



August 7, 2023

ParticipACTION Community Challenge

ParticipACTION is a national non-profit organization, originally launched as a Canadian government program in the 1970s, to promote healthy living and physical fitness and currently delivers several programs, including the annual ParticipACTION Community Challenge.

We are pleased to report that the City of Hamilton placed 4th in the Province of Ontario behind Toronto, Ottawa and the eventual National Champion, North Grenville, Ontario and our sincere thanks to those organizations and groups (List 'A') who took the time to submit their group physical activity minutes which contributed to our high standing.

As a result of a \$50,000 Community Challenge Grant, our team was also in a position to support several area events (List 'B') involving equity deserving groups who received direct funding support in the way of event sponsorship and individual entry fee waivers and transportation assistance.

We would like to acknowledge the active support of over a dozen community volunteers who served as **ParticipACTION Ambassadors** and appeared throughout our community at various events to promote the Community Challenge and the ParticipACTION movement.

Finally, our sincerest thanks to members of Hamilton City Council for supporting our efforts during the 2023 ParticipACTION Community Challenge and in particular, Ward 7 Councillor Esther Pauls who served as our Honorary Head Coach along with Mayor Andrea Horwath and her staff who expressed an active interest in this initiative.

Kevin Gonci

Kevin Gonci
Hamilton ParticipACTION Team



List 'A'

Hamilton – Group Physical Activity Minutes

1. 91 Highlanders Athletic Association.
2. Athletiques International.
3. Catholic Youth Organization.
4. City of Hamilton.
5. Cycling Without Age.
6. École secondaire Georges-P.-Vanier.
7. Fit Active Beautiful Foundation.
8. Golden Horseshoe Cycling Hub.
9. Golden Horseshoe Track & Field Council.
10. Good Shepherd Steps to Health.
11. Halam Park Co-op.
12. Hamilton Bike Share Inc.
13. Hamilton Challenger Baseball Association.
14. Hamilton East Kiwanis Boys and Girls Club Inc.
15. Hamilton Gymnastic Academy.
16. Hamilton Olympic Club.
17. Hamilton Special Olympics.
18. Hamilton Sports Group.
19. Hamilton-Wentworth District School Board.
20. Monte Cristo Track Club.
21. Mount Hamilton Youth Soccer Club.
22. PACK Running Club.
23. Pickleball Hamilton.
24. Rising Stars Athletics & Education.
25. Stoney Creek Athletics.
26. Westdale Fencing Club.



List 'B'

Hamilton – ParticipACTION Community Events/Activities

1. Mark Graham Memorial Track & Field Meet.
2. Golden Horseshoe Track & Field Meet.
3. Golden Horseshoe Athletic Council – Track & Field Championships.
4. 91st Highlanders Elementary School Track & Field Meet.
5. Hamilton Accessible Sports Council/Challenger Baseball Event.
6. Hamilton Special Olympics Event.
7. Catholic Youth Organization – Elementary School Track & Field Championships.
8. Fit Active Beautiful 5km Race.
9. Hamilton-Wentworth District School Board – Secondary School Track & Field Championships.
10. Hamilton-Wentworth District School Board - Elementary School Track & Field Championships
11. Royal Canadian Legion (District B) Track & Field Championships.
12. City of Hamilton Linear Streets Event.
13. Soaring Spirit Powwow Festival.
14. Hamilton Cricket Association Match.