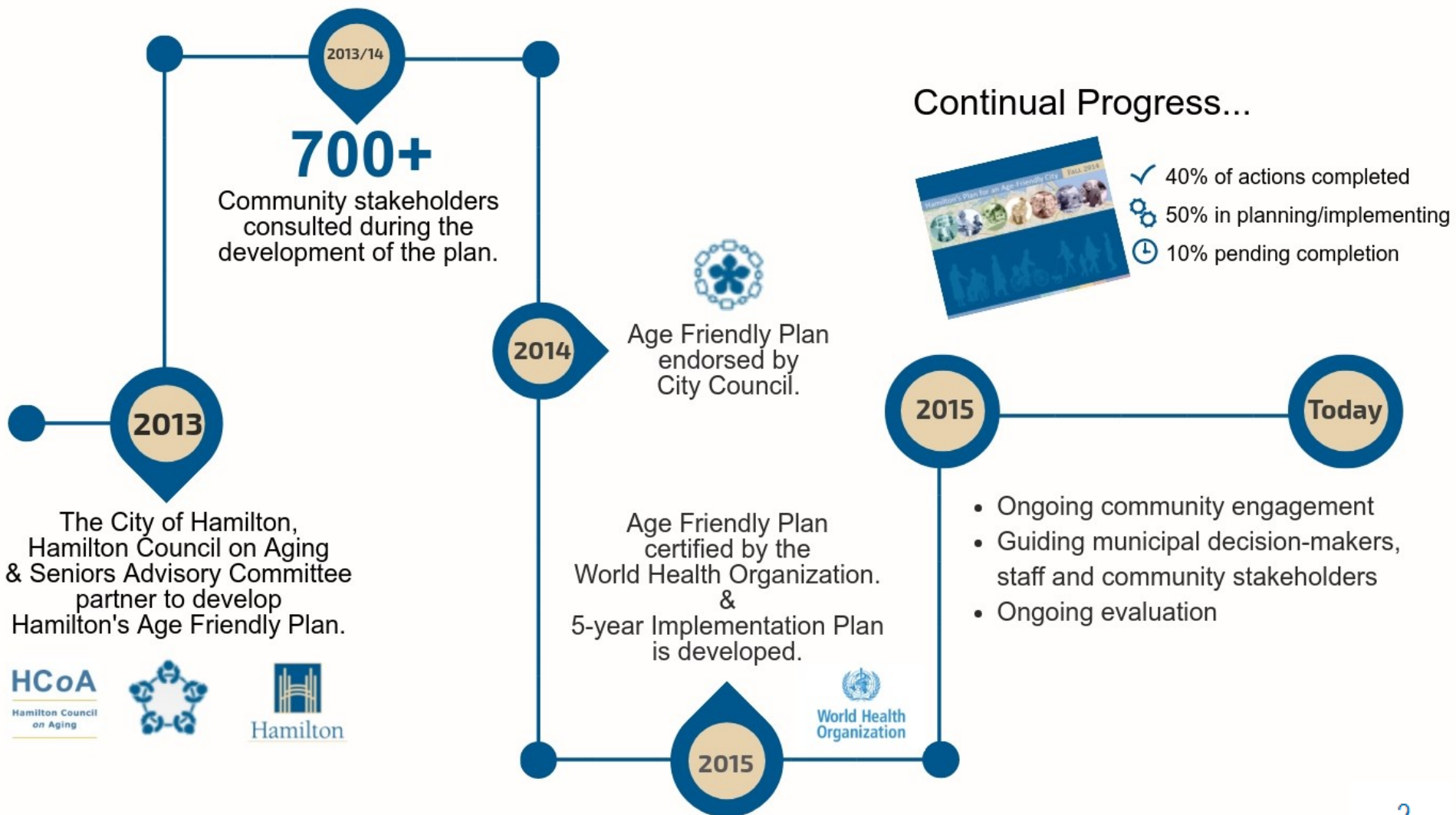




# **AGE FRIENDLY HAMILTON PRESENTATION HEALTHY AND SAFE COMMUNITIES COMMITTEE**

Monday, April 9, 2018

# The Journey So Far...



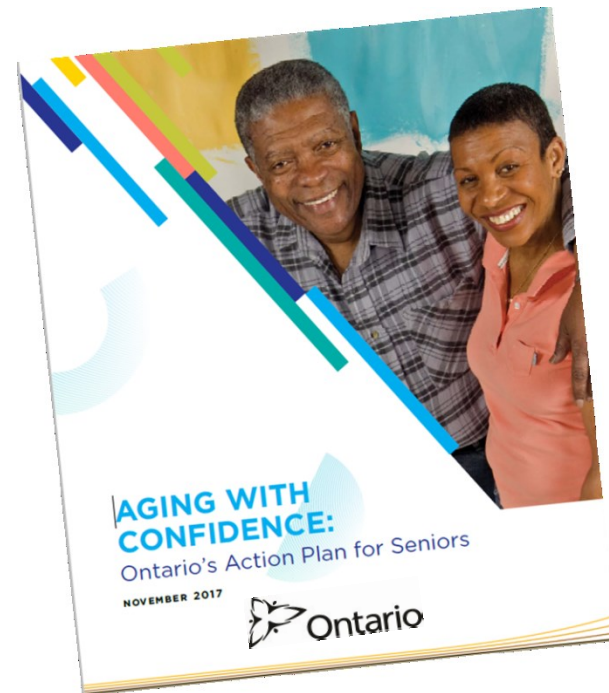
# Goals



## PRINCIPLES

- ✓ Creating supportive and enabling environments
- ✓ Optimizing opportunities for health, participation, security and life-long learning
- ✓ Equity, inclusion and respect
- ✓ Accountability, transparency and connectivity
- ✓ Neighbourhood capacity building
- ✓ Effective public service delivered with integrity
- ✓ Community engagement

# Connections to other Strategies



-  COMMUNITY ENGAGEMENT AND PARTICIPATION
-  ECONOMIC PROSPERITY AND GROWTH
-  HEALTHY AND SAFE COMMUNITIES
-  BUILT ENVIRONMENT AND INFRASTRUCTURE
-  CULTURE AND DIVERSITY

- ✓ Investment of \$155 million over 3 years
- ✓ 10-year plan to create more than 30,000 new long-term care beds
- ✓ Supporting 40 new Seniors Active Living Centres
- ✓ Implementation of a Dementia Strategy



# Age-Friendly City Recognition



- ✓ Global Network for Age Friendly Cities and Communities was established in 2010
- ✓ Fosters exchange and mutual learning between cities and communities worldwide
