



Hamilton

**Meeting Minutes
Seniors Advisory Committee
Friday, February 7, 2020
10:00am – 12:00pm**

Rooms 192/193, City Hall, 71 Main Street West

In Attendance:

Penelope Petrie (Chair), Marjorie Wahlman, Aref Alshaikhahmed, Doug Stone, Jim McColl, Sarah Shallwani, Dahlia Petgrave, David Broom, Jeanne Mayo, Carolann Fernandes, Ann Elliott, Kamal Jain

Absent with Regrets: Sheryl Boblin, Maureen McKeating, Vince Mercuri, Noor Nizam, Barry Spinner, Marian Toth

Also, in Attendance:

Jessica Bowen, Diversity and Inclusion, Human Resources
Paul Di Clemente, Diversity and Inclusion, Human Resources
Lisa Maychak, Community and Emergency Services
Caroline Moore, McMaster School of Nursing

Welcome and Introductions

Land Acknowledgement

- S. Shallwani gave a land acknowledgement

1. Changes to the Agenda

- No changes

(M. Wahlman / C. Fernandes)

That the agenda for February 7, 2020 be approved.

CARRIED

2. Approval of Minutes

2.1 January 3, 2020, Meeting Minutes

Amendments:

- Councillor Naan not in attendance.

(M. Wahlman /D. Stone)

That the minutes of January 3, 2020 be approved as amended.

CARRIED

3. Presentations

3.1 Caroline Moore, Research Coordinator from McMaster School of Nursing – EMBOLDEN study

- C. Moore discussed the EMBOLDEN study which is looking to partner with older adults and their communities
- Goals of the study are to promote physical and community mobility for older adults, to partner with older adults and service providers to co-design a community program and to address community needs, gaps in services and barriers.
- Currently in Phase 1 of the study which is the design stage
- Discussion on how SAC can be involved. C. Moore gave an open invitation to the committee for anyone who wished to be part of the Strategic Guiding Council of the study and/or for any feedback.
- Provided the group with some literature.

(M. Wahlman/ K. Jain)

That the Seniors Advisory Committee receive C. Moore's presentation respecting EMBOLDEN study

CARRIED

4. Working Groups / Committees

4.1 Working Groups

a) Getting Around Hamilton Working Group (J. Mayo)

With regard to the Ontario Government task force to determine what to do with left over money from LRT, Jeanette Smith, the City Manager, is the only person from Hamilton on the Committee. Council only approved the projects that were already in the Transportation Master Plan going forward.

Our working group is preparing a presentation for the Transit Area Rating sub-committee that will be presented to the Seniors Advisory Committee for the meeting in March.

Feb. 14, 2020 is Winter Bike Day. Group rides to Gore Park from Westdale, Dundas and Bayfront Park.

DARTS had a meeting that J. Mayo attended last week. Highlights were that on any given day DARTS receives 720 cancellations.

Vision Zero Committee. This is a joint committee of Public Works and Public Health to help reduce traffic accidents between pedestrians/cyclists and cars. The speed limit in Hamilton in non arterial roads is now 40km/hr and the province has agreed to provide photo radar that will be set on a rotating basis in community safety zones.

Pedestrian Safety Workshops are taking place on:

- Feb. 11
- Feb. 25
- Mar. 3
- Mar. 9
- Mar. 10
- Mar. 12

There will be a second roll out in May/June with a focus on safe driving

There was some discussion about the City moving to a universal snow removal on sidewalks strategy. The last involvement of the sub-committee was an attempt to push for more by-law enforcement. J. Mayo to put this issue

back on agenda. There is a Staff report going to GIC next week. Report to be sent to committee and individuals may choose to give deputations.

b) Older Adult Elder Financial & Physical Abuse Working Group (D.Petgrave)

Group met on January 31. First order of business was to change the name of the group to the Older Adult Financial & Physical Abuse Working Group.

The group has reached out to three potential partners:

- Hamilton Law Association
- Office of the Public Guardian and Trustee
- Hamilton Housing Corporation

PGT has responded claiming that they cannot coordinate an information session due to lack of resources but will provide outreach packages.

The group also contacted the Hamilton Council of Aging and a representative will be attending their next meeting.

A CLEO Elder Abuse booklet was distributed.

HLA has not yet responded to the group.

Group is looking into the services provided by 211 info to bring more awareness to the services provided.

Suggestion for the group to connect with Catholic Family Services, St. Matthews, Elder Abuse Ontario and GRAND.

The focus of the group is on raising awareness.

The next meeting is February 28, 2020 at 10am in room 192.

c) Housing (J. McColl)

First meeting was January 17. The group divided up into sections in regards to housing available for older adults.

Greg Witt to speak at next meeting.

The next meeting is February 20 at 10am in room 192

d) Communication (D. Broom)

Met on January 22. Jim Fernandes from IT was to come to give a presentation but due to a miscommunication did not attend.

The group provided him with some questions to take back.

John Fernandes from Web Support to attend next meeting.

L. Maychak will also raise the future need for a communications strategy to the City Communications team.

The next meeting is Feb. 19 at 1:00pm at City Hall, Room 192.

P. Petrie requested to move item 5 up to address prior to matter 4.2

5. Business / Discussion Items

5.1 Sponsorship Opportunities

L. Maychak presented three sponsorship opportunities – Senior of the Year Award, Seniors Month Kickoff, and IDOP

(J. Mayo / D. Stone)

That the Seniors Advisory Committee provide sponsorship in the amount of \$500 for Senior of the Year Award, \$250 for the Seniors Month Kick Off, and \$250 for IDOP

CARRIED

4.2 Working Groups/Committees

a) Age Friendly Plan – Governance Committee

No update at this time.

b) Older Adult Network

D. Stone. Met last week. Seniors Kick off is scheduled for May 27, 2020. Dance and Dinner on June 7, 2020. Looking for volunteers and exhibitors.

c) International Day of Older Persons Committee

No update at this time

e) McMaster Institute for Research on Aging

No update at this time

f) Ontario Health Coalition

No update other than there has been a lot of talk of lack of PSWs.

g) Our Future Hamilton Update

J. McColl. Focus on Preparing Today for Future of Tomorrow. A Summary report will be in the Spring newsletter

h) Senior of the Year Award

Nominations are open.

6. Other Business

J. McColl – Proposed a motion last month to see more funding allocated for long term care facilities that are publicly funded. Will adjourn the matter to next month. Motion will be circulated by Jim via staff liaison for next meeting.

M. Wahlman – requesting for the letters from the presentation from Holly Odoardi from last month be circulated.

7. Adjournment

Next Meeting: Friday, March 6, 2020