



Hamilton

**Seniors Advisory
Committee**

May 6, 2022

Minutes 22-005

10:00am – 12:00pm

Due to the COVID-19 and the Closure of City Hall

All electronic meetings can be viewed at:

City's YouTube Channel

<https://www.youtube.com/user/InsideCityofHamilton>

In Attendance:

Penelope Petrie (Chair), Aref Alshaikhahmed, Sheryl Boblin, Maureen McKeating, Barry Spinner, Douglas Stone, Marian Toth, Marjorie Wahlman, Ann Elliott, Kamal Jain, Dahlia Petgrave, Carolann Fernandes, David Broom, Sarah Shallwani, Noor Nizam, Peter Lesser, Kathryn Wakeman, Steve Benson, Alexander Huang

Councilor(s): Councilor T. Jackson

Also, in Attendance:

Lisa Maychak, Project Manager, Healthy & Safe Communities Department
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities
Alison Carlyle, Project Manager, Sustainable Mobility, Transportation and Parking
Peter Topalovic, Program Manager, Sustainable Mobility, Transportation and Parking

Absent with Regrets:

Dahlia Petgrave, Kathryn Wakeman, Kamal Jain, Councilor Jackson

Absent

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1. CEREMONIAL ACTIVITIES (Item 1)

- (i) Welcome to new members

- (ii) Land Acknowledgement presented by P. Petrie.
M. Toth has volunteered to read the Land Acknowledgement at the next meeting.

2. APPROVAL OF AGENDA (Item 2)

- Addition of Pedestrian Safety by Member M. McKeating, under General Information / Other Business (Item 13.6)

(S. Boblin/D. Broom)

That the Seniors Advisory Committee approves the May 6, 2022 agenda, as amended.

CARRIED

3. DECLARATIONS OF INTEREST

None.

4. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)

(i) April 1, 2022 (Item 4.1)

(M. Wahlman/C. Fernandes)

That the Seniors Advisory Committee approves the April 1, 2022 minutes, as presented.

CARRIED

5. STAFF PRESENTATIONS (Item 9)

(M. Wahlman/M. McKeating)

That the following presentations be received:

(i) Alison Carlyle, Project Manager, Sustainable Mobility, Transportation and Parking, City of Hamilton respecting E-Cargo bikes. (Item 9.1)

A. Carlyle presented to the Seniors Advisory Committee (SAC) regarding the Ontario E-bike Pilot Program. A. Carlyle provided an overview of the E-Cargo bikes, which can be used for personal or commercial use. Municipalities will be required to opt into the

program and develop their own bylaws. This pilot is to run March 1, 2021 to March 1, 2026. A. Carlyle concluded her presentation by providing an opportunity for SAC members to ask questions and offer comments. Any further questions or comments can be emailed to sustainable.mobility@hamilton.ca.

CARRIED

6. DISCUSSION ITEMS (Item 10)

(i) Working Groups (Item 10.1)

(S. Boblin/M. Wahlman)

That the following updates be received:

(a) Getting Around Hamilton Working Group

P. Petrie reported this working group did not have a meeting, but preparations are underway for the "Let's Get Moving" workshops and a video is being completed by the Hamilton Street Railway (HSR). The plan is to facilitate the workshops the beginning of June.

(b) Elder Abuse Working Group

M. Wahlman reported Alter Sworesho from Catholic Family Services (CFS) presented to the working group and gave an overview of the services provided to seniors through CFS Intensive Case Management for Seniors at Risk program. In keeping with CFS vision the aim is to keep seniors happy, healthy, and safe in their community. The focus was on abuse experienced by seniors, which can be psychological, physical, financial, neglect. Anyone with concerns about the well-being of seniors can refer to CFS. CFS works with other agencies in the City and works with Hamilton Police Services Senior Support Officers. A. Sworesho has provided her presentation slide deck to the Chair and this can be used for further information.

