



Hamilton

**Seniors Advisory  
Committee**

**September 9, 2022**

**Minutes 22-09**

**10:00am – 12:00pm**

**Due to the COVID-19 and the Closure of City Hall**

**All electronic meetings can be viewed at:**

**City's YouTube Channel**

**<https://www.youtube.com/user/InsideCityofHamilton>**

---

**In Attendance:**

Penelope Petrie (Chair), Maureen McKeating, Marian Toth, Marjorie Wahlman, Ann Elliott, Kamal Jain, Carolann Fernandes, David Broom, Peter Lesser, Kathryn Wakeman, Steve Benson, Alexander Huang, Tom Manzuk

**Also, in Attendance:**

Lisa Maychak, Project Manager, Healthy & Safe Communities Department  
Kim VanderMeulen, Program Secretary, Healthy & Safe Communities Department  
Graeme Wallace, Program Secretary, Healthy & Safe Communities Department  
Andrea McDowell, Senior Project Manager, Sustainability Corporate Asset Management  
Sheila Schuehle, Prevention Consultant, Elder Abuse Prevention Ontario

**Absent with Regrets:**

Aref Alshaikhahmed, Sheryl Boblin, Sarah Shallwani, Councilor N. Nann, Councilor T. Jackson

**Absent:**

Noor Nizam

---

**1. CEREMONIAL ACTIVITIES (Item 1)**

- (i) Land Acknowledgement presented by K. Jain.  
Ann Elliott has volunteered to read the Land Acknowledgement at the next meeting.

## **2. APPROVAL OF AGENDA (Item 2)**

The Chair advised the Committee of the following changes to the agenda:

**(i)** Discussion of Item 11(i), a Motion respecting Extreme Heat Mitigation to follow Staff Presentations (Item 9) due to time constraints.

**(ii)** Addition of Follow up item regarding Transit. (Item 13.7)

**(M. Wahlman/A. Elliott)**

That the Seniors Advisory Committee approves the September 9, 2022 agenda, as amended.

**CARRIED**

## **3. APPROVAL OF MINUTES OF PREVIOUS MEETING (Item 4)**

**(M. Wahlman/K. Jain)**

That the Seniors Advisory Committee approves the June 3, 2022 minutes, as presented.

**CARRIED**

## **4. STAFF PRESENTATIONS (Item 9)**

**(M. Wahlman/C. Fernandes)**

That the following presentations be received:

**(i) Andrea McDowell, Project Manager of Air Quality and Climate Change (Item 9.1)**

A. McDowell presented to the Seniors Advisory Committee (SAC) on Climate Change and Extreme Heat. A. McDowell outlined why seniors are more at risk during extreme heat events as well as the Advancing Adaptation Project focusing on extreme heat in vulnerable communities. She also provided an overview on the five interventions that have been implemented. A. McDowell provided a question and answer period for SAC members following the presentation.

**(ii) Sheila Schuehle, Prevention Consultant, Elder Abuse Prevention Ontario (Item 9.2)**

S. Schuehle presented to Seniors Advisory Committee (SAC) an overview on Elder Abuse Prevention Ontario (EAPO). EAPO, which is funded by the Ontario Government, delivers education, training and

awareness to seniors across Ontario. S. Schuehlelein talked about the strategies to prevent elder abuse, different forms and the risk factors that contribute to Elder abuse. The following websites were provided to SAC;

- Ageism survey link: <http://esdc-consultations.canada.ca/ageism-consultation>
- Engagement Strategy link [www.futureus.cnpnea.ca](http://www.futureus.cnpnea.ca)

**CARRIED**

## **5. DISCUSSION ITEMS (Item 10)**

### **(i) Working Groups (Item 10.1)**

#### **(D. Broom/M. Toth)**

That the following updates be received:

#### **(a) Getting Around Hamilton Working Group**

- There are no updates from this working group.

#### **(b) Elder Abuse Working Group**

M. Wahlman reported this working group reviewed notes from Catholic Family Services presentation. D. Bloom will be investigating the Waterloo Elder Abuse program for information. Ontario Local Health Integrated Network is booked to present at this working group's October meeting.

