

The Advisory Committee for Persons with Disabilities Celebrates International Day for Persons with Disabilities

The Advisory Committee for Persons with Disabilities presents you with this 2022 Calendar recognizing International Day for Persons with Disabilities. Statistics tell us that one in five Canadians have some kind of disability. This Calendar is our attempt to show how many of us strive to overcome our disabilities and how diverse our different needs are.

Darnley Cascade



Hamilton



Local Waterfall Photography By: Sarah Powell

JANUARY 2022

S	M	T	W	T	F	S
						1
2	3	4 World Braille Day	5	6	7	8
9	10	11 ACPD	12	13	14	15
16	17	18	19	20	21	22
23	24 Moebius Syndrome Awareness Day	25	26	27	28	29
30 Chronic Traumatic Encephalopathy Awareness Day	31 World Leprosy Day International Day of the Zebra					



Alzheimer's Awareness Month

Can.

Birth Defects Prevention Month

U.S.

Cervical Health Awareness Month

U.S.

Co-Dependency Awareness Month

U.S.

Glaucoma Awareness Month

U.S.

Thyroid Awareness Month

U.S.

Jan. 30 - Feb. 5

World Leprosy Week

Intl.

Chedoke Falls



"DI54BILIT7 N33D NO7 B3 4N OB574CL3
7O 5UCC355"

5. H4WKING



FEBRUARY 2022



S	M	T	W	T	F	S
		1	2 Rheumatoid Arthritis Awareness Day	3	4 World Cancer Day	5
6	7	8 ACPD	9	10	11 World Day Of The Sick	12
13	14 Sexual and Reproductive Health Day Congenital Heart Defect Awareness Day	15 International Childhood Cancer Day	16	17	18	19
20	21	22 Heart Valve Disease Awareness Day	23	24	25	26
27 Anosmia Awareness Day	28 Rare Disease Day					



Hamilton



"We rise by lifting others."
R. Ingersoll



MARCH 2022



- Brain Injury Awareness Month Intl.
- Colorectal Cancer Awareness Month Intl.
- Colour Therapy Month U.S.
- Deep Vein Thrombosis Prevention Awareness Month U.S.
- Developmental Disabilities Awareness Month U.S.
- Endometriosis Awareness Month Intl.
- Epilepsy Awareness Month Can.
- Essential Tremor Awareness Month Intl.
- Help Fight Liver Disease Month Can.
- Hemophilia Awareness Month U.S.
- Kidney Month Intl.
- Liver Health Month Can.
- Multiple Sclerosis Awareness Month U.S.
- Music Therapy Awareness Month Can.
- Muscular Dystrophy Awareness Month Aust.
- Ovarian Cancer Awareness Month U.K.
- Self Injury Awareness Month Intl.
- Trisomy Awareness Month Intl.
- Mar. 6 - 12 Glaucoma Awareness Week Intl.
- Mar. 14 - 20 Brain Awareness Week Intl.

Sherman Falls

S	M	T	W	T	F	S
		1 Disability Day of Mourning Self Injury Awareness Day International Wheelchair Day	2	3	4 World Obesity Day HPV Awareness Day	5
6 World Lymphedema Awareness Day	7	8 ACPD Breast Implant Illness Awareness Day	9	10 Women and Girls HIV/AIDS Awareness Day	11	12
13	14	15	16	17	18 Trisomy 18 Awareness Day	19
20	21 World Down Syndrome Day	22	23	24 World Tuberculosis Day	25 Cerebral Palsy Awareness Day	26 Purple Day for Epilepsy
27 Amniotic Fluid Embolism Awareness Day	28	29	30	31		



"Kindness begins with the understanding that we all struggle."

