Dear Parent/Guardian of ____________________________

Your child had a vision screening at school today. While no vision issues were identified during the vision screening, it should be noted that a screening is not designed to detect all vision problems. For this reason, we encourage you to contact an optometrist regarding the need to book a routine comprehensive eye exam for your child.

Ontario Health Insurance Plan (OHIP) covers the cost of a comprehensive eye examination once every 12 months for all children (0-19 years) who have a valid OHIP card.

Comprehensive eye examinations are important to detect vision problems that may interfere with a child’s eye health, learning and social development. In rare cases, some untreated problems can lead to permanent vision loss/vision disorders.

A comprehensive eye examination includes:
- Reviewing your child’s health history and the family history of eye problems;
- Checking visual acuity and 3D vision;
- Checking eye alignment;
- Checking eye focusing ability (i.e., how well the eye muscles can focus at various distances);
- Checking eye health (e.g. allergies, infections);
- Identifying if your child is meeting visual developmental milestones; and
- Determining if your child needs eye glasses or other treatment (e.g., eye drops, vision therapy, a referral to a healthcare provider, etc.)

If you require more information, including if you need assistance finding an optometrist, or if your child does not have a valid OHIP card, please contact the public health unit at the top of this page.

To find a local optometrist, please go to: www.findaneyedoctor.ca.