

Public Health Agency of Canada Agence de la santé publique du Canada

Chief Public Health Officer Administratrice en chef de la santé publique

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His Worship Fred Eisenberger Mayor of the City of Hamilton 71 Main Street W Hamilton, Ontario L8P 4Y5

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Dear Mr. Mayor:

On behalf of the Public Health Agency of Canada (PHAC), I am pleased to offer my congratulations to the City of Hamilton on being recognized by the Government of Ontario for its commitment to becoming an Age-Friendly Community (AFC).

Making communities age-friendly has been identified as one of the best ways to help seniors remain healthy, active, and independent for as long as they can. AFCs encourage healthy aging by improving and preserving: health; physical, social and mental wellness; independence; and quality of life. At the same time, AFCs create better, safer and healthier places for all Canadians to live in and thrive as they age.

PHAC and the World Health Organization (WHO) recognize the importance of creating social and physical environments in communities that facilitate active and healthy aging. On behalf of PHAC and WHO, I am pleased to endorse the Government of Ontario's recognition of your community's commitment to becoming age-friendly.

I understand that the City of Hamilton is a member of the WHO's Global Network for Age-Friendly Cities and Communities. Congratulations on being part of this Global Network of communities embracing the AFC movement. I would encourage active engagement in the Global Network, as this will provide you with the greatest benefit and international visibility. Members are required to submit at least one Age-Friendly practice per year in order to maintain membership. Please visit https://extranet.who.int/agefriendlyworld/submit-afp/ to submit your AFC practices.

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Please accept our best wishes for your continued efforts to support healthy aging, and in leading the way for other communities in Ontario, and across Canada, to become age-friendly.

Sincerely,

Dr. Theresa Tam, BMBS (UK), FRCPC Chief Public Health Officer

c.c.: Dr. John Beard, Director, WHO Lisa Maychak, Project Manager, Age Friendly Hamilton

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