

**Meeting Minutes  
Seniors Advisory Committee  
Friday, March 2, 2018  
10:00am – 12:00pm  
Rooms 192/193, City Hall**

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**Present:** Bob Thomson (Chair), Carolann Fernandes, Jeanne Mayo, Doug Stone, Ramanath Kamath, Marjorie Wahlman, Margaret Cheyne, Mary Sinclair, Penelope Petrie, George Hough, Barry Spinner, Karen Thomson, Lisa Maychak, Eleanor Morton.

**Regrets:** Councillor Brenda Johnson, Councillor Jackson, Paula Kilburn, John Winslow, Liz Conti.

**Absent:** Dahlia Petgrave, Emmy Weisz, Lou DeStephanis, John Kennard

**Also**

**Present:** Jessica Bowen (Human Rights, Diversity & Inclusion)

**Guests:** John Hawker

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**1. Changes to the Agenda**

Deletion of Item 3.1 Local Health Integration Network Presentation

**(M. Wahlman and P. Petrie)**

That the March 2, 2018 agenda be accepted as amended.

**2. Approval of Minutes**

Amendment to Section 5 to state that funding is coming the City and the Committee is requesting clarity on how that funding will be designated.

**(M. Wahlman / P. Petrie)**

That the March 2, 2018 minute be accepted as amended.

### **3. Presentations**

No presentations.

### **4. Business / Discussion Items**

### **5. Working Groups/Committees**

#### **a) SAC – Housing Working Group (M. Sinclair)**

M. Sinclair shared that there is a section on types of housing that connects to content provided by the Local Health Integration Network. The group is now working on conditions that are affected by housing. The working group is trying to have the guidebook finished by July 1, 2018.

The next meeting is on March 20, 2018 in Room 193 at 2:00pm.

M. Sinclair advised that members of the Advisory Committee for People with Disabilities spoke to representatives from Planning and Economic Development about how individuals cannot be discharged from the hospital if they do not have appropriate housing. It is important to understand how funds will be allocated or generated for any form of assisted living.

J. Mayo identified that there is work being done on this topic at the table for Vulnerable Seniors. She committed to bringing this item to the Age Friendly meeting.

The Social Isolation community committee, part of the Social Isolation Impact Plan, has disbanded. The Social Isolation Impact plan and its peer connector projects continue but the 'community committee' piece has merged under a larger group called the Seniors At-Risk Community Collaborative (SARCC). Karen Thomson is SAC's representative on this collaborative and will report back on issues relating to social isolation/inclusion.

The Committee requested to have a representative from CityHousing come to speak about allocation of funding with the new model.

J.Bowen to invite a representative from CityHousing to a future SAC meeting.

**b) Getting Around Hamilton Working Group (J. Mayo)**

J. Mayo updated that Pedestrian Friendly sessions have been held in Punjabi and Spanish. These sessions have been well received as these communities have not had a lot of direct information coming from the City.

One of the follow-ups to the workshops was the development of an information booklet on winter walking, which is almost complete. Public Health has put in \$250.00 towards the printing of the booklet. J. Mayo requested that the Seniors Advisory Committee that match the contribution made by Public Health.

Motion: That the Seniors Advisory Committee allot \$250.00 for printing of the information booklet on Winter Walking.

**(J. Mayo / G. Hough)**

**CARRIED**

**c) Age Friendly Plan – Governance Committee (J. Mayo)**

J. Mayo indicated that late last year a representative from the McMaster Institute on Research and Aging (MIRA) came to the Age Friendly meeting and made a presentation. MIRA is coordinating McMaster research projects related to aging as every department covers aging in some way.

One of the projects that they brought forward is a simple test to identify people who are more likely to fall than others so that interventions are directed towards those groups. MIRA has asked SAC to write a letter of support for this project.

Motion:

That the Seniors Advisory Committee provide a letter of support for the proposed research from the McMaster Institute on Research and Aging on identifying risk factors for people who are at risk of falling.

**J.Mayo / P.Petrie**

**CARRIED**

**d) SAC – Communications Working Group (B. Thomson)**

B. Thomson reported that he has not received any further corrections on the SAC information pamphlet that was distributed at the February meeting. The goal is to have the revised pamphlet printed for the Seniors Month Kick-off.

**e) Older Adult Network (D. Stone)**

No update.

**f) International Day of Older Persons Committee (D. Stone)**

No update.

**g) Social Isolation (K. Thomson)**

No update.

**h) McMaster Institute of Research on Aging (E. Weisz)**

No update.

**i) Ontario Health Coalition (C. Fernandes)**

No update.

**j) Our Future Hamilton update (P.Petrie)**

No update.

**k) Senior of the Year Award (P. Petrie)**

Important dates for the award are outlined below:

January 23, 2018: Call for nominations open  
March 29, 2018: Deadline for nominations  
April 24, 2018: Tickets go on sale for the Awards Gala  
Event & Ceremony  
June 12, 2018: Awards Gala Event & Ceremony at  
Michelangelo's

Tickets are available for sale at all municipal centres and at  
Sackville.

P.Petrie advised that a new award has been introduced for youth  
ages 15-24 who volunteer their time and go above and beyond for  
seniors.

Committee members discussed the importance of the Senior of  
the Year Award. They shared that in the past the nominators were  
invited to a separate nominator nominee event. This event is not  
happening this year because of limited funding, so efforts were  
made to seek out event sponsorship.

M.Cheyne indicated that as a nominee, she has attended the  
event and indicated that it provides an opportunity for people to  
know who nominated them.

L. Maycak requested that member from SAC be included on the  
committee who reviews the nominations. The committee selected  
Margaret Cheyne to be the SAC representative.

The Committee requested to view the status of their yearly budget for  
the April meeting.

## **6. Other Business**

No other business

## **7. Business / Discussion Items**

### **Information Sharing:**

March 26, 2018 at 1:30pm in Council Chambers the Age Friendly  
Report will be presented at Healthy and Safe Communities  
meeting.

**Events:**

- March 27, 2018, The Age Friendly Symposium is being hosted at St. Peter's Hospital from 1:00pm – 4:00pm. Please register with the Council on Aging. An email invitation will also be sent out.
- Thursday, March 15, 2018 at 10:30am there will be a renaming of the Fireside Lounge.

**Upcoming Recreation Centre Closures:**

- March 20 – 24, 2018, Flamborough Recreation Centre is closed for maintenance.
- Sackville will be closed from March 26, 2018 - April 2, 2018
- Ancaster Senior Centre will be closed from April 2, 2018 – April 7, 2018
- The kitchen at Sackville will be closed from March 19, 2018 – April 2, 2018 for the installation of a hearing loop in the Fireside Lounge.

B. Spinner inquired about the details of the installation and raised concerns about functionality within this location.

**8. Adjournment**

**(G. Hough)**

That the Seniors Advisory Committee meeting be adjourned at 12:00pm.

**Next Meeting**

Friday, April 6, 2018