C. Glassman



APRIL 2022



Autism Awareness Month U.S.
Cushing Disease/Syndrome Awareness Month U.S.
Limb Loss Awareness Month U.S.
IBS Awareness Month Can.
National Donate Life Month U.S.
Parkinson's Disease Awareness Month Intl.
Paralyzed Veterans Across America Month U.S.
Primary Immunodeficiency Awareness Month U.S.
Rosecea Awareness Month Can.
Sarcoidosis Awareness Month Intl.
Apr. 3 - 9 Oral, Head and Neck Cancer Awareness Week U.S.
Apr. 9 - 16 Porphyria Awareness Week U.S.
Apr 10 - 16 Parkinson's Awareness Week U.K.
Apr. 18 - 24 Multiple Sclerosis Awareness Week U.K.
Apr. 21 - 28 World Primary Immunodeficiency Week Intl.
Apr. 24 - 30 Infertility Awareness Week Can.
Apr. 24 - 30 Organ and Tissue Donation Awareness Week Can.

Albion Falls

S	M	T	W	T	F	S
					1	2
						World Autism Awareness Day
3	4	5	6	7	8	9
			Bohring-Optiz Syndrome Awareness Day	Green Shirt Day World Health Day	Cushing Disease/Syndrome Awareness Day	
10	11	12	13	14	15	16
	Parkinson's Disease Awareness Day	ACPD	Sarcoidosis Awareness Day Functional Neurological Disorder Awareness Day			
17	18	19	20	21	22	23
World Hemophilia Day		Congenital Diaphragmatic Hernia Action Day				Fibrodysplasia Ossificans Progressiva Awareness Day
24	25	26	27	28	29	30
	World Meningitis Day World Malaria Day		Show Your Mettle Day (Amputees)	Day of Mourning	World Wish Day	



"There is nothing impossible to they who will try."

A. The Great (para)



MAY 2022

Allergy/Asthma Awareness Month	U.S.
Amyotrophic Lateral Sclerosis (ALS) Awareness Month	U.S.
Ankylosing Spondylitis Awareness Month	Can.
Arthritis Awareness Month	U.S.
Better Speech and Hearing Month	U.S.
Bladder Cancer Awareness Month	Intl.
Borderline Personality Disorder Awareness Month	U.S.
Brain Tumour Awareness Month	Intl.
Celiac Disease Awareness Month	Intl.
Cystic Fibrosis Awareness Month	Intl.
Crohn's and Colitis Awareness Month	Aust.
Ehler-Danlos Syndrome Awareness Month	U.S.
Guillain-Barre Syndrome Awareness Month	Can.
Hepatitis Awareness Month	U.S.
Hemochromatosis Awareness Month	Can.
Huntington's Disease Awareness Month	U.S.
Lupus Awareness Month	U.S.
Lyme Disease Awareness Month	Intl.
Melanoma and Skin Cancer Awareness Month	Can.
Mental Health Month	U.S.
Mobility Awareness Month	U.S.
Multiple Sclerosis Awareness Month	Can.
Myositis Awareness Month	U.S.
Older Americans Awareness Month	U.S.
Speech and Hearing Month	Can.
Stroke Awareness Month	U.S.
Vision Health Month	Can.
May 1 - 7 Brain Tumour Action Week	U.S.
May 11 - 17 Brain Injury Awareness Week	U.S.
May 29 - Jun 4 AccessAbility Awareness Week	Can.

Felker's Falls (summer)

S	M	T	W	T	F	S
1 Childhood Stroke Awareness Day	2	3 World Asthma Day	4	5 Ependymoma Awareness Day World Pulmonary Hypertension Day	6	7 Children's Mental Health Awareness Day
8 World Ovarian Cancer Awareness Day	9	10 ACPD World Lupus Day	11	12 Fibromyalgia Awareness Day International CFS/ME Awareness Day	13	14 Apraxia Awareness Day
15 Mucopolysaccharidoses Awareness Day	16	17 World Hypertension Day World Neurofibromatosis Awareness Day	18	19 Schizencephaly Awareness Day	20 World Autoimmune Arthritis Day Global Accessibility Awareness Day	21
22	23 International Day to End Obstetric Fistula	24 World Schizophrenia and Psychosis Day	25 World Thyroid Day	26	27	28
29	30 World Multiple Sclerosis Awareness Day	31				



