

**Form: Request to Speak to Committee of Council**

Submitted on Thursday, November 28, 2019 - 12:59 pm

==Committee Requested==

**Committee:** General Issues Committee

==Requestor Information==

**Name of Individual:** Amanda Lakhanpal

**Name of Organization:** Plant Based Burlington- Hamilton

**Contact Number:**

**Email Address:**

**Mailing Address:**

**Reason(s) for delegation request:** I will be sharing the highlights of EAT Lancet Commission, namely the need for a radical shift in dietary patterns toward a plant based diet for personal health and planetary sustainability. Our non-profit group supports members of the community transition to a whole foods plant based (WFPB) lifestyle.

**Will you be requesting funds from the City?** No

**Will you be submitting a formal presentation?** No