#### **(c) Housing Working Group**

M. Toth reported the Housing Working group is having ongoing discussions on the housing guide for seniors. Members A. Elliott and M. Toth met with new Seniors Advisory Committee member K. Wakeman over the summer to provide her with an update on the Housing Working Group.

#### **(d) Communication Working Group**

D. Bloom reported that members of the Communications Working Group provided suggestions for improvement of the City's landing page of seniors' resources to the City's Web Support Manager. Launch of the City's revised website will occur on September 19, 2022.

**CARRIED**

**(ii) Working Committees (Item 10.2)**

**(D. Broom/M. Toth)**

That the following updates be received:

**(a) Age Friendly Plan - Governance Committee**

A. Elliott reported that the committee stated that the Seniors Kick off this year was a success. A. Elliott also stated that a presentation was facilitated by two guests with the Age-Friendly Ontario Outreach Program regarding Age-Friendly and Accessibility Standards and their research project, how Age-Friendly communities can better engage older adults living with physical disabilities. The presentation was followed by a question and answer opportunity. A. Elliott also stated that planning for the Let's Get Morning workshops is completed but still will require work to help increase the registration of attendees.

**(b) Seniors Kick Off Event**

- There are no updates from this committee.

**(c) International Day of Older Persons Committee**

L. Maychak reported the target date for the event will be October 4, 2022 from 10-12pm in Council Chambers. This event will include four presentations followed by a panel discuss facilitated by a moderator, then a question and answer session. There will also be a small information fair.

**(d) McMaster Institute for Research on Aging**

- There are no updates from this committee.

**(e) Ontario Health Coalition**

- Member C. Fernandes will continue to send the committee email updates through L. Maychak.

**(f) Our Future Hamilton Update**

- There are no updates from this committee.

**(g) Senior of the Year Award**

L. Maychak reported there were 10 nominations for Senior of the Year Award and judges are currently finalizing the award recipients. The event will take place on October 18, 2022 at 5pm at Michelangelo's Banquet Centre. Tickets are currently on sale and can be purchased online at [Ticket booking \(hamilton.ca\)](https://www.ticketbooking.hamilton.ca) or in-person at any senior or recreation centre in Hamilton. A sponsor is donating two tickets to the event for Senior Advisory Committee members to attend. If more than two committee members are interested, a draw will occur to determine the recipients.

**CARRIED**

**6. MOTIONS (Item 11)**

M. Toth put forward the following motion:

**(i) Extreme Heat Mitigation**

**(M. Toth/M. Wahlman)**

WHEREAS, the Ontario Human Rights Commission [OHRC] has issued a statement on human rights, extreme heat waves and air conditioning as of August 19th, 2022 stating that while under the Residential Tenancy Act, 2006 [RTA], tenants have access to vital services such as heat, hot and cold water, electricity and fuel [such as natural gas], it does not include air conditioning;



WHEREAS, the OHRC has stated this current RTA puts at risk many Ontarians, such as people with disabilities, older people and low income, youngsters under the age of 4, Indigenous, Black and racialized communities from protection from extreme heat;

WHEREAS, People with disabilities, older adults and children under the age of 4 years are at most risk for heat illness and death, leaving many Ontarians without protection from extreme heat;

WHEREAS, the OHRC calls on the provincial government to include air conditioning as a vital service under RTA regulations and to establish a provincial maximum temperature to ensure that vulnerable Code-protected tenants are protected against threat of eviction for using safely installed cooling units;


WHEREAS, at the Federal level, Canada has committed to reaching net-zero emissions by 2050 through the Paris Agreement, and to cut

emissions of methane by at least 30% below 2020 levels by 2030 through the Global Methane Pledge;

WHEREAS, there is a growing trend across Canada to ban heat from fossil fuels with some cities and provinces setting target dates to ban fossil fuel use to reach zero-emissions, such as Vancouver's Climate Emergency Action Plan ; well as others already making it illegal to replace existing furnaces with fossil burning fuels to reach near-zero emissions and drastically cut methane, like Quebec's 2030 Plan for a Green Economy. 

