

Table 1 – Dietary Sources of Phosphorus

Food/Beverage	Portion	Phosphorus (mg)
Cheddar cheese	50g	256
Milk, 1%	250mL	245
Yogurt, plain, 1%-2% MF	175mL	261
Salmon, pink, canned, drained with bones	75g	274
Lean ground beef, pan-fried	75g	174
Almonds, roasted	60mL	171
Baked beans with pork, canned	175mL	202
Peanut butter, natural	30mL	113
Instant oatmeal, plain	1 packet (186g)	132
Bread, whole wheat	1 slice (35g)	80
Peas, green, cooked	125mL	100
Potato, baked, flesh and skin	1 (173g)	121
Banana	1 (118g)	26
Cola beverage	1 can (355mL)	48
Milk chocolate bar	1 bar (50g)	104

Table 2 – Pre- and Post-Implementation cost allocation

Pre-implementation Costs (2016-2018)	Post-implementation Costs (commencing 2018)
<ul style="list-style-type: none"> ○ \$97,000 annually – 1 temporary 24 month FTE ○ \$10,000 annually – laboratory analysis 	<ul style="list-style-type: none"> ○ \$10,000 annually – laboratory analysis ○ \$300,000 annually – chemical addition ○ Distribution Plan – one time increase of \$250,000