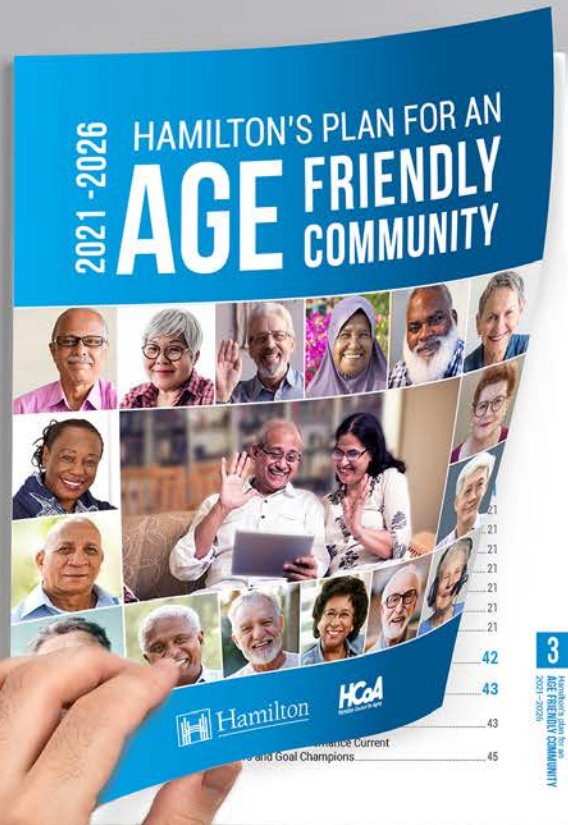


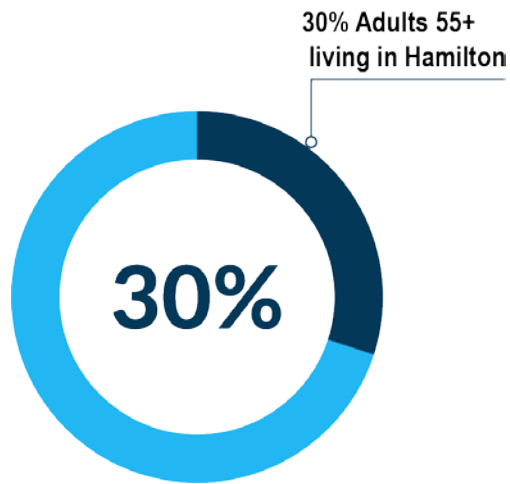
# 2021-2026 HAMILTON'S PLAN FOR AN **AGE FRIENDLY** COMMUNITY



**Emergency and Community Services Committee**  
**April 8, 2021**



# Demographic Profile



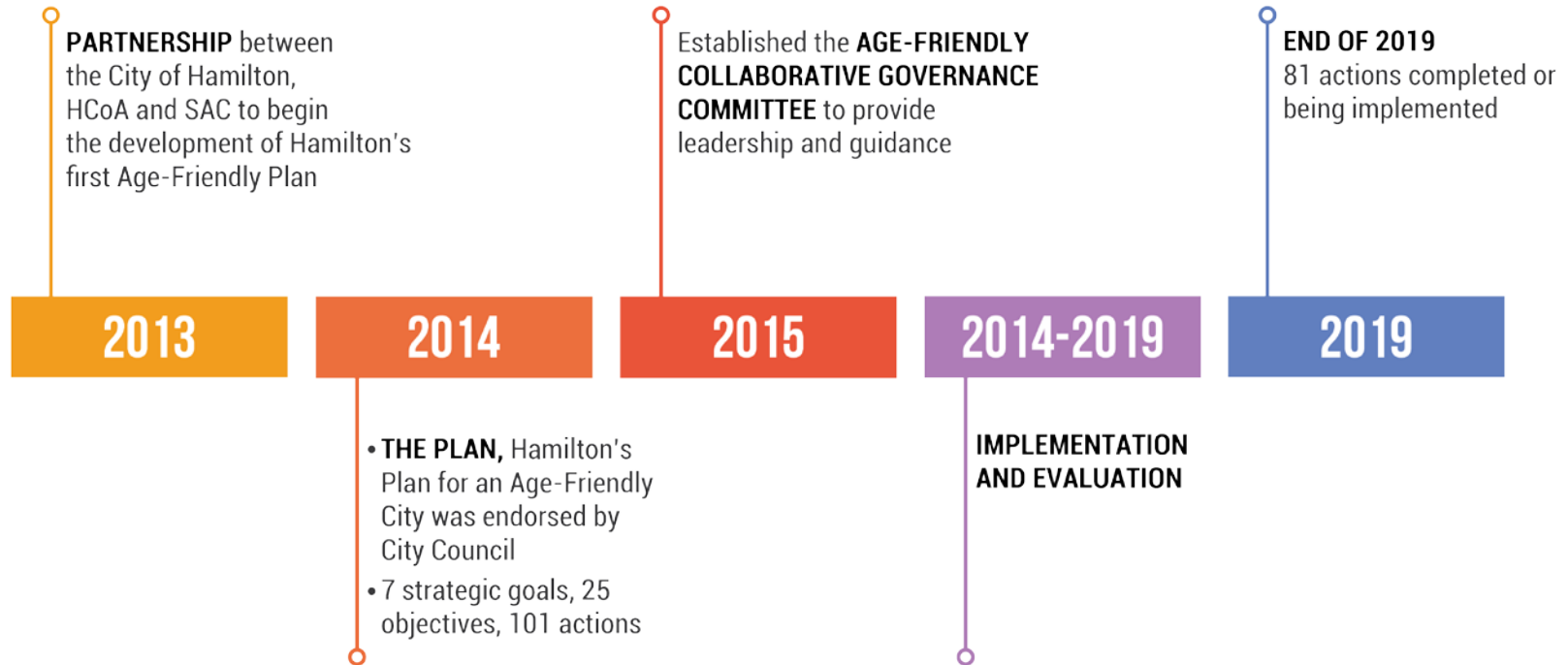
- Seniors are the fastest growing age group in Ontario.
- For the first time in Canadian history there are now more seniors age 65+ than children under age 14.
- The senior population in Ontario is expected to double by 2041.
- There are 167,170 adults age 55+ living in Hamilton which represents 30% of the population
- There are 14,336 adults age 65+ living with dementia and this number is growing .