- ✓ Hamilton was certified as an Age Friendly City in March 2015
- ✓ 541 cities and communities
- ✓ 37 countries
- ✓ 179 million people worldwide



## Ontario Age Friendly Community Recognition Award Ministry of Seniors Affairs



# 2017 Initiatives

**700+**

Attendees at Seniors Kick-off



**208**

Participants and  
**11** Pedestrian Safety Workshops



**200+**

Attended Age Friendly Symposium



**22<sup>nd</sup> Annual**  
**Senior of the Year Awards**

**34**

Nominees

**400+**

Attendees



# Other Key Initiatives

- Cyber Seniors
- “Let’s Get Moving”
- McMaster University Intergenerational Co-Housing Project
- Seniors-at-Risk Community Collaborative



# Support Services & Resources

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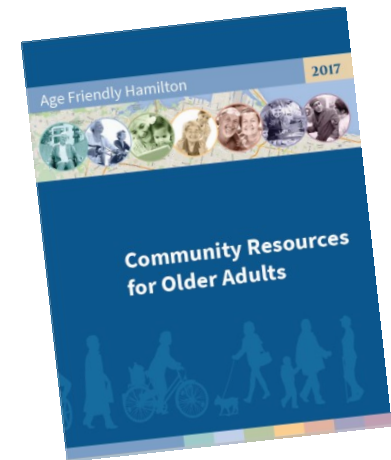
## Support Services

- Hamilton's Social Isolation Impact Plan
- Community Bus Program
- Community Paramedicine Supports for Seniors



## Resources

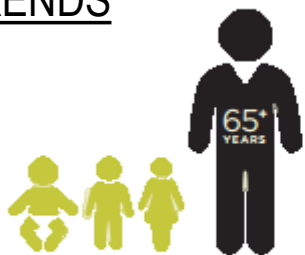
- Directory of Community Resources for Older Adults
- Adaptations in Rental Buildings, brochures for property managers and tenants



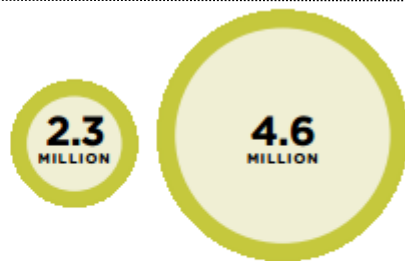


# Trends and Challenges

## TRENDS



Seniors are the fastest-growing age group in Ontario.

