
October 18, 2021



Dear Hamilton Cycling Committee

Cycling Without Age is a 100% volunteer non-profit organization that takes the elderly and less able citizens out for free bike rides in specialized 3-wheel bicycles called trishaws. This program has grown rapidly across Canada and throughout the world. Details of the program can be found online at <https://cyclingwithoutage.ca/>

The Cycling Without Age (CWA) Hamilton and Burlington Chapter was started in 2021 and is based out of New Hope Community Bikes (NHCB). NHCB is a registered charity and social enterprise that seeks to get more people on affordable, reliable bicycles and provide employment and job training opportunities for youth. Since August 2021 our Hamilton chapter has been providing rides to seniors at the Welcome Inn Community Centre on Wood Street East.

On October 7, 2021 the Hamilton Spectator featured us on the frontpage:

<https://www.thespec.com/news/hamilton-region/2021/10/09/cycling-without-age-gives-hamilton-seniors-a-breath-of-fresh-air-during-a-hard-time.html>. Since that date we have received inquiries from over 40 Hamiltonians who wish to train to become pilots! We will continue to offer rides at the Welcome Inn this fall, and work on our plans to expand next spring, which include offering the program to the residents of 500 McNab (a CityHousing building that has recently reopened), which is also nicely situated near the Waterfront Trail.

To continue and expand our program we request a financial contribution to cover the cost of an additional battery* - allowing us to provide a full day of rides for seniors, and a fitted blanket* - allowing us to extend the riding season comfortably into the colder weather. These items would go a long way to providing as many seniors as possible the opportunity to benefit from the mobility, social engagement, and mental health benefits that being in nature provides. In total these items cost approximately \$1889.50.

Thank you for your anticipated assistance with this request. Should you have any questions, please contact one of us directly.

Sincerely,

Nancy Gray
Co Founder
Hamilton & Burlington Chapter
Cycling without Age
<https://cyclingwithoutage.ca/>

Tammy Heidbuurt
Director of Business Development and Community
Partnerships
Community
<https://www.newhopecommunitybikes.com/>

*Chat Battery for Trishaw – \$1339.05 (includes taxes and shipping)



* Chat Duffle (blanket) with Muff for hands (approximately \$550 cdn)

