

WHO WE ARE

We are a volunteer-based advisory committee of the City of Hamilton. Members of the committee are residents and/or business owners in Hamilton who are appointed by Council.

SAC is a full partner with the City of Hamilton and the Hamilton Council on Aging in the development, governance and implementation of Hamilton's Age-Friendly Plan.

SAC's active working groups, include:

- Communications
- Elder Abuse
- Housing
- Getting Around Hamilton

SAC also has membership in several external committees/groups.



SENIORS ADVISORY COMMITTEE (SAC)



Hamilton

MONTHLY MEETINGS

First Friday of each month
10:00 a.m. to Noon
(Schedule subject to change)

LOCATION

Hamilton City Hall
71 Main Street West, 1st Floor, Room 192
(Virtual as necessary)

CONTACT

Lisa Maychak, Staff Liaison
(905) 546-2424, ext. 1721
Lisa.Maychak@hamilton.ca

An advisory committee for the City of Hamilton, advocating for improved quality of life for all seniors in Hamilton

SENIORS ADVISORY COMMITTEE (SAC)



Hamilton



An advisory committee for the City of Hamilton, advocating for improved quality of life for all seniors in Hamilton

COMMITTEE MANDATE

SAC shall be a credible communication vehicle regarding the quality of life for all seniors in the City of Hamilton. It will provide a forum for consumers and deliverers of seniors' services and facilities to identify issues, explore possible remedies, and work to implement them.

WHAT WE DO

- Provide a forum to identify seniors' issues, while exploring and recommending solutions.
- Work with City Council and staff to find solutions to seniors' needs.
- Suggest improvements to policies or services offered to seniors by all levels of government.
- Encourage the City to promote healthy ageing through appropriate programs.
- Work for the benefit of a diverse population of seniors across Hamilton, who have various needs.
- Ensure that racialized communities and seniors isolated from the community are kept informed and involved.

SOME PAST ACHIEVEMENTS

- Presentation to Council on "Transportation Options in Underserved Areas of Hamilton."
- Instrumental in introducing the Golden Age Pass and Seniors Monthly bus pass.
- Developed the "Housing Options for Older Adults in Hamilton" guide.
- Revision of the seniors' resources landing page on the City of Hamilton website.
- Developed three brochures on home adaptation (for renters, homeowners, property managers) in partnership with various community organizations and Hamilton Public Health Services.



OTHER POTENTIAL PROJECTS

- Develop heat mitigation strategies for older adults.
- Develop workshops on housing options and financial literacy for older adults in collaboration with the Hamilton Council on Aging.
- Advocate for snow removal on all City of Hamilton sidewalks.
- Disseminate information on safety for seniors and elder abuse in partnership with Hamilton Police Services.
- Collaborate with the Hamilton Public Library and the 211 service to ensure optimal dissemination of information relevant to older adults.
- Collaborate with the Hamilton Council on Aging on "Let's Get Moving Workshops," including:
 - Let's Take a Bus
 - Let's Take a Walk
 - Let's Drive a Car
 - Let's Ride a Bike

YOUR VOICE MATTERS – JOIN US!

- Learn how you could become a volunteer committee member. • Join monthly meetings.
- Make a presentation at an upcoming meeting on an area of interest that concerns older adults residing in Hamilton.