



AGE FRIENDLY HAMILTON

**Presentation to
Advisory Committee for Persons with Disabilities
November 12, 2019**



Demographic Profile



- ✓ Seniors are the fastest growing age group in Ontario.
- ✓ For the first time in Canadian history there are now more seniors age 65+ than children under age 14.
- ✓ The senior population in Ontario is expected to double by 2041.
- ✓ In Hamilton there are 167, 070 adults over age 55 (close to 93,000 people age 65+).

Defining...

- ✓ **Where Does “Age Friendly” Come From?**
- ✓ **What is Age Friendly?**
- ✓ **All About Age Friendly Hamilton**

Where Does “Age Friendly” Come From?



- ✓ Global Network for Age Friendly Cities and Communities was established in 2010
- ✓ Fosters exchange and mutual learning between cities and communities worldwide
- ✓ Hamilton was certified as an Age Friendly City in March 2015
- ✓ 937 cities and communities
- ✓ 46 countries
- ✓ 240 million people worldwide

What is Age Friendly?

- An age friendly world enables people of all ages to actively participate in community activities and treats everyone with respect, regardless of their age.
- It is a place that makes it easy for older people to stay connected to people that are important to them.
- It helps people stay healthy and active even at the oldest ages, and provides appropriate support to those who can no longer look after themselves.

Age Friendly Hamilton: The Journey...

2007:

- Hamilton Council on Aging initiates an Age Friendly strategy for Hamilton

2010 & 2013:

- Initial consultation led to the development of two reports: *A City of All Ages* (2010) and *Hamilton, a City of all Ages: 3 Years On...* (2013)
- Partnership and collaboration with the City of Hamilton, Hamilton Council on Aging and Seniors Advisory Committee

2014:

- Consultation with 700+ older adults and other key stakeholders
- Development of Hamilton's Age Friendly Plan (a community plan)
- Endorsed by City Council

2015:

- A 5-year implementation plan is developed
- Certified by the World Health Organization

2015-2019:

- Implementation of the Plan (collaboration and partnership is key)
- Ongoing community engagement and evaluation
- Ontario Age Friendly Community Recognition Award

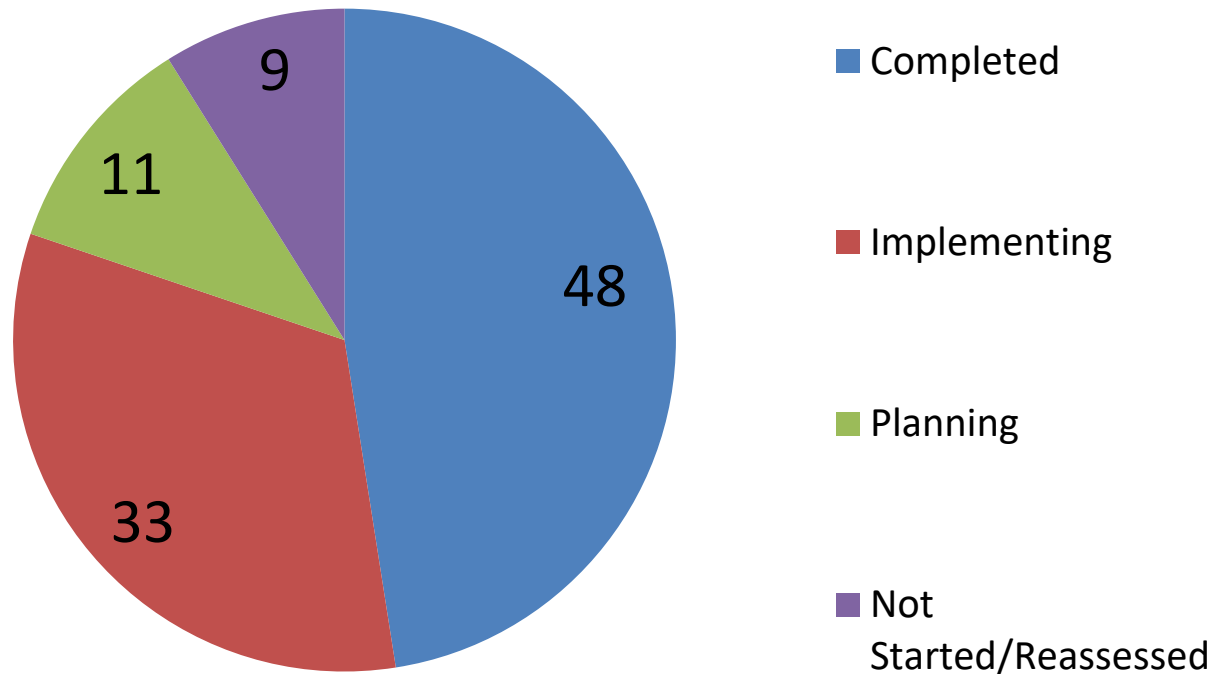
Age Friendly Hamilton



- **7 Goals**
- **25 Objectives**
- **101 Actions**

Age Friendly Hamilton Progress

Age Friendly Progress



Key Achievements

- ✓ New City Vision: “The Best Place to Raise a Child and Age Successfully”
- ✓ Age Friendly Forums
- ✓ Pedestrian Safety Workshops
- ✓ Cyber Seniors Project
- ✓ Senior of the Year Awards
- ✓ “Let’s Get Moving” Workshops
- ✓ *55+ Program Guide*
- ✓ McMaster University Intergenerational Co-Housing Project
- ✓ Social Isolation Impact Plan
- ✓ Seniors-at-Risk Community Collaborative
- ✓ Directory of Community Resources for Older Adults
- ✓ Information Brochures: Home Adaptations in Rental Buildings/ Home Owners
- ✓ Evaluation Framework

2019 Priorities



Facilitate the development of a 2020-2025 Age Friendly Hamilton plan through multiple methods:

- ✓ April: Age Friendly Forum- 330 Participants
- ✓ May to October: Focus Groups- 16
- ✓ April to October: Targeted Events- 10
- ✓ July to October: Online and Print Survey- 500+



Broaden community engagement efforts by targeting Indigenous residents, vulnerable older adults, ethno-cultural groups, and rural communities in order to identify the needs and priorities of **all** older adults in Hamilton.

Where Do We Go From Here?

- Analyze and collate feedback/data
- Identify key themes and actions
- Develop 2020-2025 Age Friendly Hamilton Plan
- Present to City Council and community stakeholders

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THANK YOU!