



Hamilton

**Seniors Advisory
Committee**

April 1, 2022

Minutes 22-004

10:00am – 12:00pm

Due to the COVID-19 and the Closure of City Hall

All electronic meetings can be viewed at:

City's YouTube Channel

<https://www.youtube.com/user/InsideCityofHamilton>

In Attendance:

Penelope Petrie (Chair), Aref Alshaikhahmed, Sheryl Boblin, Maureen McKeating, Barry Spinner, Douglas Stone, Marian Toth, Marjorie Wahlman, Ann Elliott, Kamal Jain, Dahlia Petgrave, Carolann Fernandes, David Broom, Sarah Shallwani, Noor Nizam

Also, in Attendance:

Lisa Maychak, Project Manager, Healthy & Safe Communities Department
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities
Tom Jackson, City Councillor
Matthew Grant, Director, Communications Division, City of Hamilton
Jessica Chase, Director, Children's Services and Neighbourhood Development Division, City of Hamilton
Deidre Pike, Senior Social Planner, Social Planning and Research Council

Absent with Regrets:

Dahlia Petgrave, Sarah Shallwani, Noor Nizam, Kamal Jain

1. CEREMONIAL ACTIVITIES (Item 1)

Land Acknowledgement presented by A. Alshaikhahmed.

2. APPROVAL OF AGENDA (Item 2)

- Addition of Darts Update (Item 13.2)

(M. Wahlman/D. Broom)

That the Seniors Advisory Committee approves the April 1, 2022 agenda, as amended.

CARRIED

3. DECLARATIONS OF INTEREST

None.

4. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)

(i) March 4, 2022 (Item 4.1)

(C. Fernandes/M. Wahlman)

That the Seniors Advisory Committee approves the March 4, 2022 minutes, as presented.

CARRIED

5. Communications (Item 5)

6. STAFF PRESENTATIONS (Item 9)

(M. Wahlman/A. Alshaikhahmed)

That the following presentations be received:

(i) Deidre Pike, Senior Social Planner, Social Planning and Research Council respecting Reimagining Public Participation Together Survey. (Item 9.1)

D. Pike presented to the Seniors Advisory Committee (SAC) regarding a follow up to the current online survey Reimagining Public Participation Together. This survey flows from the Public Engagement Charter to which the City of Hamilton (COH) is committed to. This survey follows up on the engagement level within the city to determine how well the COH is accomplishing its goals. D. Pike is looking for feedback within focus groups to obtain more detailed information regarding having their voice heard and if this had any impact. L. Maychak to re-send the survey to SAC [Reimagining Public Participation | Engage Hamilton.](#)

D. Pike asked the SAC group on the possibility to schedule a future meeting with SAC members to hold a focus group. Any committee members interested are to contact L. Maychak.

(ii) Matthew Grant, Director Communications and Jessica Chase, Director, Children’s Services and Neighbourhood Development respecting the City of Hamilton Communications Role

M. Grant presented to the Senior Advisory Committee (SAC) an overview of the City of Hamilton’s (COH) Communications Division including who they are, the services they provide and their core audiences. M. Grant also shared the COH Citizen’s Survey for information preferences and asked the group their opinions on this. The Communications Division can provide strategic advice and council to COH Advisory Committees. M. Grant provided recommended communications actions and a review of the elements of a communication plan for SAC and plans to attend the next SAC Communications Working Group meeting in April.

J. Chase presented to the committee an overview of the Age-Friendly Plan and the Age-Friendly Governance structure and their role and goals. Opportunities for collaboration with SAC and the Age-Friendly Governance Committee and Age-Friendly Collaborative exists and conversations are to be started to ensure duplications are not occurring. In addition, to incorporate the current work of SAC’s working groups into the action plans of the Age-Friendly Collaborative Committee.

M. Grant and J. Chase held a question and answer period for members of the Senior Advisory Committee following the presentation.

CARRIED

7. DISCUSSION ITEMS (Item 10)

(i) Working Groups (Item 10.1)

(S. Boblin/A. Alshaikhahmed)

That the following updates be received:

(a) Getting Around Hamilton Working Group

P. Petrie reported this working group is currently working on the development of the “Let’s Get Moving” workshops with the

Hamilton Council on Aging. Also, Hamilton Street Railway (HSR) is developing a video for the "Let's Take the Bus" workshop.

(b) Elder Abuse Working Group

M. Wahlman reported this working group had a presentation by Mary Shkoury with Elder Abuse Prevention Ontario at the group's last meeting. M. Shkoury spoke of the Waterloo Regional Police's support program for Elder Abuse available in their community. D. Bloom reached out to this senior support group in Waterloo for more information and currently are awaiting this and will share with Senior Advisory Committee.

