

CITIZEN COMMITTEE REPORT

| Re: | Funding Support for the 2022 Let's Get Walking Workshops |
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| Date: | January 7, 2022 |
| | (Penelope Petrie, Chair) |
| From: | |
| | Senior Advisory Committee |
| То: | Emergency & Community Services Committee |

Recommendation:

That up to \$500 be allocated from the 2022 approved budget funds for the Seniors Advisory Committee to support the 2022 Let's Get Walking workshops.

Background:

At the December 3, 2021 Senior Advisory Committee meeting, committee members passed a motion under item 11 Motions, to approve the use of 2022 budget funds to support expenses related to promotion and registration for the 2022 Let's Get Walking workshops.

The Senior Advisory Committee's goal is to facilitate five free Let's Get Walking workshops to older adults age 55+ in February and March of 2022. Each workshop will consist of 10-15 participants and will include rules of the road and accident prevention for both pedestrians and drivers given by the Hamilton Strategic Road Safety Committee, information on walking footwear and assistive devices given by McMaster University's School of Rehabilitation Science, and participant feedback on problem walking areas. The workshops will be facilitated virtually as a result of the current pandemic and gathering restrictions.

Analysis/Rationale:

The Senior Advisory Committee is a key partner with the Hamilton Council on Aging and City of Hamilton for Hamilton's Plan for an Age-Friendly Community (2021-2026).

The Senior Advisory Committee's Getting Around working group has aligned their workplan with goal 2 of the Age-Friendly Plan. One of the objectives under goal 2 is to "implement measures to increase pedestrian safety."

Initiated by the Senior Advisory Committee and in partnership with the Hamilton Council on Aging, an application for funding was submitted to the Ministry and Seniors and Accessibility to facilitate the Let's Get Walking workshops in 2022. As a result of the funding not being granted, the Senior Advisory Committee and Hamilton Council on Aging must look for financial support to facilitate the workshops. Promotion and managing registration are key to the success of the workshops and the Senior Advisory Committee does not have the capacity to do this work. However, the Hamilton Council on Aging has the resources to facilitate both the promotion and registration of participants but there is a cost for this work. Up to \$500 from the Senior Advisory Committee's 2022 budget would like to be allocated to the Hamilton Council on Aging for this work.