

DRAFT AGENDA
as of January 8, 2020

7:30 **Continental Breakfast & Registration**

8:30 **Greetings and Land Acknowledgement**

Trudy Sachowski
Vice-Chair, Northwestern Board of Health
Chair, alPHA Boards of Health Section

8:40 – 9:40 **alPHA Affiliates – On the Front Lines – Part II**

In addition to alPHA's Medical and Associate Medical Officers of Health and the Board of Health representatives, alPHA on its Board has senior public health managers in key public health disciplines – nursing, inspections, nutrition, dentistry, health promotion, epidemiology and business administration. Come and hear about key public health issues in Ontario from the unique perspectives of these affiliate members. Join in on the conversation as we explore public health issues in a time of modernization. This is a continuation of the very well-received session from the Fall BOH Section meeting featuring our affiliate representatives. There will be all new speakers and topics.

Speakers:

David Groulx
Manager Professional Practice and Development
Knowledge and Strategic Services
Public Health Sudbury & Districts

Steven Rebellato
Director, Environmental Health Department
Simcoe Muskoka District Health Unit

Cynthia St. John
Chief Executive Officer
Southwestern Public Health

Moderator:

Carmen McGregor, alPHA, President

9:40 to 10:10 **Strengthening Continuous Quality Improvement (CQI) in Ontario's Public Health Units (PHUs)**

Speakers:

Anita Brisson
Public Health Sudbury & Districts

Alex Berry
Manager, Communications & Foundations Services
Northwestern Health Unit

This session will provide an overview of the results from the Locally Driven Collaborative Project (LDCP) on Strengthening CQI in Ontario's Public Health Units. A culture of CQI supports organizational efficiency, effectiveness, transparency and accountability – all issues that are front-of-mind for Boards of Health in the midst of public health modernization. The research project recently wrapped up, creating a common vocabulary for CQI in public health in Ontario, and developing an online repository of case studies from PHUs to share successes and challenges in supporting CQI. The presenters will share information about the tools you can use, and actions you can take, to strengthen CQI in your public health unit.

10:10 – 10:40 **Break**

10:40 – 11:10 **Social Prescribing**

Speaker:

Kate Mulligan
Assistant Professor in Social and Behavioural Health Sciences at the Dalla Lana School of Public Health and the School of Cities at the University of Toronto, and the Director of Policy and Communications at the Alliance for Healthier Communities

What would it look like for the healthcare system to see a patient as a whole person, instead of focusing on just their medical diagnoses? What if, along with medication, doctors and nurse practitioners were enabled to prescribe dance lessons, cooking classes, volunteer roles, caregiver supports, single-parent groups, and connections to bereavement networks? This kind of "social prescription" is sweeping across the United Kingdom and gaining international recognition. The Alliance for Healthier Communities piloted a Social Prescribing project in 11 diverse Community Health Centres (CHCs) to adapt and measure its impacts in an Ontario context. Find out more about this project that aims to bring sustainable service innovation to the front lines of primary health care.

11:10 – 11:40 **Vaping/E-Cigarettes – Key Issues and What You Need to Know as a Member of a Board of Health**

Speaker:

Michael Perley
Director
Ontario Campaign for Action on Tobacco

The Ontario Campaign for Action on Tobacco (OCAT) was founded in 1992 by the Ontario Medical Association, The Heart and Stroke Foundation of Ontario, the Canadian Cancer Society's Ontario Division and the Non-Smokers' Rights Association to promote comprehensive tobacco control across Ontario. Come and hear the latest on vaping/e-cigarettes and what you need to know as a Member of a Board of Health.

11:40 – 11:50

Section Business

Approval of Minutes from November 2019 BOH Section Meeting
(5 minutes)

Executive Director Update (5 minutes)

11:50

Closing Remarks

Trudy Sachowski
Vice-Chair, Northwestern Board of Health
Chair, alPHa Boards of Health Section

Lunch on your own