



Hamilton

**Seniors Advisory  
Committee**

**Minutes 22-001  
10:00am – 12:00pm**

**Due to the COVID-19 and the Closure of City Hall  
All electronic meetings can be viewed at:  
City's YouTube Channel**

**<https://www.youtube.com/user/InsideCityofHamilton>**

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**In Attendance:**

Penelope Petrie (Chair), Aref Alshaikhahmed, Sheryl Boblin, Jeanne Mayo, Maureen McKeating, Barry Spinner, Douglas Stone, Marian Toth, Marjorie Wahlman, Ann Elliott, Kamal Jain, Dahlia Petgrave, Carolann Fernandes, David Broom, Sarah Shallwani, Noor Nizam

**Also, in Attendance:**

Lisa Maychak, Project Manager, Healthy & Safe Communities Department  
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities  
Sonya Baldwin, Program Secretary, Healthy & Safe Communities  
Aine Leadbetter, Manager, Elections & Print/Mail, Corporate Services  
Conor Flood, Coordinator Elections, Corporate Services

**Absent with Regrets:**

Councilor Tom Jackson, Jeanne Mayo

**Absent:**

Vince Mercuri, Dahlia Petgrave

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**1. CEREMONIAL ACTIVITIES (Item 1)**

Land Acknowledgement presented by M. Toth

A. Alshaikhahmed has volunteered to read the Land Acknowledgement at the next meeting.

## **2. APPROVAL OF AGENDA (Item 2)**

**(A. Elliott/A. Alshaikhahmed)**

That the Seniors Advisory Committee approves the January 7, 2022 agenda, as presented.

**CARRIED**

## **3. DECLARATIONS OF INTEREST**

None.

## **4. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)**

**(i) December 3, 2021 (Item 4.1)**

**(M. Wahlman/C. Fernandes)**

That the Seniors Advisory Committee approves the December 3, 2021 minutes.

**CARRIED**

## **5. STAFF PRESENTATIONS (Item 9)**

**(M. Toth/A. Elliott)**

That the following presentations be received:

**(i) Aine Leadbetter, Manager Elections, City of Hamilton  
respecting Municipal Election Update (Item 9.1)**

A. Leadbetter and C. Flood presented to the Seniors Advisory Committee information on the enhancements for the 2022 Municipal Election that arose from the consultations with Advisory committees in 2021, as well an overview of the communication and outreach plan. Detailed poll information will be shared prior to the elections. Feedback was given by this committee on the Poll Selection Criteria Form and possible communication and barrier enhancements. A. Leadbetter to forward contact information for L. Maychak to provide to committee members to send any further feedback.

**(ii) Elder Abuse**

Senior Advisory committee member, Aref Alshaikhahmed gave a presentation on Elder Abuse that he created for the rest of the committee. A question and answer period followed the presentation.

**7. DISCUSSION ITEMS (Item 10)****(i) Working Groups (Item 10.1)****(a) Getting Around Hamilton Working Group**

A. Elliott reported in J. Mayo's absence that this group is currently working on driver workshops, but because it is funding dependent the group has since put in another request to New Horizons for funding. The group is also looking at world transit costs for seniors and measures to increase pedestrian safety workshops. The development of the re-vamped "Let's Take a Bus" workshop is currently making good headway.

**(b) Elder Abuse Working Group**

A. Alshaikhahmed reported the committee discussed two strategies about addressing Elder Abuse in Hamilton. The first is to form a clear vision about what is going on in Hamilton in terms of Elder Abuse.

The group suggested that a key person from Catholic Family Services of Hamilton and Hamilton Council on Aging be invited to a future meeting to the Elder Abuse Working Group.

The purpose of these invitations would be to:

- listen to committee members' experiences and explore the strengths and weakness in addressing the issue of Elder Abuse
- talk about the available resources and opportunities for Elder Abuse activities in Hamilton
- further explore the challenges these organizations are facing in effective implementation of Elder Abuse programs in Hamilton.

Senior Advisor Committee Member C. Fernandes is to be invited to the next Elder Abuse Working Group.

The Committee would like sufficient information about Elder Abuse to be available on the Seniors Advisory Committee webpage, as well as the Hamilton Police Services website.

The committee would like the Senior Advisory Committee to

address the staff working on the city website to take this request into consideration. A McLaughlin, Senior Support Officer, Hamilton Police Services (HPS), has reported previously that she is currently working on this with HPS and the group is awaiting a further update from her.

**(c) Housing Working Group**

M. Toth reported that this group continues to work on heat mitigation strategies and are developing their own information that can be shared in the future with the public.

