



Hamilton

**Meeting Minutes
Seniors Advisory Committee
Friday, September 7, 2018
10:00am – 12:00pm**

Room 2019, David Braley Health Science Centre, 100 Main Street West

Present: Bob Thomson (Chair), Margaret Cheyne, Mary Sinclair, Carolann Fernandes, Dahlia Petgrave, Marjorie Wahlman, John Kennard, George Hough, Jeanne Mayo, Ramanath Kamath, Penelope Petrie, Karen Thomson, Lou DeStephanis, Doug Stone.

Regrets: Paula Kilburn, Barry Spinner, Councillor Johnson, Councillor Jackson, Emmy Weisz, John Winslow.

Also

Present: Betsy Pocop (Human Rights, Diversity & Inclusion)
Eleanor Morton (Healthy and Safe Communities)
Liz Conti (Public Health)
Lisa Maychak (Age Friendly Hamilton, Healthy and Safe Communities)

Guests: Michelle Ferrera, New Village Retirement Residence

1. Changes to the Agenda

Addition of Items:

- 4.2 AODA Representation for Hamilton Health Sciences
- 4.3 Area Rating
- 4.4 Financial Empowerment

That the agenda of September 7, 2018 be approved as amended.

(M. Wahlman / K.Thomson)

CARRIED

2. Approval of Minutes

(M. Wahlman / C.Fernandes)

That the minutes of July 1, 2018 be approved as amended.

CARRIED

3. Presentations

3.1 Hamilton Police Seniors Support Team, Andrea McLaughlin

A. McLaughlin shared a presentation with SAC about the supports available for seniors in the Hamilton area and the nature of her work which includes, quality of life issues and minor criminal offences.

(P. Petrie/J. Mayo)

That the presentation for Hamilton Police Service be accepted.

CARRIED

4. Business / Discussion Items

4.1 Budget

Committee members were provided with an overview of their 2018 budget.

Motion: For the 2019 year the committee is requesting to submit a budget of \$1500.00.

(J. Mayo/P.Petrie)

J. Bowen will prepare the budget documents for the Committee's review and approval.

4.2 AODA Representation at Hamilton Health Sciences

M. Sinclair advised that she will not be continuing as the SAC representative for this group. D. Petgrave volunteered to continue represent SAC at these meetings as they arise.

4.3 Area Rating

Discussion on this item and corresponding motion was presented at the June SAC meeting. J.Mayo would like this added as a standing agenda item.

4.4. Financial Empowerment

Follow-up to June presentation

L. Conti assured that efforts would be undertaken by the Seniors at Risk Community Collaborative Team (SARCC) to ensure that vulnerable older adults would benefit from this initiative.

J. Mayo asked that members who are aware of groups, particularly isolated seniors, who may be interested in having a presentation done to contact the presenters to arrange.

5. Working Groups/Committees

a) SAC – Housing Working Group (M. Sinclair)

M. Sinclair requested support to print the Housing Guidebook. She advised the committee that the Guidebook is on the GIC agenda for September 11, 2018. This same GIC meeting will also include a presentation on AODA.

b) SAC – Getting Around Hamilton Working Group (J.Mayo)

J. Mayo advised that the Pedestrian Safety Workshops have been completed. There is a possibility of a second round of workshops to be scheduled. A McMaster physiotherapist has applied for a grant to continue these workshops. At the close of each workshop participants were encouraged to provide feedback. A summer student had been assigned to compile the data and develop a report that will go to Council.

Rural Transportation:

L. Maychak assigned a summer student to review rural transportation with consideration being giving for distance and lack of ridership. The focus will be on areas that are underserved and the need for increased transportation for less accessible areas. In addition, consideration will be given to accessibility to hospitals. There is a possible collaboration between the Advisory Committee for People with Disabilities and SAC.

J. Mayo will send the request to collaborate with ACPD to J. Bowen.

- c) SAC – Communications Working Group (B. Thomson)**
No update at this time.
- d) Age Friendly Plan – Governance Committee (J. Mayo)**
No update at this time.
- e) Older Adult Network (D. Stone)**
No update at this time.
- f) International Day of Older Persons Committee (D. Stone)**
The event is on October 1, 2018 at City Hall. An invitation has been extended to MP Filomena Tassi to attend.

(D.Stone/J.Mayo)

Motion: That the Seniors Advisory Committee contribute \$250.00 to the International Day of Older Persons event.

g) Seniors at Risk Community Collaboration (SARRC) (K. Thomson)

No update at this time.

h) McMaster Institute of Research on Aging (E. Weisz)

E. Weisz has withdrawn as a representative.

G. Hough volunteered to continue as SAC's representative.

i) Ontario Health Coalition (C. Fernandes)

No update at this time.

j) Our Future Hamilton update (P. Petrie)

Suggestion from J. Mayo that they be made aware of Senior of the Year and the success of Seniors' month activities.

k) Senior of the Year Award (P. Petrie)

- L. Maychak advised that there were 600 participants at this year's event.
- Leadership Award was given to Carol Ann Fernandes.
- Senior of the Year was Betty Cobuyashi
- Youth Award Ben Weingarten

L. Maychak reported that this was a very successful event.

J. Mayo advised that there should be encouragement for the Arts Community to nominate volunteers for awards.

6. Other Business

6.1 Update from Councillor Jackson

Through an email correspondence, Councilor Jackson commended the Committee on their accomplishments this term of City Council and advised that it has been an honour working with members as well as City staff too.

7. Business / Discussion Items

7.1 E. Morton advised the committee of a caregiver workshop scheduled for September 19, 2018. They are looking for 40 participants from Hamilton to discuss topics such as becoming a caregiver,

7.2 Alzheimer's Society

There is an event on September 20, 2018 at the Royal Botanical Gardens from 6:00pm-8:30pm.

7.3 Future Presentations

the Committee has an open discussion for future presentations. Suggestions included the use of medical cannabis for pain management. Karen to send information for upcoming lecture in through the City of Hamilton.

7.4 The committee discussed and agreed to continuing SAC meetings during the Municipal Election period.

Adjournment

The meeting adjourned at 11:47am

Next Meeting

Friday, October 5, 2018