



Hamilton

Minutes FOOD ADVISORY COMMITTEE

October 16, 2018,
7:00 – 9:00 p.m.
City Hall, Room 264, 2nd Floor
71 Main Street West, Hamilton

Present: Luc Peters (Chair), Krista D'aoust, Lynn Gates (Recorder), Laurie Nielsen, Hannah Pahuta, Bill Wilcox, Sandy Skrzypczyk (Staff Liaison)

Regrets: Kate Flynn, Steve Robinson, Bill Slowka, Nancy Henley, Vivian Underdown (non-member)

1. CHANGES TO THE AGENDA

None

2. DECLARATIONS OF INTEREST

There were no declarations of interest.

3. APPROVAL OF MINUTES OF PREVIOUS MEETING (L. Nielsen/B. Wilcox)

Minutes from September 11th, 2018 were approved as presented.

CARRIED

4. CONSENT ITEMS

None

5. PRESENTATION

None

6. MEMBER UPDATES

H. Pahuta announced that she has received approval to proceed with developing and implementing a Culinary Academy for adults looking to re-enter the workforce. Indwell's Parkdale Landing's full commercial kitchen will be used as the training site. The program chef for Indwell will be involved in the cooking skills training. Further logistics are to be determined. Students will be prepared so that they will be appropriate for "Pre-Apprenticeship" level positions.

There was a brief discussion of currently available food skills training opportunities to enter Food Service. Mohawk College does not include Culinary Skills in their Trades Program. The Liaison College is relatively expensive and presents a barrier for vulnerable populations.

L. Peters presented at the Ontario Science Centre on bee farming.

Krista reported that youth involved with the John Howard Society are holding group meetings at the Community Food Centre.

Food Literacy Month Events: Over 60 events are occurring during the month. The *Food Literacy Month* web page is posted on the City of Hamilton site. Over 20 events have been planned by Mohawk Nutrition students. <https://www.hamilton.ca/city-initiatives/strategies-actions/food-literacy-month-events>

Krista reported that the Edible Education Guide will be launched at the 310 Limeridge West site of N2N as part of Food Literacy Month.

The *Before the Plate* film and panel discussion event will happen on Oct. 26th from 6:00 pm - 10:00 pm at the Zoetic theatre. The film screening will be followed by the panel discussion with chef/owner Manny Ferreira from Mezcal, local farmer Hugh Drummond from Drummond Farms, and food educator still to be determined. Proceeds from the \$5 admission will be donated to *Tastebuds*. Luc agreed to moderate the panel discussion and Sandy will introduce the event as co-sponsored by the Food Advisory Committee and Public Health Dietitians, and encourage the audience to consider applying to be a member on the next Committee term. Funding is available for Committee members to attend.

7. DISCUSSION ITEMS

7.1 Food Strategy Update - Sandy Skrzypczyk, Public Health Services

Food Strategy Revisions: Sandy distributed the latest version for the revision of pages 42-43 in the Food Strategy report. This version incorporates the Committee's recommended edits and the revision proposed by the Hamilton Emergency Food Network. This version is a compromise for all stakeholders involved; respects the Network's work; recognizes that other non-profit organizations may also be involved but are not part of the Network; and acknowledges that everyone needs an income to become food secure. This collaborative effort aims to incorporate all stakeholders' perspectives and information, while still fitting into the writing style and format of the Food Strategy report. This version has been forwarded to Sandy's manager, who has sent it to the Network; however, no response has come from the Network yet. The revised pages will be incorporated into the on-line Hamilton Food Strategy document available on the City of Hamilton website.

Committee members congratulated Sandy on the excellent work she did to rewrite the pages and supports this version forwarded to Public Health management and the Network.

2019 Budget Report: Based on the Committee's work plan for 2019, Sandy has included a recommendation for an additional \$1,000 to increase the Committee's budget to \$2,500 in order to accomplish future plans. This is subject to approval by the Board of Health.

Sandy reported that the *Keep Hamilton Clean and Green Advisory Committee* are involved in providing small grants for community gardens. Members expressed an interest in learning more about how other Advisory Committees operate and how they can possibly collaborate to support the Food Strategy.

ACTION

Sandy will invite the *Keep Hamilton Clean and Green Advisory Committee* Staff Liaison and interested members to the next meeting.

7.2 2018 Annual Report and Presentation

As the Committee work plan for the next steps are operational in nature, they do not need to be presented as recommendations for approval by the Board of Health. The Committee's annual report will be incorporated into the Committee's 2019 Budget Request report (subject to approval by the Board of Health/Council). The report is scheduled for the Dec. 10th Board of Health meeting but may be bumped to January 2019 due to the recent municipal elections and a new Board of Health/Council convening for the first time in December.

Nancy's feedback on the draft report included a suggestion to incorporate a definition of food as "a nutrition substance." As the Committee has not yet had a discussion about establishing a definition, this definition will not be included in the report. Discussion about this will be added to the next agenda.

ACTIONS

Sandy will edit the draft report to make it more concise, and then send out for final review; everyone to provide their feedback to Sandy by **October 25th**. Sandy will also make further edits to the presentation that was circulated earlier and recirculate to the Committee for final review.

Hannah and Luc will co-present at the Board of Health when this report is on the agenda.

7.3 Future 2019 Food Strategy Reports

The first Board of Health report for 2019 will be an update on the Food Strategy's Priority Actions 2 and 3, which focus on food skills & employability programming, and community/neighbourhood infrastructure to support food literacy initiatives. Sandy will discuss barrier issues for organizations who want to offer food skills training with her colleague in Economic Development.

8. NOTICES OF MOTION

None

9. GENERAL INFORMATION & OTHER BUSINESS

None

10. ADJOURNMENT (H. Pahuta/K. D'aoust)

Meeting adjourned at 8:53 p.m.

CARRIED