(c) Housing Working Group

M. Toth reported that the Hamilton Council on Aging (HCoA) Age Friendly Resources was discussed, with emphasis on the Housing section on Housing. L. Maychak will attend the next meeting of the Housing Working Group to discuss a possible partnership with the HCoA on a Housing Guide for the Seniors'

Advisory committee.

(d) Communication Working Group

D. Broom reported to the committee that the Director of Communications and Media for the City of Hamilton, Matthew Grant met with the working group to discuss improving communications from the City directed at the senior community in Hamilton. M. Grant suggested a survey be conducted to identify the various needs of seniors in our community and further discussions to take place. The next meeting for this working group is to be determined.

CARRIED

(ii) Working Committees (Item 10. 2)

(S. Boblin/M. Wahlman)

That the following updates be received:

(a) Age Friendly Plan - Governance Committee

A. Elliott reported the Age Friendly Plan has been distributed to Senior Advisory Committee (SAC) members. Committee members expressed the need to bring together the SAC working groups with the Age-Friendly Committee's Goal Champions, to align the work of the Age-Friendly Plan and improve communication.

(b) Older Adult Network

L. Maychak advised that the Older Adult Network has been replaced by the group that is planning the annual Seniors Kick-Off event. This year's Senior Kick-Off event will be occurring in person on June 1, 2022.

(c) International Day of Older Persons Committee

D. Stone reported that this committee is currently working to produce a webinar "Caring for the Community" for the end of May.

(d) McMaster Institute for Research on Aging

There are no updates from this committee.

(e) Ontario Health Coalition

C. Fernandes will continue to send the committee email updates through L. Maychak.

(f) Our Future Hamilton Update

There are no updates from this committee.

(g) Senior of the Year Award

L. Maychak reported the Senior of the Year Award nominations were launched the week of April 24, 2022 and will remain open until June 27, 2022. There is a new award for 2022 called the Covid-19 Resilience Award, which will recognize a citizen 65 plus who has gone above and beyond during the Covid-19 pandemic. The event is currently being planned as an in-person event on October 18, 2022 at Michelangelo's. Tickets will go on sale at the beginning of September.

7. GENERAL INFORMATION/OTHER BUSINESS (Item 13)

(i) Senior Advisory Committee Brochure (Item 13.1)

(M. Wahlman/M. McKeating)

That the final draft of the Senior Advisory Committee brochure, be approved, as presented and to move forward for approval to Emergency and Community Services Committee for approval before printing.

CARRIED

(ii) Senior Advisory Committee and Hamilton Council on Aging Collaboration (Item 13.2)

L. Maychak indicated that both groups are doing great work that aligns with Hamilton's Age-Friendly Plan. However, collaboration needs to improve between the two groups. L. Maychak will be raising this idea at the next Age-Friendly committee meeting, which includes members from the Hamilton Council on Aging.

- (iii)** Review Senior Advisory Committee Terms of Reference and Rights and Responsibilities for new members (Item 13.3)

(M. Wahlman/D. Broom)

That the Senior Advisory Committee Terms of Reference, and Rights and Responsibilities for new members, be approved.

CARRIED

- (iv)** April Darts Report (Item 13.4)

(M. Wahlman/P. Lesser)

That the April Darts Report be received.

CARRIED

- (v)** Report on Committee's activities (Item 13.5)

Senior Advisory Committee Working groups have been advised to send L. Maychak a summary of activities that they have been working on by mid-June.

- (vi)** Pedestrian Safety (Added Item 13.6)

A great concern for the number of pedestrians hit with vehicles recently in this city. L. Maychak is to invite city staff to come to a future Senior Advisory Committee meeting for follow up on what the City is doing to prevent these fatalities from occurring.

11. ADJOURNMENT (Item 15)

(M. Wahlman)

That the Seniors Advisory Committee be adjourned at 12:13pm

CARRIED

Next Meeting: June 3, 2022