

Meeting Minutes Seniors Advisory Committee Friday, November 1, 2019

10:00am – 12:00pm

Rooms 192/193, City Hall, 71 Main Street West

In Attendance:

Penelope Petrie (Chair), Ann Elliot, Marian Toth, Kamal Jain, Marjorie Wahlman, Aref Alshaikhahmed, Doug Stone, Jim McColl, Sarah Shallwani, Dahlia Petgrave, Maureen McKeating, Barry Spinner, David Broom, Jeanne Mayo, Carolann Fernandes, Sheryl Boblin

Absent with Regrets:, Councillor Nrinder Nann, Noor Nizam

Absent: Vince Mercuri, John Kennard

Also, in Attendance:

Councillor Tom Jackson

Jessica Bowen, Diversity and Inclusion, Human Resources

Lisa Maychak, Community and Emergency Services

Liz Conti, Public Health

Pat Armstrong, Public Health

Nicki Desprey, Public Health

Welcome and Introductions

1. Changes to the Agenda

That the following items be added to the agenda:

Item 5.3: Sponsorship Item 5.4: Holiday Luncheon

(M.Wahlman/J.Mayo)

That the agenda for November 1, 2019 be presented as amended.

2. Approval of Minutes

2.1 October 4, 2019 Meeting Minutes

(M.Wahlman/A.Elliot)

That minutes of October 4, 2019 be approved as amended.

3. Presentations

3.1 Update: Seniors Dental Program, Public Health

(M.Wahlman/J.Mayo)

The Seniors Advisory Committees accepted the presentation from Public Health representative about the Seniors Dental Program. (presentation attached)

3.2 Age Friendly Consultation, Lisa Maychak

L. Maychak provided a history of the project. A survey circulated starting in July 2019. To date there have been 450-500 surveys completed online and over 200 surveys completed in print form.

L. Maychak asked for feedback from the Committee in the following areas:

- **A**. Housing:
 - Affordability (rental and homeownership) and universal/accessible housing.
 - Some possible solutions included co-housing, support for cohousing ideas
- **B.** Transportation/public spaces:
 - Address the application process for accessible transportation.
 - Signage it's too small.
- **C.** Communication:
 - Getting the information out there has to be multipronged approach.
 - Services that are going into the home can help to disseminate information.
 - Individual and group communication
 - Ensuring language barrier is removed.
- **D.** Health and community services:
 - Barriers: hubs, translation services
 - Creating awareness
 - Goal social participation
 - Recreation centres where there are offering 55+ programming.

4. Discussion Items

- 4.1 Working Groups
 - a) Getting Around Hamilton Working Group
 J.Mayo advised that the group is meeting on the 3rd Tuesday of every month at 2:00pm. Next meeting is on November 17, 2019 and the meeting will be held at Sackville

In the first meeting, the group reviewed what the previous committee had done.

The group chose to engage in the following:

- HSR and the importance of city council to continue to fund the HSR adequately
- Area Rating. This is a complex problem and one that is a project for consideration through City Lab.
- The Committee discussed the need to have new housing developments near to services. There are new tower developments that are isolated from the services that individuals need.
 - SAC to invite planning committee to speak to the planning of developments.
- b) Elderly Financial & Physical Abuse Working Group

The Committee had the opportunity for Andrea Mclaughlin from Hamilton Police Services to attend the meeting.

The group will be discussing ways to bring awareness about elderly abuse both financially and physical including areas such as, telephone scams, misappropriation of funds by family, etc.

They discussed engaging in a social isolation pilot program to help educate seniors on this topic. One area of consideration is to gain support from various properties and share this information with seniors.

The committee is meeting on the last Friday of every month ideally from 9:00am-11:00am where space is available.

c) Housing No update provided d) Communication

The group reviewing the City's website to determine the content that is related to Seniors.

The next meeting is November 27. It will be the fourth Wednesday of every month.

5. Other Business

5.1 Update from Councillor Jackson Councillor Jackson advised that Council is tasked with considering a 5.5 percent tax increase.

The Seniors Dental program – good news story. Council has . moved an amendment to ask the Province to remove the co-payment for dentures from the program.

Infrastructure: Of the 41 projects that were submitted to the federal government, Sackville Hill and its expansion is one of the projects on the list.

Remembrance Day service on November 11.

5.1 Holiday Lunch December The committee agreed to have their annual holiday luncheon following their December meeting.

6. Adjournment

The meeting adjourned at 12:00pm.