



Hamilton

INFORMATION REPORT

TO:	Mayor and Members Board of Health
COMMITTEE DATE:	June 16, 2020
SUBJECT/REPORT NO:	2019 Year-End Public Health Services Performance Report (BOH20009) (City Wide)
WARD(S) AFFECTED:	City Wide
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COUNCIL DIRECTION

During the last Board of Health evaluation completed in 2018 (BOH18011(a)), staff committed to providing regular updates on progress with the Annual Service Plan & Budget (ASPB) as well as the Multi-Year Business Plan (MYBP). This report fulfils that commitment for Q3 and Q4 2019.

INFORMATION

Based on population health assessment data and knowledge of our community, three priority areas for public health action were identified in the 2019 ASPB:

- Mental Health & Addictions;
- Healthy Weights; and,
- Health Equity.

In November 2019, action plans for each of these priority areas were provided to the BOH (Report BOH19034). This report outlines the progress staff made in Q3 and Q4 2019 towards achieving the objectives and implementing the actions outlined in these plans.

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OUR Mission: To provide high quality cost conscious public services that contribute to a healthy, safe and prosperous community, in a sustainable manner.

OUR Culture: Collective Ownership, Steadfast Integrity, Courageous Change, Sensational Service, Engaged Empowered Employees.

Appendix “A” to Report BOH20009 summarizes Public Health Services’ (PHS) progress in achieving the objectives outlined in the ASPB and the MYBP as part of our day-to-day work. The ASPB and MYBP include the full breadth of programs delivered by PHS and are aligned with the mandates set out by the Province and its agencies, to whom the Board is accountable. By regularly monitoring our performance using locally determined measures, staff can proactively identify issues, measure success and make timely improvements to our programs and services, including fulfilling our commitment to transparency with stakeholders.

As noted in Report BOH19030, staff have worked to maximize the efficiency, transparency and usefulness of the PHS’ Performance Management and Monitoring System by streamlining and integrating the System with the annual planning and budget cycles, and by better defining program objectives, performance measures and strengthening targets. The information contained in this report is generated by the System and is used by staff and management to inform program planning and drive continuous quality improvement. In some areas, there is rich availability of data to use for decision-making purposes, while in other areas staff continue to develop new ways to gather meaningful information. Moving into 2020, the System continues to be improved to provide the breadth and depth of information needed to ensure performance on PHS priorities and program objectives.

Public Health Priorities: Progress Update

Results for the priority areas for public health action highlight the significant progress PHS has made in 2019 toward achieving the objectives and implementing action plans for Mental Health & Addiction, Healthy Weights, and Health Equity.

Priority 1. Mental Health & Addictions

PHS continues to partner with the Hamilton Drug Strategy (HDS) to address stigma related to mental health and substance use through the Stop the Stigma campaign and stigma core competencies among HDS partner staff. In 2019, an audit of internal services was completed to assess alignment with the principles of Trauma and Violence Informed Care. This audit will inform next steps regarding implementing Trauma and Violence Informed Care for staff. PHS is also assessing possible opportunities to enhance community violence prevention efforts. Finally, early childhood mental health is being addressed through mental health and well-being programs in targeted schools, a pilot of positive parenting programs, and social-connectedness among school aged children.

Mental Health & Addictions				
GOAL 1: All Hamilton residents live, learn and grow in a supportive and connected environment to develop resiliency, healthy relationships, and coping.				
GOAL 2: All Hamilton residents are free of harm due to substance use and are able to enjoy the best quality of life.				
Actions				
<ol style="list-style-type: none"> 1. Continue to identify and implement evidence-based programs to address stigma related to mental health and substance misuse; 2. Explore community violence as a public health issue and identify strategies to reduce violence and the trauma associated with it; 3. Incorporate a trauma-informed approach into PHS practices; 4. Collaborate with school boards to deliver Positive Parenting Programs with a focus on parents of children with externalizing behaviours; and, 5. Identify opportunities to increase social connectedness for children and youth outside of the school setting. 				
Measures of Success				
#	Measure	Target	2019 Results	Comments
MH1	% of adult Hamiltonians who report awareness of the substance use anti-stigma campaign key messages	10% increase by Q3 2020	In progress	Evaluation of anti-stigma campaign scheduled to be completed in Q1/Q2 2020.
MH2	% of Hamilton Drug Strategy partners who have substance use stigma core competencies for staff	100% by end of 2022	In progress	Stigma core competencies are being presented to the Hamilton Drug Strategy Steering Committee in Q1 for prioritization in their 2020 workplan.
MH3	Complete an audit of current PHS programs and services for alignment with trauma and violence informed care principles by end of 2019	2019	Complete	Audit of PHS program area alignment with TVIC principles completed in Q4 2019. Data analysis and recommendations anticipated for 2020.
MH4	% of PHS staff who have completed trauma and	50% by Q3 2020	In progress	Results of audit will inform recommended actions for competency

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	violence informed care (TVIC) training			development; anticipated in Q1 2020.
MH5	% of completed mental health & wellbeing activities in targeted schools	80%	90.7% (294/324)	Target achieved. Plan to re-evaluate target in 2020.
MH6	Complete inventory of evidence-based public health interventions on community violence by end of 2019	2019	Complete	Completed report on role of public health in community violence prevention, including list of evidence-based interventions. In Q1 2020, PHS will complete internal scan of initiatives and determine opportunities to enhance community violence prevention efforts.
MH7	Complete a feasibility pilot for the delivery of positive parenting programs by June 2020	June 2020	In progress	Partnering with Hamilton Wentworth District School Board to pilot Triple P to parents/caregivers of students who have demonstrated externalizing behaviours. Initiated in 2019 Q4 with planning for next phase in January 2020.
MH8	Complete an audit of the cost of social connectedness for children ages 6-12 in Hamilton by Q2 2020	Q2 2020	Under review	Exploring alternate avenues to address social connectedness in children; will develop new measure of success by Q2 2020.

