

Restorative Practice

- Fosters a good mind
- Promotes and teaches empathy/kindness and understanding
- Promotes safer communities
- Reduces violent behavior/incidences/charges
- Reduces exclusion from our communities
- Increases linkages to support each other.

The Workshop includes theory, experiential learning and group work. You will learn to:

- Increase understanding of Restorative Justice Practices.
- Increase understanding of the differences of a punitive approach vs. a restorative approach.
- Develop new skills such as understanding the importance of active listening, perception, assumptions and intent.
- Create new understanding of the impact of community vs. non community.
- Increase knowledge and skill in informal restorative conversations.
- Increase confidence of using restorative approaches to resolve conflict.
- Increase overall understanding of techniques to decrease or prevent conflict.
- Increase committed to using strategies and the process of restorative justice in your own organization and/or daily practice.

Ruth Greenspan

rgreenspan@jhshamilton.on.ca

**John
Howard**
SOCIETY OF HAMILTON,
BURLINGTON & AREA

Garth Bell

gbell@jhshamilton.on.ca