M. Toth and J. Mayo met with Lauren McAusland of Mohawk College and the Bay Area Climate Change Council regarding retrofit education for seniors. They've created programs developed for seniors to reduce utility bills, home efficiency scans that will be distributed to realtors, contractors, environmental and budget-minded individuals and seniors. They are also using social media programs for income-based seniors, a one-stop shop for retro fitting information. The Home Retro-fit programs for income-based seniors (HERO) is now up and running in Burlington and hope it will be available for the community in 2022.

The next meeting will have guest Laura Ryan from Neighbor to Neighbor who will be speaking on rebates on electrical bills.

**(d) Communication Working Group**

D. Broom reported that the group is continuing to discuss and work on the group's production of the Senior Advisory Committee pamphlet. Library staff was not present, so updates of the Brown Bag Lunch program are not available at this time. D. Broom will send out the next meeting date information to members of this working group.

**(ii) Working Committees (Item 10. 2)**

**(a) Age Friendly Plan - Governance Committee**

A. Elliott reported that the 2021 Age-Friendly Community Progress questionnaire closed on January 7<sup>th</sup>. L. Maychak reported to this group the Community Progress Event with be held on Cable 14 and the City's YouTube channel and the goal champions will be involved. The committee received an update on the seven goal groups which include;

1. Housing
2. Transportation
3. Information and Communication
4. Health and Community Services
5. Social Participation, Recreation, Learning, Arts and Culture
6. Engagement, Volunteerism and Employment
7. Outdoor Spaces and Buildings

L Maychak added that the Age Friendly Progress event will be held virtually in March and she will share the date next month. Senior Advisory, Hamilton Council on Aging and the City of Hamilton will present the plan progress and there will also be some video interviews to make it more engaging for viewers.

**(b) Older Adult Network**

There are no updates at this time.

**(c) International Day of Older Persons Committee**

D. Stone reported that this group will be meeting Mon Jan 10<sup>th</sup> to look at upcoming activities for 2022.

**(d) McMaster Institute for Research on Aging**

There are no updates from this committee.

**(e) Ontario Health Coalition**

C. Fernandes will continue to send the committee email updates through L. Maychak.

**(f) Our Future Hamilton Update**

There are no updates from this committee.

**(g) Senior of the Year Award**

L. Maychak reported the event is targeted to take place at the end of October 2022 and hopefully will occur in person this year and a meeting is planned for the end of January.

**8. MOTIONS (Item 11)**

**(i) "Let's Get Walking" Workshops (Item 8.1)**

**(A. Elliott/D. Broom)**

That the motion be amended to change the wording of the original motion that workshops will occur virtually and not in-person.

Motion to be amended that the Senior Advisory support up to \$500 to the "Let's Get Walking" workshops that are planned to be held in February/March of 2022 and will be delivered virtually due to the current COVID-19 situation.

**CARRIED**

**9. GENERAL INFORMATION/OTHER BUSINESS (Item 13)**

(/)

That the following information be received:

**(i) Leave of Absence Request**

**(P. Petrie/M. Wahlman)**

P. Petrie informed the group that committee member D. Petgrave has requested a Leave of Absence from this committee until March 2022. P. Petrie will advise D. Petgrave this request has been granted.

**CARRIED**

**(ii) Absences with Committee members**

M. Wahlman brought up the issue of committee members that are continually missing more than three meetings in a row without sending regrets and the status of their continued membership within this committee.

**(iii) Police Services Motion**

D. Broom reported an update on a previous motion the Senior Advisory Committee put forth for Hamilton Police Services to appear before council was sent to the Emergency Services Committee and has now been sent by that committee back to the Hamilton Police Services Board. There are currently no future meeting dates listed on the Hamilton Police website but hopeful this motion will be addressed soon. D. Broom will continue to track the progress and update the committee.

**(iv) Elder Abuse Awareness Day**

The task has been given to the Communication Working group to add to their agenda and begin talking about an awareness plan for Elder Abuse Awareness Day which is being held on June 15, 2022.

**(v) 211 Day Update**

This day is not a City initiative so the awareness and helping to support this day will be taken on by our Communications Working group. Any promotional material created by 211 will be used for awareness. A member of the Communication Working group is to reach out to 211 and inquire about these materials. L. Maychak can then work with the City Communication's department to help distribute the information for February 11, 2022.

**CARRIED**

**10. ADJOURNMENT (Item 15)**

**(M. Wahlman/S. Boblin)**

That the Seniors Advisory Committee be adjourned at 11:53 a.m.

**CARRIED**

Next Meeting: February 4, 2021