Hamilton



"The only disability in life is a bad attitude."
S. Hamilton



JUNE 2022

Alzheimers and Brain Awareness Month	Intl.
Amyotrophic Lateral Sclerosis Awareness Month	Can.
Antiphospholipid Antibody Syndrome Awareness Month	U.S.
Aphasia Awareness Month	U.S.
Brain Injury Awareness Month	Can.
Bowel Cancer Awareness Month	Aust.
Migraine and Headache Awareness Month	U.S.
Myasthenia Gravis Awareness Month	U.S.
Hemiplegic Migraine Awareness Month	U.S.
Osteoporosis Month	U.K.
Post Traumatic Stress Disorder Awareness Month	U.S.
Thyroid Awareness Month	Can.
Scleroderma Awareness Month	U.S.
Spina Bifida and Hydrocephalus Awareness Month	Can.
Stroke Awareness Month	Can.
Jun. 6 - 13 Spinal CSF Leak Awareness Week	Can.
Jun 14 - 20 Diabetes Week	U.K.
Jun. 24 - 30 Deaf/Blind Awareness Week	U.K.
Jun. 26 - Jul 2 Hellen Keller Deaf/Blind Awareness Week	U.S.

Tiffany Falls

S	M	T	W	T	F	S
			1 World Hypoparathyroidism Awareness Day	2	3	4
5	6	7 Cancer Survivors Day	8 World Brain Tumour Day	9	10	11 Neuropathy Action Awareness Day
12	13 Albinism Awareness Day	14 ACPD	15	16	17 CDKL5 Worldwide Awareness Day	18 Autistic Pride Awareness Day
19 World Sickle Cell Day	20	21 Global Day of Recognition of ALS/MND	22	23 Dravet Syndrome Awareness Day	24	25 World Vitiligo Awareness Day
26	27 Helen Keller Day Post Traumatic Stress Disorder Awareness Day	28	29 Cancer Wellness Awareness Day World Scleroderma Awareness Day	30 Arthrogryposis Awareness Day		