Priority 2: Healthy Weights

PHS continues to collaborate with City and community partners on initiatives to promote healthy eating and physical activity, such as Hamilton’s Food Strategy, Hamilton’s Vision Zero plan and Active and Sustainable School Travel. PHS has successfully met the established targets for three of the four measures; the fourth target is scheduled to be completed end of 2020.

Healthy Weights					
GOAL: Hamiltonians achieve and maintain a healthy weight throughout their lives.					
Actions					
<ol style="list-style-type: none"> 1. Continue implementation of priority actions within Hamilton’s Food Strategy; 2. Continue development of built and social environments that enable physical activity; 3. Implement actions from Hamilton’s Vision Zero plan in collaboration with Public Works and community partners; and, 4. Continue providing evidence-based programs that promote healthy lifestyles during preconceptions, prenatal/postnatal periods, and early years. 					
Measures of Success					
#	Measure	Target	2019 Results		Comments
HW1	% of total food items on recreation concession menus that fit the green choice guideline	10% by end of 2019	10-13.3%	(9-12/90)	Menu items differ for single pad and twin pad arenas. Target achieved. New target to be set for 2020.
HW2	% of targeted community agencies staff/volunteers with increased knowledge following food and nutrition training	70% by end of 2019	76.9%	(10/13)	Target achieved. In 2020, a new measure for food literacy will be included to align with the Annual Service Plan & Budget.
HW3	% of schools with School Travel Planning Level 1 Certification	76% by end of 2020	69.5%	(107/154)	Aiming to work with 20 new schools for the 2019/2020 school year to initiate the school travel planning certification process.
HW4	% of children (18mth – 5yrs) enrolled in the home visiting program for whom a NutriSTEP tool was completed	50% by end of 2020	86.8%	(33/38)	This includes NutriSTEP tool used to screen eligible children for both HBHC and NFP programs.

Priority 3: Health Equity

PHS has used population health data and evidence to identify priority populations for all program areas. In 2020, programs will report on how initiatives are effectively meeting

the needs of these groups. PHS continues to focus on the needs of our Indigenous population. To date, 27 leaders in primarily Indigenous organizations have been engaged in the development of the Indigenous Health Strategy. Expanded consultation, including a community survey and focus group, will be completed in Q1 2020. In addition, we continue to train staff in Indigenous Cultural Competency.

Health Equity					
GOAL: All Hamilton residents attain full health potential without disadvantage due to the social determinants of health.					
Actions					
<ol style="list-style-type: none"> 1. Continue using population health data and evidence to identify health inequities and determine effective interventions to reduce those inequities; 2. Develop an Indigenous Health Strategy by developing relationships and engaging 3. with Indigenous communities to address health inequities; and, 4. Provide Indigenous Cultural Competency Training for all PHS staff. 					
Measures of Success					
#	Measure	Target	2019 Results		Comments
HE1	% of PHS staff who have completed the Indigenous Cultural Competency Training	50% by end of 2020	17.5%	(82/468)	This initiative is in progress. Further sessions are planned for 2020 to meet target by Q4.
HE2	# of individuals who have been engaged in the development of the Indigenous Health Strategy	N/A	27		This result reflects the number of Indigenous Community Partners who were engaged in 2019.

PHS Programs and Services: Performance Update

A summary of the Q3 and Q4 2019 performance and monitoring results for all mandated and non-mandated public health work is presented in Appendix “A” to Report BOH20009. Overall, PHS is making significant progress in achieving set targets. PHS continues to strengthen performance measures and develop meaningful targets, while actively using evidence to inform decision-making for continuous quality improvement. PHS is committed to monitoring progress, developing new ways to gather meaningful information, and adjusting strategies to ensure desired outcomes.

Boards of health are also required to report on program activity and performance to the Ministry as per the Public Health Accountability Framework. The framework is included within Chapter 3: Strengthened Accountability of the Standards (Appendix “B” to Report BOH20009). Program activity is reported to the Ministry through submission of: 1) the

Q4 Standards Activity Report; and, 2) the Annual Report and Attestation. The Q4 Standards Activity Report consists of Ministry determined process-level measures to monitor program activities and interventions. The Q4 report for 2019 is provided in Appendix “C” to BOH20009 and was submitted to the Ministry on March 31st.

The Annual Report and Attestation to the Ministry consists of outcome-level measures to demonstrate impact and program achievements as well as year-end financial and compliance information. This report is normally due to the Ministry by April 30th; however, in light of the COVID-19 situation the timeline has been extended to July 31, 2020. The Ministry has also indicated that only the financial section is required at this time.

APPENDICES AND SCHEDULES ATTACHED

Appendix “A” to Report BOH20009:	Q3-Q4 2019 Year-End PHS Performance Results
Appendix “B” to Report BOH20009:	Ontario Public Health Standards: Requirements for Programs, Services, and Accountability (Chapter 3)
Appendix “C” to Report BOH20009:	Ministry Q4 2019 Standards Activity Report