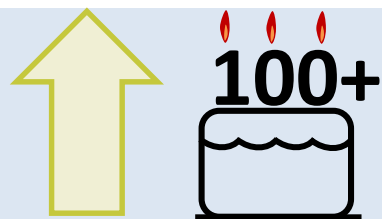
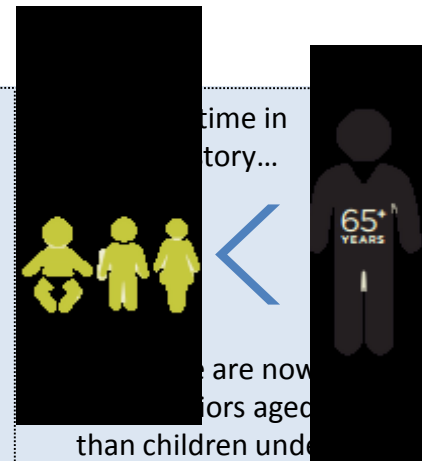


The senior population in Ontario is projected to almost double by 2041



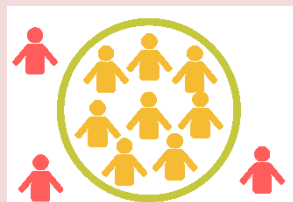
**92, 910**

Seniors aged 65+ currently reside in Hamilton



By 2051, it is projected that there will be close to 40,000 seniors aged 100+ in Canada

## CHALLENGES



**15%** of Hamilton Seniors are socially isolated

Expected rise in dementia cases:



**300,000**  
By 2038

**194,000**

Ontarians live with dementia (2018)



**24, 240**

Seniors living alone in Hamilton

# 2018 Priorities and Beyond



Broaden community engagement efforts to include Indigenous residents, ethno-cultural groups, and rural communities



Collaborate with privately owned apartment buildings to establish programs and practices that will reduce social isolation for seniors



Facilitate an event with key stakeholders to address ageism in the workplace



Continue to facilitate projects and workshops for seniors: Pedestrian Safety, “Let’s Get Moving”, and Cyber Seniors.



Coordinate a Seniors Volunteer Fair to increase volunteerism



Identifying priorities and actions that will improve inclusion and access to supports for vulnerable seniors in Hamilton

# Contact Information

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City of Hamilton  
Healthy & Safe Communities  
Neighbourhood & Community Initiatives

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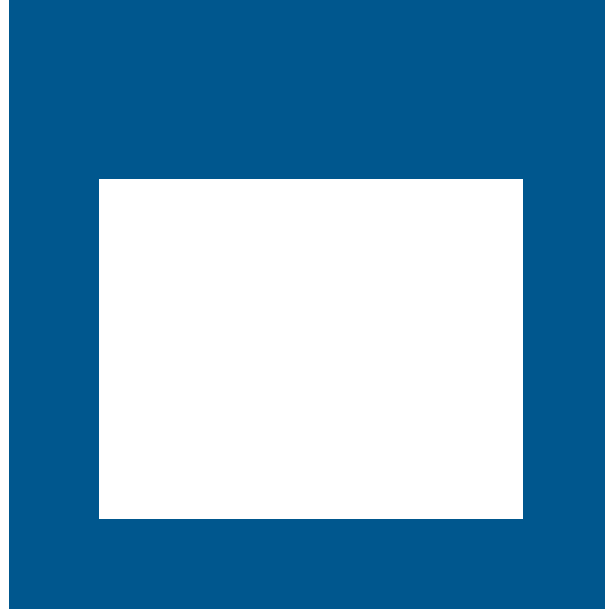


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THANK YOU