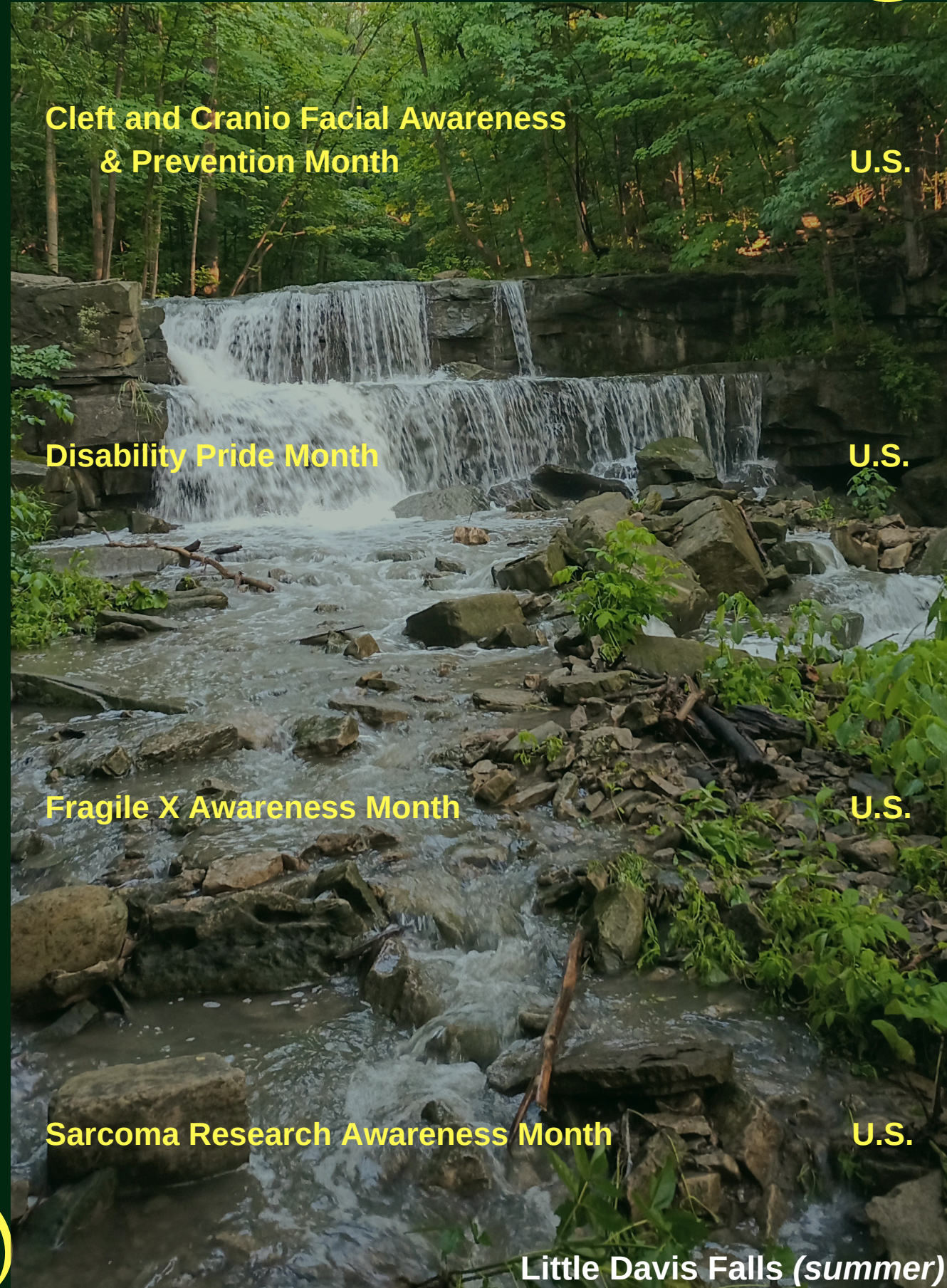
Hamilton



"Aerodynamically, the bumblebee shouldn't be able to fly but it doesn't know that and flies anyways."
M. K. Ash



JULY 2022



Cleft and Cranio Facial Awareness
& Prevention Month

U.S.

Disability Pride Month

U.S.

Fragile X Awareness Month

U.S.

Sarcoma Research Awareness Month

U.S.

Little Davis Falls (summer)

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12 ACPD Heterochromia Awareness Day	13 Gastrointestinal Stromal Tumour Awareness Day	14	15	16
17	18	19	20	21 Glioblastoma Awareness Day	22	23 World Sjogren's Day
24 Seasonal Affective Disorder Day	25	26 Disability Independence Day	27	28 World Hepatitis Day	29	30 Gastroschisis Awareness Day
31						



Hamilton



"I wouldn't change you for the world but I
would change the world for you."

Unknown



AUGUST 2022



S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9 ACPD	10	11	12	13
14	15	16	17	18	19	20
21 Senior Citizen's Day	22	23	24	25	26	27
28	29	30	31 International Overdose Awareness Day			



**"It does not matter how slowly you go
 as long as you do not stop."
 Confucius**



SEPTEMBER 2022

S M T W T F S



Achalasia Awareness Month U.S.
Alopecia Areata Awareness Month U.S.
Arthritis Awareness Month Can.
Charcot-Marie-Tooth Awareness Month Can.
Childhood Cancer Awareness Month Intl.
Craniofacial Acceptance Month Can.
Duchenne Muscular Dystrophy Awareness Month Can.
Fetal Alcohol Spectrum Disorder Awareness Month Can.
Guide Dog Awareness Month U.S.
Hydrocephalus Awareness Month U.S.
Lymphoma Awareness Month U.S.
Orthostatic Tremor Awareness Month U.S.
Ovarian Cancer Awareness Month Intl.
Pain Awareness Month U.S.
Peripheral Artery Disease Awareness Month U.S.
Polycystic Ovary Disease Awareness Month U.S.
Prostate Cancer Awareness Month Intl.
Sickle Cell Anemia Awareness Month Can.
Suicide Prevention Awareness Month U.S.
Spinal Cord Injury Awareness Month U.S.
Syringomyelia & Chiari Malformation Month Can.
Thyroid Cancer Awareness Month U.S.
World Alzheimer's Disease Awareness Month Intl.
Sep. 19 - 26 **Week of the Deaf People Awareness Week** Intl.
Buttermilk Falls