# World Health Organization (WHO)



- WHO initiative and framework established for cities and communities globally to create enabling environments for active aging
- 2010 - Global Network of Age-Friendly Cities and Communities was established and currently there is a membership of over 100 cities in 41 countries covering 240 million people
- Hamilton became a certified member of the network in 2015

# Hamilton's Age-Friendly Journey



# 2014-2019 Key Achievements



- 3 Home Adaptation Guides: for Tenants, Property Managers, Home Owners
- “Let’s Get Moving” Project - 3 types of workshops: “Let’s Take the bus”, “Let’s Ride a Bike” and “Let’s Take a Walk”
- New City of Hamilton webpage dedicated to older adults: [www.hamilton.ca/seniors](http://www.hamilton.ca/seniors)
- Hamilton Social Isolation Impact Plan- close to 1,300 older adults connected to programs and services



# 2014-2019 Key Achievements



- New City of Hamilton (Recreation Division) 55+ Program Guide
- Seniors Centre Without Walls - telephone and virtual programming with close to 500 members
- “Portraits of Aging” Project - aimed at lessening stereotypes around aging
- Hamilton Senior of the Year Awards - evolved to a gala event hosting 400-500 attendees

# Development of the 2021-2026 Age-Friendly Hamilton Plan

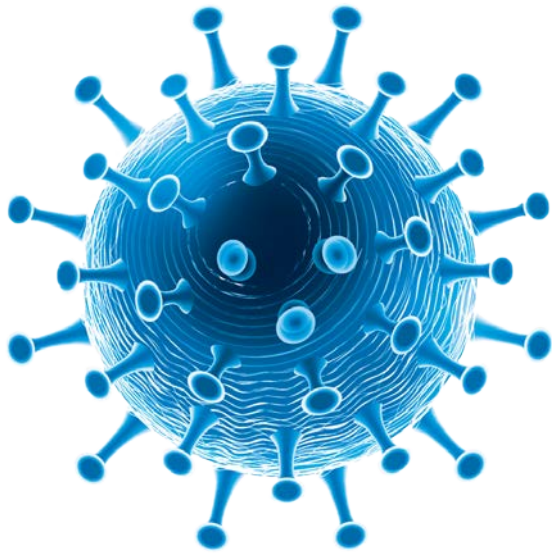
- Led by the Age Friendly Collaborative Governance Committee which is comprised of the Hamilton Council on Aging, Seniors Advisory Committee and City of Hamilton
- Broad consultation in all **15 wards**
- Focus on vulnerable, marginalized and ethno-cultural communities
- Received feedback from over **4,100 older adults** and other stakeholders
- **Methods for consultation:**
  - Age-Friendly Consultation Launch Event
  - **27** Focus Groups
  - “Aging in Hamilton” survey available online and print
  - **12** Community Events
  - **2** Focus Groups with community service providers and City staff and leaders



# Dementia- Friendly

- “Empowering Dementia-Friendly Communities – Hamilton and Haldimand” Project
- Partnership between HCOA, Alzheimer Society and other partners
- Funded by the Public Health Agency of Canada
- First phase: consulted with 71 persons living with dementia and care partners
- Incorporating dementia-friendly recommendations in the 2021-2026 Age-Friendly Hamilton Plan
- Unique opportunity to have both Age-friendly and Dementia-Friendly recommendations in one plan
- Hamilton is a leader by incorporating a dementia-friendly lens in the new plan

# Impact of Covid-19



- Development of Age-Friendly Hamilton planning was temporarily suspended in early months of the pandemic
- Additional consultations took place in fall 2020 to:
  - understand the impact of COVID-19 on older adults and
  - identify gaps and opportunities in the 2021-2026 Age-Friendly Hamilton Plan
- Recognition that COVID-19 implications will continue; thus, recommend a mid-point review to reconsider implications

# 2021-2026 Age-Friendly Hamilton Plan



- Aligns with the City of Hamilton's vision, "To Be the Best Place to Raise A Child and Age Successfully"
- Builds on successes of the first plan, Hamilton's Plan for an Age-Friendly City (2014)
- One new principle: "Building a Dementia-Friendly Community"
- 7 Strategic Goals, 21 Objectives, 61 Actions

**HAMILTON'S 2021-2026  
AGE-FRIENDLY PLAN:**

**7** STRATEGIC GOALS → **21** OBJECTIVES → **61** RECOMMENDATIONS



# Next Steps



- Launch the 2021-2026 Age-Friendly Plan to older adults and community partners at the virtual 2021 Seniors Kick-off Event in June
- Develop a comprehensive implementation and evaluation plan
- Develop of a cross sectoral approach to implementation
- Review the plan midway to identify current gaps and opportunities
- Present annual progress report to City Council and the broader community

# Contact Information

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<https://coahamilton.ca/our-priorities/age-friendly-hamilton/>



# Thank you

