

# Hamilton Burlington Mountain Biking Association



## Our mission

The Hamilton Burlington Mountain Biking Association's mission is to work with community partners to maintain and improve a sustainable network of off-road cycling trails across the Hamilton and Burlington region.

## What is mountain biking?

Mountain biking is the sport of riding bicycles off-road, over rough terrain, using specially designed bikes.

## Why mountain biking in Hamilton?

Mountain bikers are currently forced to use hiking trails which causes user conflicts. As a result, numerous unsanctioned trails (trails built without permission) have been created. If there were specific mountain biking trails, we could address the following:

- Trail user conflicts between mountain bikers, hikers, dog walkers, etc.
- Connect or create mountain biking trails within all wards of Hamilton
- The protection of ecologically sensitive areas

## Hamilton is the perfect fit

Hamilton is becoming a cycling city and we can continue to expand on the great work that has already been done to make cycling a priority.

- Build on the successes of the Gage Park Pump Track
- As a sport, mountain biking is gaining in popularity as a recreational activity

## HBMBA can help!

The Hamilton Burlington Mountain Biking Association has a lot of experience with building trails. We've been building trails and maintaining them at Christie Lake Conservation Area in partnership with the Hamilton Conservation Authority.

- 10km of mountain bike trails at Christie Lake
- We are working with the HCA, bike shops, and other partners to help with proper trail etiquette, address trail user conflicts, encourage new riders, and promote a more diverse community
- Board members represent the East, West, Waterdown, and our friends in Burlington