WHEREAS, the City of Hamilton committed to plans for transforming buildings to low carbon emitting and has prioritized a 13 Climate Change Impact Adaption Plan, one being to help vulnerable populations from experiencing climate related risks of extreme heat and cold;

WHEREAS, heating residences with fossil fuels create 85% of Greenhouse Gas emissions mainly from natural gas that is itself 95% methane gas;

WHEREAS, The City of Hamilton has already been approved to seed funding that is administered by the Federation of Canadian Municipalities (FCM)  grant to design a Home Efficiency Retrofit Opportunity Program [HERO] that will allow for homeowners to get a low interest loan to make quality of life and energy conservation improvements to their homes that they would not otherwise be able to afford;

WHEREAS, the City of Hamilton has already become the owner of the world's largest residential building retrofitted to Passiv House standards, known as the Ken Soble CityHousing Hamilton building which has achieved 94% reduction of greenhouse gas emissions and 91% reduction in heating energy demand to support resident health and climate resilience; and

WHEREAS, Ken Soble CityHousing Hamilton building uses heat pumps to heat and cool apartment units and is a true model for addressing extreme heat and housing crises.

THEREFORE, BE IT RESOLVED THAT:

- (a) That the City of Hamilton advocate to the Government of Ontario to change the building code to make heat pumps [heat and cooling units] and electrification mandatory in all new building and retrofit housing; and

- (b) The City of Hamilton expand the extreme heat interventions to other CityHousing facilities and to low income rental units in the near future as per those already put in place by the Extreme Heat Working Group in 181 Jackson St. W., 200 Jackson St W., 191 Main St., and 95 Hess St.

**CARRIED**

**7. GENERAL INFORMATION/OTHER BUSINESS (Item 13)**

**(i) Advisory Committee for Persons with Disabilities Event (Item 13.1)**

The Advisory Committee for Persons with Disabilities is holding an event on October 5, 2022 at the Forecourt surrounding City Hall from 11-3:30pm. Seniors Advisory Committee (SAC) members C. Fernandes and T. Manzuk have offered to host the SAC information table at this event.

**(ii) 2018-2022 Accomplishments (Item 13.2)**

L. Maychak reported the list of accomplishments is completed and will require the Seniors Advisory Committee members to approve. This item will be deferred until the December meeting to give a chance for all members to review the document.

**(iii) Seniors Advisory Committee's Brochure (Item 13.3)**

L. Maychak reported the final cost was \$271 for 1000 copies.

**(iv) Seniors Advisory Committee banner/tablecloth (Item 13.4)**

L. Maychak reported the following estimated costs for a tablecloth and banner:

- 6ft tablecloth with the city logo and Senior Advisory Committee text would cost approximately \$300.
- Roll up banner with stand and carry case would cost approximately \$200.

**(D. Bloom/A. Elliott)**

That the purchase of a roll up banner with stand and carry case, up to a maximum cost of \$400, be approved.

**CARRIED**

L. Maychak to pursue the purchasing a roll up banner for the Senior's Advisory Committee.

**(v) 2023 Advisory Committee Budget Submission Form (Item 13.5)**

**(P. Lesser/M. Wahlman)**

- (a) That the Seniors Advisory Committee approves amount of \$3,000, which is a \$500 increase from 2022, in the 2023 Advisory Committee Budget Submission; and
- (b) That the Seniors Advisory Committee approves the 2023 Budget Submission.

**CARRIED**

**(vi) Roles and Responsibilities of New Seniors Advisory Committee Members (Item 13.6)**

**(A. Elliott/M. Wahlman)**

That the Seniors Advisory Committee approves the Roles and Responsibilities of New Seniors Advisory Committee Members.

**CARRIED**

**(vii) Follow up regarding Transit**

Senior Advisory Committee (SAC) member A. Huang reported he was seeking additional information regarding accessible transportation operating costs in follow up from SAC's June meeting. It was suggested that A. Huang reach out to SAC member T. Manzuk for assistance.

**8. ADJOURNMENT (Item 15)**

**(M. Wahlman)**

That the Seniors Advisory Committee be adjourned at 12:03pm

**CARRIED**

Next Meeting: December 2, 2022