

**Hamilton Public Health Services Indigenous Health Strategy Recommendations
in Alignment with
Hamilton Urban Indigenous Strategy,
the Truth and Reconciliation Commission Calls to Action,
and the United Nations Declaration on the Rights of Indigenous People**

Hamilton Public Health Services Indigenous Health Strategy Recommendation	Hamilton Urban Indigenous Strategy			Truth and Reconciliation Commission	United Nations Declaration on the Rights of Indigenous People
	Land	Spirit	People		
<p>1. <u>Relationship Building</u></p> <ul style="list-style-type: none"> • Provide ongoing Indigenous cultural safety education for Hamilton Public Health Services staff. 			#24	18, 23 iii)	
<p>3. <u>Staffing and Governance</u></p> <ul style="list-style-type: none"> • Increase the number of Indigenous staff in Hamilton Public Health Services and the City of Hamilton and include a role that is funded by Hamilton Public Health Services to work within the Indigenous community (e.g. at a community organization). 			#36	23 i)	
<ul style="list-style-type: none"> • Create a team of Hamilton Public Health Services staff who are Indigenous to support Indigenous health equity. 			#36	23 i)	

Hamilton Public Health Services Indigenous Health Strategy Recommendation	Hamilton Urban Indigenous Strategy			Truth and Reconciliation Commission	United Nations Declaration on the Rights of Indigenous People
	Land	Spirit	People		
<ul style="list-style-type: none"> Establish an Indigenous health governance circle, to guide Indigenous health initiatives, programs, and services in Hamilton. This circle should include broad representation from the healthcare system to ensure the health sector is accountable to Indigenous people. 					Article 23
<p>4. <u>Collaboration & Co-development</u></p> <ul style="list-style-type: none"> Indigenous community to lead and guide Hamilton Public Health Services work based on their self-identified needs. 					Article 19
<ul style="list-style-type: none"> Co-develop prenatal, postnatal, breastfeeding, and parenting programs. 				34	
<ul style="list-style-type: none"> Leverage the success of events such as the Mino Biimadziwin Wakya'ta'shatse Social and continue to invest in and partner for events that support Indigenous community health and wellbeing. 		#21			

Hamilton Public Health Services Indigenous Health Strategy Recommendation	Hamilton Urban Indigenous Strategy			Truth and Reconciliation Commission	United Nations Declaration on the Rights of Indigenous People
	Land	Spirit	People		
<p>6. <u>Resources</u></p> <ul style="list-style-type: none"> Explore opportunities for Hamilton Public Health Services to support Indigenous students, including through internships/practicums, provide specific programs on campus (e.g., food safety training). 			#25		
<p>7. <u>Advocacy</u></p> <ul style="list-style-type: none"> Advocate for an equitable wage for mental health workers at Indigenous organizations. 				23 ii)	
<p>8. <u>Access to Indigenous Traditional Knowledge and Practices</u></p> <ul style="list-style-type: none"> Preserve, strengthen, and increase access to Indigenous Traditional Knowledge and practices. 					Article 24 1, Article 31
<ul style="list-style-type: none"> Support access to traditional food (e.g. access to wild game and lyed corn, support community gardens that include traditional medicines). 	#9				Article 24 1

Hamilton Public Health Services Indigenous Health Strategy Recommendation	Hamilton Urban Indigenous Strategy			Truth and Reconciliation Commission	United Nations Declaration on the Rights of Indigenous People
	Land	Spirit	People		
<ul style="list-style-type: none"> • Provide support for and access to nutrition and healthy eating supports that include traditional knowledge and diets. 	#9				Article 24 1
<ul style="list-style-type: none"> • Provide land based ceremonial space. 	#6				Article 24 1