

#### **ALL ADVISORY COMMITTEE MEETING**

Presentation by the

**Senior Advisory Committee** 

**September 27, 2021** 

## Goal and Membership

- Provides a forum for consumers and deliverers of seniors' services and facilities to identify issues, explore possible remedies, and work to implement them
- Up to 19 members (currently 17, not all of whom are older adults or seniors)
- 7 men and 10 women with a variety of backgrounds and interests



## Age-Friendly Hamilton

 SAC is a full partner with the City of Hamilton and the Hamilton Council on Aging in the development, governance and implementation of Hamilton's Plan for an Age-Friendly Community (2021-2026) and Hamilton's Plan for an Age-Friendly City (2014-2019)



### Working Groups and Committees

- SAC has 4 active working groups, aligned with the objectives of the Age-Friendly Plan:
  - ✓ Communications
  - ✓ Elder Abuse
  - ✓ Housing
  - ✓ Getting Around Hamilton
- SAC also has membership in several external committees/groups, including Vision Zero, Our Future Hamilton, McMaster Institute for Research on Aging, Senior of the Year Awards, International Day of Older Persons and the Seniors' month kick-off



#### **Achievements**

- Addition of "and to age successfully" to the City of Hamilton vision
- Presentation to Council on "Transportation Options in Underserved Areas of Hamilton"
- Safety information placemats for residents of City Housing seniors buildings in collaboration with Hamilton Police Services
- Revision of the seniors resources landing page on the City of Hamilton website
- Collaboration with 211 for dissemination of information of value to older adults
- Pedestrian Safety and "Let's Take a Bus" workshops in collaboration with the Hamilton Council on Aging
- "Housing Options for Older Adults" guide
- "Resources for Older Adults" guide in collaboration with the Hamilton Public Library and Red Book
- "Golden Age Pass" for residents age 80+



## **Current Projects**

- Heat mitigation strategies for older adults
- Developing workshops on housing options and financial literacy for older adults in collaboration with the Hamilton Council on Aging
- Developing safety videos for the CCTV networks in City Housing seniors' buildings in collaboration with Hamilton Police Services
- Working with the Hamilton Public Library and 211 to ensure optimal dissemination of information relevant to older adults
- Working on "Let's Get Moving Workshops" in collaboration with the Hamilton Council on Aging
  - ✓ Let's Take a Bus
  - ✓ Let's Take a Walk
  - ✓ Let's Drive a Car
  - ✓ Let's Ride a Bike



#### Contacts

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# QUESTIONS?



## THANK YOU