



Hamilton and Burlington Chapter

2022 Request for Support

November 21, 2022

Dear Hamilton Cycling Committee,

Cycling Without Age is a 100% volunteer non-profit program that takes the elderly and less able citizens out for free bike rides in specialized 3-wheel bicycles called trishaws. This program has grown rapidly across Canada and throughout the world. Details of the international program can be found here:

<https://cyclingwithoutage.ca/>

[The Cycling Without Age \(CWA\) Hamilton and Burlington Chapter](#) was started in 2021 and is based out of New Hope Community Bikes (NHCB). NHCB is a registered charity and social enterprise in east Hamilton that seeks to get more people on affordable, reliable bicycles and provide employment and job training opportunities for youth.

Last year the Hamilton Cycling Committee donated funds for a winter blanket and extra battery. We were incredibly grateful for that donation and have included a picture from a fall ride during which the passengers appreciated the cozy blanket. We had an extraordinarily successful 2022 season, as our volunteers gave 531 passengers rides! We gave rides to clients of the Welcome Inn, 500 McNab (City Housing), Good Shepherd, Shalom Village, Idlewyld Long Term Care Home, and St. Peter's Residence at Chedoke. We also offered rides to the public at Gage Park and participated in McMaster Children's Hospital Walk n'Roll.

During our visits to the long-term care homes, we noticed that quite a few residents were interested in riding, but they were unable to transfer from their wheelchairs to the trishaw. There is another type of trishaw ([Velo Plus](#)) that allows passengers to stay in their wheelchairs by simply rolling onto a platform and fastening their chair to the trishaw. We were able to showcase this trishaw to those residents and have included a picture from our 'demo day'.

To date, we have raised over \$3500 towards the cost (\$20,000) of this trishaw. To continue to expand our program we request a financial contribution of \$10,000 to go toward the purchase of the Velo Plus Trishaw. This specialized trishaw would go a long way to ensuring we are able to expand the program to another group of vulnerable citizens.

Should you have any questions, please contact one of us directly.

Sincerely,

Nancy Gray

Co Founder

Hamilton & Burlington Chapter

Cycling without Age

<https://cyclingwithoutage.ca/hamilton-burlington/>

Tammy Heidbuurt

Executive Director

New Hope Community Bikes

<https://www.newhopecommunitybikes.com/>

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Residents at Idlewyld enjoying the blanket purchased by the Hamilton Cycling Committee last year.



Franklin enjoys a ride on the Velo Plus Demo Trishaw we borrowed from Hamilton Trike in October 2022.