				1	2	3
4 Polycystic Kidney Disease Awareness Day	5 Disability Awareness Day	6	7 World Duchenne Muscular Dystrophy Awareness Day	8	9 International Fetal Alcohol Spectrum Disorder Awareness Day	10
11	12	13 ACPD Celiac Disease Awareness Day	14	15 Myotonic Dystrophy Awareness Day World Hodgkin's Lymphoma Awareness Day	16	17
18 HIV/AIDS and Aging Awareness Day	19 Terry Fox Run Usher Syndrome Awareness Day	20	21 World Alzheimer's Day	22 World Chronic Myeloid Leukemia Awareness Day	23 International Day of Sign Language	24 Atypical Hemolytic Uremic Syndrome Awareness Day
25 Ataxia Awareness Day	26 Mesothelioma Awareness Day	27	28	29	30 Sport Purple for Platelets Day Limb Girdle Muscular Dystrophy Awareness Day	



"I am different but not less"

T. Grandin



OCTOBER 2022

ADHD Awareness Month	U.S.
Breast Cancer Awareness Month	Intl.
Colon Cancer Awareness Month	U.S.
Depression Education and Awareness Month	U.S.
Disability Employment Awareness Month	Intl.
Down Syndrome Awareness Month	U.S.
Dwarfism Awareness Month	U.S.
Dysautonomia Awareness Month	Intl.
Dyslexia Awareness Month	U.S.
Eczema Awareness Month	U.S.
Liver Cancer Awareness Month	U.S.
Learning Disability Awareness Month	Intl.
Lupus Awareness Month (French)	Can.
Mark it Read for Dyslexia Awareness Month	Can.
Occupational Therapy Month	Can.
Raynaud's Awareness Month	U.S.
Rett Syndrome Awareness Month	Intl.
Selective Mutism Awareness Month	U.S.
Spinal Bifida Awareness Month	U.S.
Oct 18 - 24 Invisible Disabilities Week	Can.
Oct. 25- 31 Epidermolysis Bullosa Awareness Week	Intl.

