

Appendix A' to Citizen Committee Report - Seniors Advisory Committee - Brochure

SENIORS ADVISORY COMMITTEE (SAC)

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We are a volunteer-based advisory committee of the City of Hamilton. Members of the committee are residents and/or business owners in Hamilton who are appointed by Council.

SAC is a full partner with the City of Hamilton and the Hamilton Council on Aging in the development, governance and implementation of Hamilton's Age-Friendly Plan.

SAC's active working groups, include:

- Communications
- Elder Abuse
- Housing
- Getting Around Hamilton

SAC also has membership in several external committees/groups.



Hamilton

MONTHLY MEETINGS

First Friday of each month
10:00 a.m. to Noon
(Schedule subject to change)

LOCATION

Hamilton City Hall
71 Main Street West, 1st Floor, Room 192
(Virtual as necessary)

CONTACT

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Hamilton



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COMMITTEE MANDATE

SAC shall be a credible communication vehicle regarding the quality of life for all seniors in the City of Hamilton. It will provide a forum for consumers and deliverers of seniors' services and facilities to identify issues, explore possible remedies, and work to implement them.

WHAT WE DO

- Provide a forum to identify seniors' issues, while exploring and recommending solutions.
- Work with City Council and staff to find solutions to seniors' needs.
- Suggest improvements to policies or services offered to seniors by all levels of government.
- Encourage the City to promote healthy ageing through appropriate programs.
- Work for the benefit of a diverse population of seniors across Hamilton, who have various needs.
- Ensure that racialized communities and seniors isolated from the community are kept informed and involved.

SOME PAST ACHIEVEMENTS

- Presentation to Council on "Transportation Options in Underserved Areas of Hamilton."
- Instrumental in introducing the Golden Age Pass and Seniors Monthly bus pass.
- Developed the "Housing Options for Older Adults in Hamilton" guide.
- Revision of the seniors' resources landing page on the City of Hamilton website.
- Developed three brochures on home adaptation (for renters, homeowners, property managers) in partnership with various community organizations and Hamilton Public Health Services.



OTHER POTENTIAL PROJECTS

- Develop heat mitigation strategies for older adults.
- Develop workshops on housing options and financial literacy for older adults in collaboration with the Hamilton Council on Aging.
- Advocate for snow removal on all City of Hamilton sidewalks.
- Disseminate information on safety for seniors and elder abuse in partnership with Hamilton Police Services.
- Collaborate with the Hamilton Public Library and the 211 service to ensure optimal dissemination of information relevant to older adults.
- Collaborate with the Hamilton Council on Aging on "Let's Get Moving Workshops," including:
 - Let's Take a Bus
 - Let's Take a Walk
 - Let's Drive a Car
 - Let's Ride a Bike

YOUR VOICE MATTERS – JOIN US!

- Learn how you could become a volunteer committee member. • Join monthly meetings.
- Make a presentation at an upcoming meeting on an area of interest that concerns older adults residing in Hamilton.