(c) Housing Working Group

M. Toth reported this working group met in February and had guest Sean Botham, Manager with City Housing Hamilton who reviewed the construction details of 500 McNab Street, a high energy efficiency building, which is the only one of its kind in the world of this quality.

At this working group's March meeting the group decided to begin to revise and update the booklet "Housing Options for Older Adults in Hamilton".

M. Toth is in contact with Andrea McDowell, Project Manager, Air Quality and Climate Change, City of Hamilton regarding strategies for heat mitigation for this coming summer. The plan is to provide shaded outdoor cooling areas, social networking for checking in with residents, in-building cooling rooms and indoor air conditioning or room fans. A. McDowell will advise M. Toth if donations are required.

(d) Communication Working Group

D. Broom reported this working group has been continuing to work on the Senior Advisory Committee brochure. City staff, Matthew Grant and Jessica Chase have been invited to the next Communications Working Group meeting being held on April 20th at 10am. Any members of the Senior Advisory Committee that are interested in attending this meeting are to contact L. Maychak.

CARRIED

(ii) Working Committees (Item 10. 2)

(M. Wahlman/D. Broom)

That the following updates be received:

(a) Age Friendly Plan - Governance Committee

L. Maychak reported this committee has developed several action plans for each goal which are all at various stages depending on the action. The Age-Friendly Annual Progress Event was launched on March 29 on Cable 14. This event "How Hamilton is Aging Well" is available for viewing on the City's YouTube Channel.

(b) Older Adult Network

D. Stone reported that the United Way of Hamilton and Halton have been successful in obtaining a New Horizons Canada grant for a "Caring for the Community" resource guide which has been completed and members of this committee will receive a hard copy. The same committee who developed the resource guide is currently working to produce a webinar for May regarding home care as the main topic. The Senior Kickoff event will occur at Michelangelo's on June 1, 2022 and be limited to 300 participants. If anyone would like to volunteer to help at this event, please contact L. Maychak

(c) International Day of Older Persons Committee

There are no updates at this time.

(d) McMaster Institute for Research on Aging

There are no updates at this time.

(e) Ontario Health Coalition

C. Fernandes will continue to send the committee email updates through L. Maychak.

(f) Our Future Hamilton Update

There are no updates at this time.

(g) Senior of the Year Award

Nomination materials are now completed and will be launched

on April 25, 2022 and close on June 27, 2022. The event is currently being planned as an in-person event on October 18, 2022 at Michelangelo's. Tickets will go on sale at the beginning of September.

CARRIED

8. MOTIONS (Item 11.1)

(i) Senior Advisory Committee Brochure

That the Senior Advisory committee approve the content of the Senior Advisory Committee brochure as presented.

(D. Broom/M. Wahlman)

CARRIED

(ii) That the Senior Advisory Committee approve to move forward with a review of the brochure by the City of Hamilton's Communication Department and for design work to be completed with a cost that will be covered by SAC's annual budget.

(D. Broom/S. Boblin)

CARRIED

9. NOTICES OF MOTIONS (Item 12)

10. GENERAL INFORMATION/OTHER BUSINESS (Item 13)

(i) Nominations of Vice-Chair for Senior Advisory Committee

Nomination by C. Fernandes for D. Broom to serve as Vice-Chair. Member D. Broom accepted this nomination.

This nomination was accepted unanimously by Senior Advisory Committee members.

(C. Fernandes/M. Wahlman)

CARRIED

(ii) Darts Report/Update

Darts is now operating at full capacity and continue to follow Public Health guidelines. Masks are required with some exceptions. As of March 14, mask exempt passengers are riding in regular vehicles. Darts to provide monthly updates going forward.

(iii) Caring for Community Resource Guide

Copies will be available at the Seniors Kick-off event and L. Maychak will ensure all committee members receive a copy of the guide.

L. Maychak thanked members S. Boblin and D. Stone for their contributions with the content in this guide. Electronic versions of

this guide have been emailed to all Senior Advisory Committee members.

(iv) Councilor Tom Jackson provided the following updates:

- Interview Sub Committee is currently amid potential Senior Advisory Committee member interviews and hopeful that four new members will be recommended in April.
- City of Hamilton is following the Federal Government and has rescinded its mask mandate and safe distance by-laws, but both are still strongly recommended.
- City Council has approved 2022 budget with a 2.8% increase. To include 10 new paramedics, renovations to Macassa Lodge, public transit and, support for many other programs.
- The Senior Advisory Committee budget for 2022 has been approved.

11. ADJOURNMENT (Item 15)

(M. Wahlman/S. Boblin)

That the Seniors Advisory Committee be adjourned at 12:16pm.

CARRIED

Next Meeting: May 6, 2022