Borer's Falls

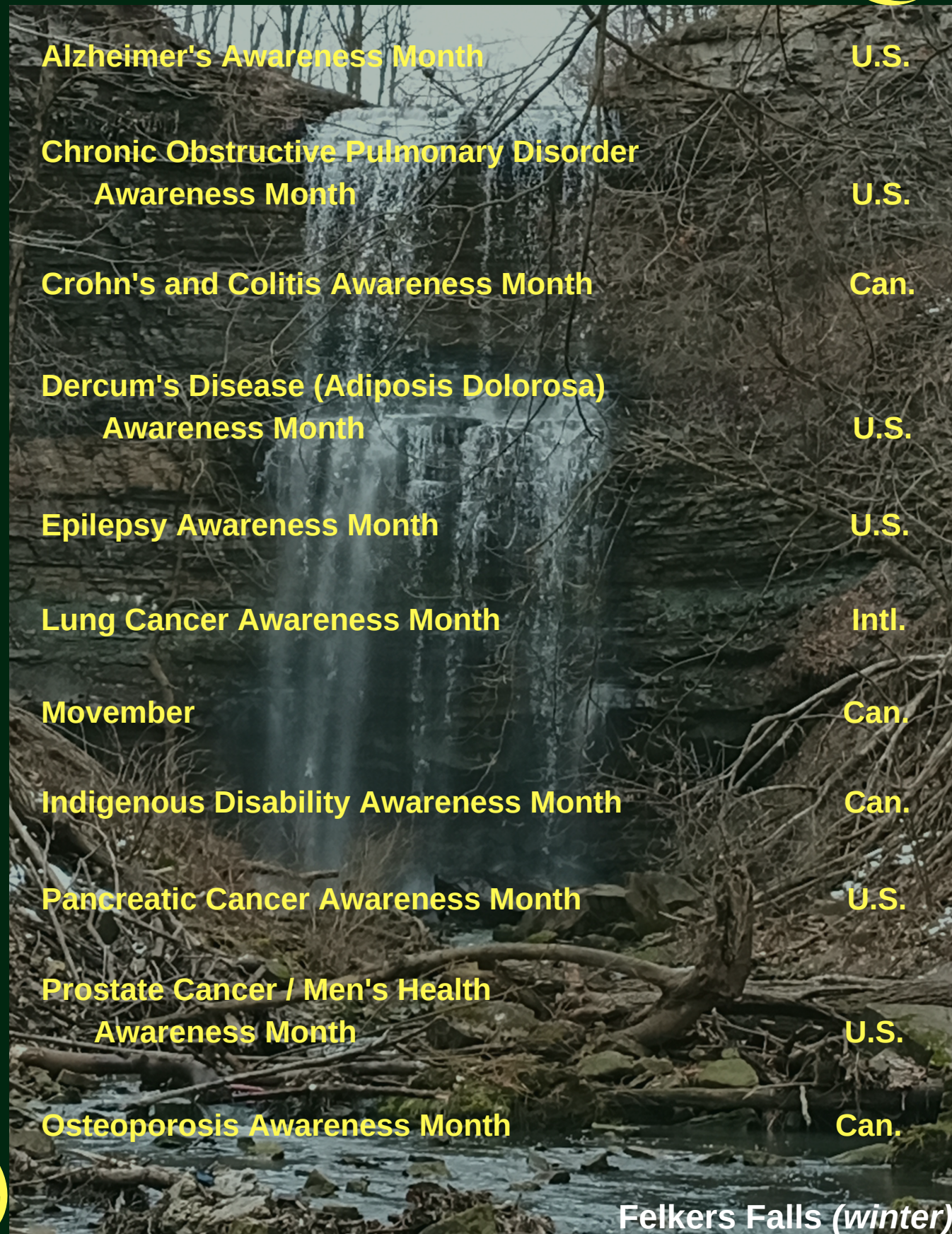
S	M	T	W	T	F	S
						1
2	3	4	5 Veterans Disabled for Life Day	6 World Cerebral Palsy Awareness Day	7 Trigeminal Neuralgia Awareness Day	8 World Sight Day
9 PANDAS/PANS Awareness Day	10 World Mental Health Day	11 ACPD	12 World Arthritis Day	13 World Thrombosis Day Metastatic Breast Cancer Awareness Day	14	15 Blind Americans Equality Day
16 World Spine Day	17	18	19 Psoriatic Arthritis Day	20 World Osteoporosis Day	21	22 International Stuttering Awareness Day
23	24 Brain Cancer Awareness Day World Polio Day	25 World Spina Bifida and Hydrocephalus Day	26	27	28	29 World Stroke Day
30	31					



"Believe you can and you are halfway there."
T. Roosevelt



NOVEMBER 2022



- Alzheimer's Awareness Month U.S.
- Chronic Obstructive Pulmonary Disorder Awareness Month U.S.
- Crohn's and Colitis Awareness Month Can.
- Dercum's Disease (Adiposis Dolorosa) Awareness Month U.S.
- Epilepsy Awareness Month U.S.
- Lung Cancer Awareness Month Intl.
- Movember Can.
- Indigenous Disability Awareness Month Can.
- Pancreatic Cancer Awareness Month U.S.
- Prostate Cancer / Men's Health Awareness Month U.S.
- Osteoporosis Awareness Month Can.

Felkers Falls (winter)

S	M	T	W	T	F	S
		1	2	3	4	5
6	7 Cancer Awareness Day	8 ACPD Aicardi Syndrome Awareness Day	9	10	11	12 World Pneumonia Day
13 World Pancreatic Cancer Day	14 World Diabetes Day	15 World Ohtahara Awareness Day	16	17	18 World COPD Day	19 Enteropathic Arthritis Awareness Day
20	21	22	23	24 N24 Syndrome Awareness Day	25	26
27	28	29	30 Stomach Cancer Awareness Day			



Hamilton



"The only thing worse than being blind is having sight but no vision."

H. Keller



DECEMBER 2022



Little Davis Falls (Winter)

S	M	T	W	T	F	S
				1 World AIDS Day	2 Women's Brain Health Day	3 International Persons With Disabilities Day
4	5	6	7	8	9	10
11	12	13 ACPD	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Hamilton



"Once you choose hope, anything is possible."

C. Reeve

