



Minutes
FOOD ADVISORY COMMITTEE

March 14 2018, 7:00 – 9:00 p.m.
City Hall, Room 264, 2nd Floor
71 Main Street West, Hamilton

Present: Luc Peters (Chair), Nancy Henley, Kate Flynn, Laurie Nielsen, Tracy Hutchings, Bill Wilcox, Hannah Pahuta, Lynn Gates (Recorder), Sandy Skrzypczyk (Staff Liaison), Vivian Underdown (non-member)

Absent: Bill Slowka, Steve Robinson, Clare Wagner

Guest: Ruby Samra, Public Health Services, City of Hamilton

1. CHANGES TO THE AGENDA

None

2. DECLARATIONS OF INTEREST

There were no declarations of interest.

**3. APPROVAL OF MINUTES OF PREVIOUS MEETING
(B. Wilcox/L. Nielsen)**

Minutes from February 13th, 2018 were approved as presented.

CARRIED

4. CONSENT ITEMS

None

5. PRESENTATIONS

Food Literacy Presentation - Ruby Samra, Public Health Services, City of Hamilton

Handout of presentation distributed as notes. Fifteen public health units are involved in Locally Driven Collaborative food literacy project, funded by Public Health Ontario to research food skills of youth, young pregnant women, and young parents aged 16-24 years of age. Phase 1 of the project (2012-2013) identified that participants understood what a healthy meal was but either couldn't plan, didn't have the money, storage facilities, or equipment. Participants who observed or learned how to cook when they were a child were more confident in their food skills and they identified that they wanted to learn through direct interaction rather than through the Internet. Phase 2 (2017) involved completing a literature search for a validated tool to measure food literacy, which showed that none existed during the time of the literature search. A definition of food literacy was developed through a Delphi Process carried out with Public Health dietitians as a set of interconnected attributes organized into the following categories:

- Food and Nutrition Knowledge
- Food Skills

- Self-efficacy and Confidence
- Ecological Factors (External)
- Food Decisions

Phase 3 (2018-2019) funding will focus on developing and validating a tool to measure food literacy. The intent is that the final tool will be shared with community organizations, with the goal to eventually test the tool with other age groups, new immigrants, etc.

6. MEMBER UPDATES

Sandy Skrzypczyk (Staff Liaison) informed the members that Vijay Jos has resigned from the Committee.

Karen Randall, the Chair of the Emergency Food Providers Network, was unable to attend this meeting but will join us at our April meeting.

Luc Peters informed the Committee about a public event called *Just Food in Our Neighbourhood* is being held on March 24th at St. Joseph's Parish Hall, Locke Street, 7-9 p.m. This is a free event on food justice that will include display tables with various related organizations motivated toward food justice. It is being organized by the Eco Locke churches.

7. DISCUSSION ITEMS

7.1 Food Strategy Update - Sandy Skrzypczyk, Public Health Services

Reports to Board of Health/Council: A report on Food Waste will be presented to Board of Health on March 19th, and a report on progress made toward meeting the Food Skills and Employability priority action will be developed in late 2018 and presented in early 2019.

Food Literacy Network: The Network was formed in 2015 and a Food Literacy Summit was held in 2016. The Network members are primarily service providers. A core group of members have decided to collectively co-ordinate a Food Literacy Month for October 2018. The goal is to develop a calendar to promote existing or new food related events to showcase ways to improved food literacy. The timing fits well with when Nosh Hamilton occurs. Outreach for community involvement will include the 100+ people/organizations on the Food Strategy Update List who will be invited to include their food related activities in the calendar and/or attend the events. An on-line application form is being developed for participants to register their event for inclusion in the Food Literacy Month calendar and promotion.

7.2 Councillor Engagement

At this time, the meeting room is available on Tuesdays for May and June if the Committee decides to move the meetings to encourage/accommodate participation from the Councillor Liaison. The Committee was advised that if they wish to invite a particular Councillor to a meeting, then an invitation to attend a meeting should also go to all Councillors. The invite would go through the Chair. The Committee discussed possible opportunities to support initiatives that have potential to involve Councillors,

such as the development of infrastructure for community kitchens and other food actions. Given the Committee is required to annually prepare a report to the Board of Health summarizing accomplishments and it needs to be submitted in the early fall, delegating/presenting at that time would be a more appropriate and effective way to interact with Councillors.

MOTION (H. Pahuta/L. Peters)

That the annual report to the Board of Health regarding the accomplishments of the Food Advisory Committee include recommendations for action.

CARRIED

7.3 2018 Work Plan

1. Food Literacy - See above notes re: food literacy research and Food Literacy Network

2. Food Skills & Employability - Hannah Pahuta

The Task group is recommending the Committee host a symposium to connect the Food Service sector with other various sectors, such as education, employment services, etc. The purpose would be to identify their needs, what resources are missing, what skills are needed. There may be potential to engage students as volunteer to collect the data if needed. Funds would be required to rent a location, for refreshments, and for promotion of the event, which could be covered by the Committee's budget.

MOTION (L. Peters/K. Flynn)

That the Food Skills & Employability Work Group continues to plan a Food Skills & Employability symposium.

CARRIED

8. NOTICES OF MOTION

None

9. GENERAL INFORMATION & OTHER BUSINESS

None

10. ADJOURNMENT (H. Pahuta/B. Wilcox)

Meeting adjourned at 9:06 p.m.

CARRIED